

ADDENDUM 1

August 26, 2021

RFP COR 35-21 - Inmate Food Services

This addendum is being issued to answer questions received from potential respondents (see also Attachments 1-4) and to provide the Pre-Proposal Meeting sign in sheet (Attachment 5).

- 1. Can we get a copy of the current regular inmate menu? See Attachment 1 (4 pages).
- 2. How many Court Sacks are provided daily or weekly if not a daily thing, on average? Very unpredictable and It varies. It can be anywhere from 0-10 (now) to 40 or more (Pre-Covid).
- 3. How many work crew sacks are provided daily on average? We may request anywhere up to 5 7 daily if needed.
- 4. What is required in the work and court sacks? We usually serve Peanut Butter & Jelly Sandwiches (3), Chips, Cookies & Beverage Packet in our Sack Lunches.
- 5. What is your food budget? \$760,000
- 6. Can you provide a copy of the current contract? Please use link below to access contract. https://myokaloosa.com/sites/default/files/contracts/contra pdf/C17-2481-COR.pdf
- 7. Would Okaloosa County be amenable to the Adult Menu being created and served using Corrections' Industry Standard products? For example, alternatives to 100% fruit juice such as fortified beverage projects (Yes), white enriched bread vs NSLP whole grain (Yes), ground turkey (Yes), chicken (Yes) and soy (No the prison system was just in litigation over serving soy products) for protein, alternatives to fluid milk (No some of our inmates are lactose intolerant) and frozen vegetables which aren't typically graded (We encourage the use of domestic products. Also of concern is our School Lunch Program that have to meet certain USDA requirements).
- 8. Please provide the adult individual monthly average daily population for the previous 6 months. 680 total, 549 male and 131 female
- 9. Is internet service provided, or will the contractor be responsible for providing its own internet provider? No, the contractor is responsible for their internet service.
- 10. What is the current price per meal? It will vary depending on population. The past few months have been between .876 and .892 per meal.
- 11. Please provide copies of food service billing invoices for the previous 3 months. See Attachment 2 (12 pages).
- 12. How many juveniles are currently receiving a National School Breakfast/National School Lunch Program daily? No juvenile offenders
- 13. In reference to RFP page 7, #36, t, "using attached FSMC Monitoring Form". After review, this form isn't included with the RFP. Can you please provide a copy of the form that is referenced? See Attachment 3 (4 pages).
- 14. In reference to Exhibit A, 19.1 is it the County's intent to utilize USDA Commodities for the entire population or only for juvenile meals? We use USDA Commodities for Juvenile Inmates.

- 15. During the pre-proposal meeting it was mentioned that the County was providing Styrofoam to be used for the serving of all meals in place of the normally used Gorilla trays. On RFP page 8, #38 it states that the contractor shall provide all consumables including Styrofoam products. Is it the intent for the County to require the serving of meals on Styrofoam, or will the contractor be allowed to utilize the Gorilla trays? We use Gorilla and Styrofoam Trays (for special diets) on a daily basis but because of COVID 19 we are using Styrofoam trays for the entire population to stop the spread of COVID. We have been assisting with the purchase of Styrofoam trays however, the ultimate responsibility for the purchase will fall on the contractor.
- 16. For clarification, is Exhibit A Food Specification only for the juvenile meals? Yes
- 17. Regarding USDA commodities on RFP page 5, #36, if commodities were used, please provide the annual dollar value provided for each of the past three years. 2018-\$20,842.46, 2019-\$1,152.54 and 2020-\$23058.53
- 18. In reference to RFP page 4, #11, what is the average number of modified diets per meal period and the types requested? Kosher-5, BVeg-90, HH-65, 2200 25, Prenatal-5, Liquid-1, Double-11, No Egg-2, No Mayo-1, Boost-2
- 19. In reference to RFP page 4, #14, how many bag meals are provided per week for inmates going to court and to off-site work crews? Court: It will vary and is very unpredictable. It can be anywhere from 0 to 10 (now) to 40 or more (Pre-COVID). Work Crews: 5-7 daily if needed.
- 20. In reference to RFP page 4, #15, "officer/staff meals", how many staff participate on a per meal/week basis? Officers eat the same meal tray as the inmates.
- 21. Please provide a copy of the current officer/staff menu. Officers eat the same meal tray as the inmates.
- 22. In reference to RFP page 4, #18, what is the average number of religious diets provided? 5 Kosher Diets. Vegetarian option available that meets most religious preferences.
- What type of menu is currently served to fulfill religious requests such as Kosher or Halal? We currently serve frozen Kosher Meals and they get a snack with each meal. (Snack: 2 slices of bread, 1 pack of cookies, 1 fruit and powdered milk)
- 24. Are pre-packaged/frozen meals provided for the Kosher diets? If so, does the County pay for the additional cost for this meal? No
- 25. In reference to RFP page 3, #10, "Exhibit D" only includes juvenile menus (K-8th, 9-12th, K-12th). Can you please provide copies of all current menus for all population types? See Attachment 4 (71 pages).
- 26. Please confirm that a weekly average of 2700 calories per day is required for both adults and juveniles. Adult are 2700 calories and Juvenile are 2800 calories
- 27. In reference to page 3, #9 indicates that menus must meet the requirements of the USDA and the National School Lunch Program. Does this requirement only refer to Juvenile menu, or should the adult menu also follow these requirements? Only the Juvenile or Youthful Offenders. (If we decide to bring back the program for youthful offenders.)
- 28. In reference to RFP page 4, #17, what is the average number of inmates receiving additional caloric intake, in excess of regular meals, because of work or labor performed? None at the moment, our workers receive the same trays as regular inmates.
- 29. How are these additional calories provided i.e. 1 ½ or double portions? NA
- 30. Is the contractor able to bill for these additions required by the County? NA
- 31. How many inmate workers are provided in the kitchen per shift? We will range between 5 and 8 depending on the inmate population. It has been as high as 10.

