



# PATTISON PROFESSIONAL COUNSELING AND MEDIATION CENTER

Helping You Live Your Life at Its Best

Visit us at [ppccfl.com](http://ppccfl.com) or call 850-682-1234 (Crestview) / 850-863-2873 (Fort Walton Beach)

## Here to Help You When Life is Challenging



### Specialized Mental Health Counseling

- ◇ Individual Therapy
- ◇ Couples Therapy
- ◇ Family Therapy
- ◇ Child Therapy
- ◇ Therapy for Military Personnel
- ◇ Christian Counseling
- ◇ Psychological Testing
- ◇ Substance Abuse Treatment

- ◇ Panic Disorder
- ◇ PTSD
- ◇ OCD
- ◇ Social Anxiety
- ◇ Specific Phobias

- ◇ ADD/ADHD
- ◇ Oppositional
- ◇ School Issues
- ◇ Autism
- ◇ Parenting

- ◇ Depression
- ◇ Bipolar
- ◇ Sexual / Physical Abuse
- ◇ Grief/Loss

- ◇ Separation/Divorce
- ◇ Work Stress
- ◇ Co-parenting
- ◇ Blended Home

### Speak Freely, For Free

Stress at home, emotional issues or personal crisis can make daily life difficult. Need someone to talk to?

Okaloosa County has teamed up with Pattison to provide you or a family member with three free counseling sessions yearly through your EAP. Contact us today!

## Staff of Licensed Mental Health Counselors

(For in-depth counselor profiles, visit our website at <http://www.ppccfl.com/our-staff/>)



Susan Page, MA, LMHC, NCC  
Licensed Mental Health Counselor

- ◇ Individual / Family / Marital Counseling
- ◇ Trauma / PTSD / Abuse / Neglect / ADHD



Shevon Peet, MS  
Licensed Mental Health Counselor

- ◇ Grief / Trauma Management
- ◇ Panic / Anxiety / PTSD / Addiction



Beverly Barbarisi, MA, LMHC  
Licensed Mental Health Counselor

- ◇ Individual / Couples / Family / Group
- ◇ Teen Struggles / Oppositional Defiant



Tommy Rowland, MS, LMHC  
Licensed Mental Health Counselor

- ◇ Family, Adolescent, Adult Therapy
- ◇ Marital / Anger / Domestic Violence



Rebecca Bortnyik, MS, LMHC  
Licensed Mental Health Counselor

- ◇ Adolescent / Family / Adult
- ◇ Parenting Issues / Substance Abuse



Linda Cavett, MA, LMHC, CAP  
Licensed Mental Health Counselor

- ◇ Children / Family / Parenting Issues
- ◇ Abuse / PTSD / Substance Abuse