- 32. Regarding the Additional Required Documents on RFP page 22, Forms Q Certificate of Good Standing and P Federal Grant Clauses were not included in the RFP. Please provide copies for these forms. The form is something that you will print and provide to the County. It shows that you are allowed to do business in the State of Florida
- 33. In the RFP Notice to Respondents, it states that there is a limit of 60 pages, excluding the required forms.
 - a. Can the menus and nutritional analysis be excluded from the page count? Yes
 - b. For clarification, would it be acceptable for the 60 pages to be double-sided? It can be double sided-but each side will count towards the total page count.
- 34. In reference to RFP page 27, "Recycled Content Form", please provide clarification to the information requested:
 - a. Was this form included in error? It is a standard form, you can put NA if it is not applicable to this project.
 - b. Is the County looking for this information on each applicable product for the operation (Ex. All food products, packaging, Styrofoam/disposables, etc.)? NA to this project.

The proposal due date remains September 8, 2021

Okaloosa County Unit 30152 SE

Regular

Attachment 1 Week 1

Thursda	ay	Friday	/	Saturda	ay	Sunda	у	Monda	у	Tuesda	ay	Wedneso	day
Breakfas	t												
Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each
Lunch													
Sloppy Joe Hamburger Bun Chili Beans Carrots Cookie Beverage		Red Chili Stew Rice Mixed Vegetables Cornbread Cake Beverage	•	Meatloaf Mashed Potatoes Gravy Seasoned Cabbage Bread Iced Cake Beverage	3 WZ 1 Cup 1/4 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	T Ham & Pinto Beans Carrots Cornbread Iced Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Taco Mix Chili Beans Shredded Cheese Seasoned Corn Flour Tortilla Cookie Beverage	3/4 Cup 1 Cup 1/2 WZ 1/2 Cup 2 Each 1 Each 1 Each	Country Stew Rice Green Beans Bread Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Poultry Fried Rice Pinto Beans Broccoli Iced Cake Beverage	1 Cup 1 Cup 1/2 Cup 1/54 Slice 1 Each
Dinner													
Spaghetti Broccoli Bread Margarine Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Meat Mac & Cheese Seasoned Corn Cornbread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Turkey à la King Rice Pilaf Peas Biscuit Margarine Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each 1 Each	Chicken Patty Country Gravy Cottage Fried Potatoes Glazed Carrots Bread Margarine Glazed Cake Beverage	1 Each 1/4 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Picadillo Casserole Pinto Beans Cornbread Margarine Iced Cake Beverage	1 Cup	Shephards Pie Mashed Potatoes Peas & Carrots Bread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Cut 1 Each	Enchilada Casserole Seasoned Rice Chili Beans Cornbread Margarine Cookie Beverage	1 Cup 1 Cup 1 Cup 1 1/54 Cut 1 Tbsp 1 Each 1 Each

Dietary Consultant

ant Margaret J. Kirch RD, LDN

Approval Date

Okaloosa County Unit 30152 SE

Regular

Attachment 1 Week 2

Triffity Services Group		Okaloosa County Offic 30132							VVCCR Z				
Thursda	ay	Friday	•	Saturda	ay	Sunda	y	Monda	у	Tuesda	ay	Wedneso	day
Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 1 Each 1/5 Cut 1 Cup 1 Tbsp 1 Each
Lunch													
Spaghetti Carrots Bread Cookie Beverage	1 Cup 1/2 Cup 2 Slice 1 Each 1 Each	Poultry Fried Rice Pinto Beans Coleslaw Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1 Each	Salisbury Patty Mashed Potatoes Gravy Broccoli Bread Glazed Cake Beverage	3 WZ 1 Cup 1/4 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Poultry & Rice Mixed Vegetables Bread Cookie Beverage	1 Cup 1/2 Cup 2 Slice 1 Each 1 Each	Country Stew Rotini Seasoned Cabbage Cornbread Iced Cake Beverage	1 Cup 3/4 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Chicken Noodle Casserole Mixed Vegetables Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Meatloaf Macaroni & Cheese Mixed Vegetables Biscuit Margarine Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 Each 1/5 Cut 1 Tbsp 1/54 Slice 1 Each
Dinner													
Red Chili Stew Pinto Beans Broccoli Cornbread Margarine Glazed Cake Beverage	1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice	Turkey Ham BBQ Beans Carrots Cornbread Margarine Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Goulash Casserole Pinto Beans Carrots Cornbread Margarine Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Chicken Patty Cottage Fried Potatoes BBQ Beans Hamburger Bun Dressing Salad Cake Beverage	1 Each 1 Cup 1 Cup 1 Each 1 Tbsp 1/54 Cut 1 Each	Meat Mac & Cheese Peas & Carrots Bread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Chili Con Carne Rice Carrots Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Chili Mac Pinto Beans Seasoned Corn Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each

Dietary Consultant

onsultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Regular

Attachment	1	Week	3
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Trinity Services Group		Okaioosa County Offic 30 152			2 SE Regulai				week 3				
Thursda	ay	Frida	y	Saturda	ay	Sunda	У	Monda	У	Tuesda	ay	Wedneso	day
Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each
Lunch Poultry Fried Rice Chili Beans Carrots & Green Beans Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1 Each	Chicken Noodle Casserole Mixed Vegetables Bread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Chili Mac Carrots & Green Beans Cornbread Iced Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Salisbury Patty Gravy Mashed Potatoes Broccoli Bread Cake Beverage	3 WZ 1/4 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Cut 1 Each	Turkey Stir Fry Rice Carrots Bread Iced Cake Beverage	3/4 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Sloppy Joe Hamburger Bun Pinto Beans Broccoli Iced Cake Beverage	3/4 Cup 1 Each 1 Cup 1/2 Cup 1/54 Slice 1 Each	Chili Con Carne Rice Seasoned Cabbage Cornbread Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Each
Dinner Shephards Pie Mashed Potatoes Green Beans Biscuit Margarine Iced Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Turkey Ham Au Gratin Potatoes Fried Cabbage Cornbread Margarine Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Chicken Patty BBQ Beans Cottage Fried Potatoes Bread Margarine Cookie Beverage	1 Each 1 Cup 1 Cup 2 Slice 1 Tbsp 1 Each 1 Each	Enchilada Casserole Seasoned Rice Seasoned Corn Cornbread Margarine Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Meatloaf Gravy Mashed Potatoes Green Beans Biscuit Margarine Cake Beverage	3 WZ 1/4 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Country Stew Mixed Vegetables Cornbread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Spaghetti Broccoli Bread Margarine Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each

Dietary Consultant

Fragaret J. Kirch RD, LDN

Approval Date

Okaloosa County Unit 30152 SE

Regular

Attachment 1 Week 4

Trilling Serv	rices G	Toup		O.	Kaioosa	a County On	11 30 132	2 JL	176	- guiai		444	CCN 4
Thursda	ay	Friday	1	Saturda	ay	Sunda	y	Monda	y	Tuesda	ay	Wedneso	day
Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	3 WZ 2 Slice	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 2 Each 1/5 Cut 1 Cup 1 Tbsp 1 Each
Lunch Chili Mac Pinto Beans Carrots Cornbread Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Poultry & Rice Mixed Vegetables Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Meatloaf Gravy Mashed Potatoes Peas & Carrots Biscuit Margarine Cookie Beverage	1/4 Cup 1 Cup	Stroganoff Casserole Green Beans Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Salisbury Patty Macaroni & Cheese Carrots Cornbread Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Poultry Fried Rice Chili Beans Coleslaw Cake Beverage	1 Cup 1 Cup 1/2 Cup 1/54 Cut 1 Each	Sloppy Joe Hamburger Bun Oven Browned Potatoes Broccoli Iced Cake Beverage	3/4 Cup 1 Each 1/2 Cup 1/2 Cup 1/54 Slice 1 Each
Dinner Turkey Tetrazini Mixed Vegetables Biscuit Margarine Cookie Beverage		Red Chili Stew Pinto Beans Seasoned Corn Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Spaghetti Green Beans Bread Margarine Iced Cake Beverage	1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Country Stew Rotini Mixed Vegetables Cornbread Margarine Glazed Cake Beverage	1 Cup 3/4 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Chili Con Carne Rice Seasoned Corn Bread Margarine Iced Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Turkey Ham Ranch Beans Broccoli Bread Margarine Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Cheeseburger Casserole Pinto Beans Carrots Bread Margarine Cookie	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1 Each 1 Each

Dietary Consultant

onsultant Margaret J. Kirch RD, LDW

Approval Date



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200316

Invoice Date:

08/13/2021

Effective Date:

08/12/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200316	2519372	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 08/12/21	15,067	0.876000	13,198.69
		Sub-Total	\$13,198.69
		Sales Tax	\$0.00
		Total	\$13,198.69
	Advanced	Deposit Used	\$0.00
	(Cash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$13,198.69



Okaloosa County Jail 1200 James Lee Blvd **CRESTVIEW, FL 32539**

Invoice Number:

3015200315

Invoice Date:

08/06/2021

Effective Date:

08/05/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street

Suite 302

CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

	Event ID	Transaction ID	Customer Number	Event	Location
Ī	3015200315	2518570	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 08/05/21	14,745	0.876000	12,916.62
		Sub-Total	\$12,916.62
		Sales Tax	\$0.00
		Total	\$12,916.62
	Advanced	Deposit Used	\$0.00
	•	Cash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$12,916.62



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539

Invoice Number:

3015200314

Invoice Date:

07/29/2021

Effective Date:

07/29/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street

Suite 302

CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200314	2517864	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/29/21	13,885	0.928000	12,885.28
		Sub-Total	\$12,885.28
		Sales Tax	\$0.00
		Total	\$12,885.28
	Advanced	Deposit Used	\$0.00
¥	c	ash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$12,885.28



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200313

Invoice Date:

07/23/2021

Effective Date:

07/22/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302

CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

i	Event ID	Transaction ID	Customer Number	Event	Location
	3015200313	2517467	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/22/21	13,926	0.928000	12,923.33
		Sub-Total	\$12,923.33
		Sales Tax	\$0.00
		Total	\$12,923.33
	Advanced	Deposit Used	\$0.00
		Cash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$12,923.33



CU0550R4

Attachment 2



Invoice

Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200312

Invoice Date:

07/16/2021

Effective Date:

07/15/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

ſ	Event ID	Transaction ID	Customer Number	Event	Location
	3015200312	2516796	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/15/21	13,525	0.928000	12,551.20
		Sub-Total	\$12,551.20
		Sales Tax	\$0.00
		Total	\$12,551.20
	Advanced	Deposit Used	\$0.00
		ash Payment	\$0.00
		Credit Card	\$0.00
·		Balance	\$12,551.20



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200311

Invoice Date:

07/09/2021

Effective Date:

07/08/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200311	2516279	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description		2	-	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/08/21	· -			13,756	0.928000	12,765.57
					Sub-Total	\$12,765.57
					Sales Tax	\$0.00
					Total	\$12,765.57
				Advanced	d Deposit Used	\$0.00
				·	Cash Payment	\$0.00
					Credit Card	\$0.00
					Balance	\$12,765.57



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200310

Invoice Date:

07/02/2021

Effective Date:

07/01/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200310	2515501	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity Unit Pric	e Amount
Inmate Meals Week Ending 07/01/21	13,906 0.92800	12,904.77
	Sub-Toto	\$12,904.77
	Sales To	x \$0.00
	Toto	\$12,904.77
	Advanced Deposit Use	\$0.00
	Cash Paymen	t \$0.00
	Credit Care	\$0.00
	Balanc	e \$12,904.77



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539

,

Bill To: Okaloosa County

302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 **Invoice Number:**

3015200309

Invoice Date:

06/25/2021

Effective Date:

06/24/2021

Department:

Weekly Invoice

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200309	2515115	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity Unit Price	Amount
Inmate Meals Week Ending 06/24/21	14,471 0.928000	13,429.09
	Sub-Total	\$13,429.09
	Sales Tax	\$0.00
	Total	\$13,429.09
	Advanced Deposit Used	\$0.00
	Cash Payment	\$0.00
	Credit Card	\$0.00
	Balance	\$13,429.09

TRINITY SERVICES GROUP, INC.

Attachment 2 Invoice

Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200308

Invoice Date:

06/18/2021

Effective Date:

06/17/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200308	2514325	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/17/21	14,085		13,070.88
		Sub-Total	\$13,070.88
		Sales Tax	\$0.00
		Total	\$13,070.88
	Advanced	Deposit Used	\$0.00
	•	Cash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$13,070.88



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200307

Invoice Date:

06/11/2021

Effective Date:

06/10/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302

CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200307	2513732	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/10/21	13,730	0.928000	12,741.44
		Sub-Total	\$12,741.44
		Sales Tax	\$0.00
		Total	\$12,741.44
	Advance	d Deposit Used	\$0.00
	•	Cash Payment	\$0.00
		Credit Card	\$0.00
		Balance	\$12,741,44



Okaloosa County Jail 1200 James Lee Blvd **CRESTVIEW, FL 32539**

Invoice Number:

3015200306

Invoice Date:

06/04/2021 06/03/2021

Effective Date: Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 **CRESTVIEW, FL 32536**

Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number		Location
3015200306	2513066	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity Unit Price	Amount
Inmate Meals Week Ending 06/03/21	13,773 0.928000	12,781.34
	Sub-Total	\$12,781.34
	Sales Tax	\$0.00
	Total	\$12,781.34
	Advanced Deposit Used	\$0.00
	Cash Payment	\$0.00
	Credit Card	\$0.00
	Balance	\$12,781,34



Okaloosa County Jail 1200 James Lee Blvd CRESTVIEW, FL 32539 Invoice Number:

3015200305

Invoice Date:

05/28/2021

Effective Date:

05/27/2021

Department:

Weekly Invoice

Bill To: Okaloosa County 302 North Wilson Street Suite 302 CRESTVIEW, FL 32536 Remit To: Trinity Services Group, Inc. 62836 Collection Center Drive Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200305	2512542	F301520000	Weekly Invoice	Okaloosa County Jail
· · · · · · · · · · · · · · · · · · ·	l			

Notes:

Description	 ***	Quantity	Unit Price	Amount
Inmate Meals Week Ending 05/27/21		13,942	0.928000	12,938.18
			Sub-Total	\$12,938.18
			Sales Tax	\$0.00
			Total	\$12,938.18
		Advance	d Deposit Used	\$0.00
			Cash Payment	\$0.00
			Credit Card	\$0.00
			Balance	\$12,938.18

Food Service Management Company (FSMC) Monitoring Tool

Twice a year an official of the school sponsor should conduct a monitoring visit of *each* food service site. Complete a copy of this form for each site monitored. Keep these completed forms with your records.

Sponsor #/Name: Site Name

FSMC Name: Review Date: Base Year of Contract: Renewal Year (1,2,3,4):

Meal Type	Fixed Fee Per Meal	Meal Type	Fixed Fee Per Meal
Student Lunches	\$	SFSP Lunch/Supper Meals	\$
Student Breakfasts	\$	SFSP Snacks	\$
Meal Equivalent Fee	\$	FFVP Meal Equivalent Fee	\$
Meal Equivalent Factor			\$
(breakfast, snack, adult,	\$		
etc.)			
Student Afterschool Snacks	\$		
SFSP Breakfast	\$		

Me	nus and Service	Yes	No	NA	Comments
1.	Has the FSMC followed the 21-day cycle menu, as described in Exhibit B of the contract, for the first 21 days of the contract? (Monitor during the first year of contract				
2.	only) If changes were made to menus following the first 21 days				
	of the contract, did the sponsor approve them?				
3.	Do cycle menus meet requirements for all grade groups?				
4.	Are production records completed each day for all meals claimed for reimbursement and component contributions available for each menu item?				
5.	If the "Offer vs Serve" provision was implemented, are students required to take the minimum number of menu items (including ½ cup fruit and/or vegetable)?				
6.	Are meal modifications provided to students? Is appropriate meal modification documentation on file at the serving site?				
	Does the FSMC provide fluid milk substitutions as Sponsor as indicated? Are fluid milk substitutions compliant with USDA				
0.	substitution criteria?				
9.	Are the Smart Snacks In Schools regulations being followed by the FSMC?				
10.	Is the FSMC complying with Vending as stated in the Contract?				
11.	Does the FSMC comply with the Sponsor's Local Wellness Policy?				
12.	Are meals monitored after the last food or menu item is served/selected to ensure only reimbursable meals are claimed?				
13.	Do the foods purchased meet the quality specification standards indicated in the contract?				
14.	Is FSMC complying with Buy American Requirements?				

Attachment 3

Fir	nancial Accountability Procedures	Yes	No	NA	Comments
1.	Do the school food service daily income records accurately reflect the revenue received by meal type? (Student meals, adult meals, a la carte, etc.)				
2.	Do the school food service daily meal count record forms accurately reflect the counts of student and adult meals by meal type and eligibility category?				
3.	Are all records being maintained that are needed to support the Claim for reimbursement, reports with claim information (promptly at the end of each month), and meal count records for meals not covered by the Claim, such as adult meals?				
3.	Are all invoices monitored to assure the FSMC invoices per the current pricing agreement indicated in the contract or addendum and have not double-invoiced or included costs which are not allowed by the contract?				
4.	Do the records show a la carte, adult, and other food sales are being invoiced at the meal equivalency rate or accurately per the contract?				
5.	Are all discounts, rebates, and credits for food and supplies received, where applicable?				
Sa	nitation and Safety Procedures	Yes	No	N/A	Comments
1.	Are facilities and equipment adequately maintained for safety and sanitation?				
2.	Do employees practice safe food handling procedures?				
3.	Is a Food Safety (HACCP) plan available at the serving site?				
4. 5.	If yes, is the plan being implemented? Has the plan been reviewed and revised annually?				
6.	Are health licenses maintained as required by the contract?				Sponsor responsibility FSMC responsibility
7.	Has the Sponsor/FSMC met the food safety training requirements for their employees?				
Ot	her Contractual Requirements	Yes	No	N/A	Comments
1.	Has the advisory committee of parents, students and teachers met to assist in menu planning? (Attach documentation - Agendas, Surveys, Taste Testing Results, etc.)				
2.	If recommendations or concerns have been noted as a result of the meetings, has the FSMC implemented recommendations or addressed the concerns brought forth by the advisory committee?				
3.	If the Sponsor has requested that the FSMC representative participate in the advisory committee meetings has the FSMC complied with this requirement?				
4.	Have all corrections been made as required if problems were noted during a sponsor review, the administrative review, or a program audit?				

Attachment 3

Ot	her Contractual Requirements Cont.	Yes	No	N/A	Comments
5.	Were the Sponsor's Civil Rights policies followed?				
6.	Have there been any Civil Rights complaints this year?				
7.	Is the FSMC performing any Sponsor special functions/catering outside the nonprofit school food service account? List functions in the comments section.				
8.	If yes to the above, is there a method which delineates the cost allocation for Sponsor special functions/catering conducted outside the nonprofit school food service? (i.e. ensures labor costs are not double invoiced)				
9.	Is the FSMC performing any special functions/catering for entities other than the Sponsor? (Any external cateringnot for the benefit of the district requires a separate contract.)				
10.	If yes to the above, what process is in place to ensure that any and all resources of the school food service department, which are to be used by the FSMC, produce revenue to fully fund the costs of the non-school catering. Are all costs related to the use of the school district's facilities (including food service facilities for catering) paid for by a source other than the food service fund? Please describe process.				
11.	Is the FSMC adhering to the Sponsor's free and reduced priced policy statement?				
Sta	affing and Professional Development	Yes	No	N/A	Comments
12.	Is FSMC complying with Professional Standards requirements for its employees?				
13.	Is FSMC providing appropriate and timely training for FSMC staff? List training in comments section at end of monitoring form.				
Re	enewal Process (If Applicable)	Yes	No	N/A	Comments
14.	Do all the invoices match the prices with the current renewal addendum prices?				
15.	Did the renewal adhere to CPI meal rate increases as described in the contract?				
US	SDA Foods (If Applicable)	Yes	No	N/A	Comments
	Did the FSMC credit the full value of all donated foods received for use in the meal service as required by contract requirements?				
17.	Is the FSMC complying with contract requirements that the procurement of processed end products on behalf of the recipient agency, as applicable, complies with the requirements in subpart C of 7 CFR part 250 and with the provisions of distributing or recipient agency processing agreements?				

		Date of
List any Corrective Actions Required of the	e Food Service Management Company	Implementation
Signature of Sponsor's Monitoring Official	Title	Date
Signature of FSMC Official	Title	Date



January 6, 2021

Therapeutic Diet Menu Review

Okaloosa County Department of Corrections, FL

The 4-week cycle Medical Diet menus for Okaloosa County Department of Corrections, FL were reviewed. The medical diet menus were developed for this facility using the master general population menu as a base and modified as necessary to meet the medical criteria for each diet. They were analyzed using the NetNutrition® Application Version 20.9.104.2243 of The CBORD Group, Inc.

The planned diet menus meet medical requirements and dietary restrictions approved for this facility.

Margaret T. Kirch, RD, LDN

nargaret I Kirch RD, LDN

Dietitian

Trinity Services Group CDR number: 915731 Florida License: ND-7217



January 6, 2021

STATEMENT OF NUTRITIONAL ADEQUACY Okaloosa County Department of Corrections, FL

The average daily calories of the four-week cycle menu is 2700 calories.

The 4-week cycle menu was written and reviewed by Trinity Services Group for **Okaloosa County Department of Corrections, FL** to be served as the Regular Menu in the Adult general population. The menus were analyzed using the NetNutrition® Application Version 20.9.104.2243 from CBORD Group, Inc.

The analysis confirms that the menu provides a nutritionally adequate diet for sedentary and/or incarcerated adults. Some nutrient values may vary based on the nutrient data available from manufacturers, the nutrient listings available under FDA labeling requirements, and the specific items used for the analysis.

As written and analyzed, the menu satisfies the Dietary Reference Intakes/EARs recommendations published by the National Academy of Sciences-National Research Council for major nutrients recommended for adults.

The analyzed menus comply with Florida Model Jail Standards and the guidelines of the American Correctional Association (ACA). They reflect the requirements of the Okaloosa County Department of Corrections, FL inmate food services.

Margaret T. Kirch, RD, LDN

largaret J. Kirch RD, LDN

Dietitian

Trinity Services Group CDR number: 915731 Florida License: ND-7217



January 6, 2021

SCHOOL BREAKFAST AND SCHOOL LUNCH PROGRAM Okaloosa Department of Corrections, FL

The average calories for the four-week cycle menu is 2800 calories.

The cycle menu for the Okaloosa Department of Corrections National School Breakfast and Lunch Program was written and reviewed by Trinity Services Group to be served as the regular menu for the juvenile population. They have been analyzed using the NetNutrition® Application Version 20.9.104.2243 from CBORD Group, Inc.

The analysis confirms that the menu provides a nutritionally adequate diet for juveniles. Some nutrient values may vary based on the nutrient data available from manufacturers, the nutrient listings available under FDA labeling requirements, and the specific items used for the analysis.

The breakfast and lunch menus comply with the requirements of National School Breakfast and National School Lunch Program for Grades 9-12.

Requirements	School Breakfast	School Lunch
Fluid Milk:	1 cup daily	1 cup daily
Fruits/Juice/ Vegetables:	1 cup daily	1 cup daily
Grains/Breads:	1oz/eq daily	2 oz/eq daily
Meat/Meat Alternate:	None	2 oz/eq daily
Calories, weekly:	450-600	750-850
Sodium, weekly:	= 640 mg</td <td><!--= 1420 mg</td--></td>	= 1420 mg</td
Saturated Fat % total Cal	= 10</td <td><!--= 10</td--></td>	= 10</td

Per analysis the breakfast and lunch menus meet the requirements of the National School Breakfast and Lunch Program, fulfilling the components required for fruits, vegetables, grains, meat and fluid milk, and the amounts for calories and sodium.

Margaret T. Kirch, RD, LDN

rangaret I Kirch RD, LDN

Dietitian

Trinity Services Group CDR number: 915731 Florida License: ND-7217

Diet SpreadSheet X-format

Cycle Day: 1
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	Х	X	Х	Х	Grits	1/2 Cup	X	Grits	X	Grits	3 WZ
									Grits					Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice
														Wheat Bread
Biscuit	1 Each 1/54 Cut	X	X	2 Slice	2 Slice	Х	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	X	Х	Grilld Potatoes	X	Х	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Fruit
Apple Jelly	1 Tbsp	Х	X	X	X	X	Х	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	Х	Х	Х	Х	Х	6 WZ	Х	1/2 Cup	Х				
							Vegan Vegetable							
Hamburger Bun	1 Each	Х	Х	2 Slice	2 Slice	Х	Х	Х	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	Х	X	1/4 Cup	1/2 Cup				
														Potato Salad
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup					
									Carrots Cooked					
Cookie	1 Each	X	X	Fresh Apple	X	X	X	Fresh Apple	Fresh Apple	Fresh Apple	2 Each	2 Each	2 Each	2 Each
											Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple
Beverage	1 Each	X	X	X	X	Х	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 1
Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3 WZ	3 WZ	3 WZ	3 WZ	3 WZ	Х
									Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	1/2 Cup	3/4 Cup	1 Cup	1 Cup	1 Cup	No
													Rice	
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Х
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	Х
									Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	Х
Iced Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P0	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A		Snack [PBJ-WV

Cycle Day: 2
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	X	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
T00 D 16 10 D	2 Fach 1 W/7	V		V	V	V	2 Than		Oatmeal	V		V	V	Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	Χ	X	Χ	X	^	2 Tbsp Peanut Butter	X	^	X	X	X	X	2 Slice Wheat Bread
Sliced Cheese	1 Slice	Х	Х	X	X	X	X	Х	Х	X	X	X	Х	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	Х	Х	2 Slice Wheat Bread	3 Slice Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Apple Jelly	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	Х	1/2 Cup Beverage Juice A
Beverage	1 Each	Х	Х	Х	Х	Х	No	Х	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

								1					
Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	X	Stew Red Chili
1 Cup	Х	Х	1 1/4 Cup	Х	Х	Х	Х	No	1/3 Cup	1/2 Cup	1/2 Cup	Х	1/2 Cup
													Brown Rice
1/2 Cup	X	X	Mixed Veg	X	Х	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
								Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
			Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
1/54 Cut	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1 Cup
			Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
1 Each	X	X	X	X	X	X	Χ	X	Х	X	Х	X	1 Cup
													Milk
No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each
	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Cut 1 Each No	1 Cup X 1 Cup X 1/2 Cup X 1 1/54 Cut X 1 Each X No 1 Cup	1 Cup X X X 1 Cup X X X 1/2 Cup X X X 1 1/54 Cut X X 1 Each X X No 1 Cup 1 Cup	1 Cup X X X 1 Cup X X 1 1/4 Cup 1/2 Cup X X Mixed Veg 1 1/54 Cut X X 2 Slice Wheat Bread 1/54 Cut X X 1/2 Cup Fruit 1 Each X X X No 1 Cup 1 Cup No	1 Cup X X X X 1 Cup X X 1 1/4 Cup X 1/2 Cup X X Mixed Veg X 1 1/54 Cut X X 2 Slice Wheat Bread Wheat Bread 1/54 Cut X X 1/2 Cup Fruit X 1 Each X X X X No 1 Cup 1 Cup No No	1 Cup X X X X X 1 Cup X X X X X 1 Cup X X Mixed Veg X X 1 1/2 Cup X X 2 Slice X X 1 1/54 Cut X X X Y X X 1 /54 Cut X X X X X X X 1 Each X X X X X X X No 1 Cup 1 Cup No No No No	1 Cup X X X X X Pinto Beans 1 Cup X X X X X X X 1/2 Cup X X X Mixed Veg X X 1 Cup 1 1/54 Cut X X 2 Slice X X X 1/54 Cut X X X Y X X X 1 Each X X X X X X X No 1 Cup 1 Cup No No No No No	1 Cup X X X X X Pinto Beans X 1 Cup X	1 Cup X <td>1 Cup X<td>1 Cup X<td>1 Cup X<td> 1 Cup</td></td></td></td>	1 Cup X <td>1 Cup X<td>1 Cup X<td> 1 Cup</td></td></td>	1 Cup X <td>1 Cup X<td> 1 Cup</td></td>	1 Cup X <td> 1 Cup</td>	1 Cup

No

No

1 Snack

Snack [WB-TH-A Snack [WB-TH-A

1 Snack

No

1 Snack

Snack [WB-TH-A

No

1 Snack

Snack [PBJ-WW

Cycle Day: 2

Snack [PBJ-MK-A138]

No

1 Snack

1 Snack

Snack 196

No

No

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meat Mac & Cheese	1 Cup	X	Х	3 WZ	Х	Х	6 WZ	Х	Х	Х	Х	Х	3 WZ	Х
				Poultry Pty			Vegan Vegetable						Poultry Pty	
Macaroni	No	No	No	1 Cup	No	No	1 Slice	No	No	No	No	No	1 Cup	No
							SL Cheese(IM)						Rice	
Corn Seasoned	1/2 Cup	Х	X	Corn	Х	Carrots	1 Cup	Х	1 Cup	Х				
									Carrots Cooked					
Cornbread	1 1/54 Cut	Х	X	2 Slice	2 Slice	Х	X	Х	No	1 Slice	2 Slice	2 Slice	3 Each	Х
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	No	1 FZ	X	1 FZ	Х	Х
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
										_			Beverage SF PC	

No

Diet SpreadSheet X-format

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

Cycle Day: 3

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 Each
									Grits					Boiled Egg
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Hash Browns	1 Cup	Χ	Х	X	X	Х	X	Х	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
Beverage	1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	Х	Х	Х	Х	3 WZ Chopped	6 WZ	Х	Х	Х	Х	Х	Х	Х
							Vegan Vegetable							
Mashed Potatoes	1 Cup	Х	Х	Х	1 1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	Х	1/2 Cup	Х	3/4 Cup
					Pinto Beans									
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	1 FZ
Seasoned Cabbage	1/2 Cup	X	X	X	X	Х	1 Cup	Χ	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	2 Slice
														Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	Χ	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Cup
									Wheat Bread	Wheat Bread			Corn Tortilla	Cabbage & Carro
Iced Cake	1/54 Slice	X	X	1/2 Cup	X	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	Х	X	Х	Х	X	Х	Х	Х	Х	X	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 3

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey à la King	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ	X
													Poultry Pty	
Rice Pilaf	1 Cup	Χ	Х	1 1/4 Cup	1 1/2 Cup	Х	X	Х	No	No	1/2 Cup	1/2 Cup	Х	X
				Rice	Pinto Beans									
Peas	1/2 Cup	X	X	X	X	X	1 Cup	X	X	X	X	X	X	X
Biscuit	1 Each 1/54 Cut	Х	Х	2 Slice	2 Slice	Х	Х	Х	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	Х	X	Х	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	X	Х
Cookie	1 Each	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Χ	X	X	Х	X	X	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A	1	Snack [PBJ-WW

Cycle Day: 4
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ
									Oatmeal					Scram Eggs
Egg Scrambled	3 WZ	X	X	X	Х	X	X	X	X	X	X	X	X	2 Slice
														Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Tbsp
									Wheat Bread	Wheat Bread			Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	Х	Х	Grilld Potatoes	Х	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Fruit
Apple Jelly	1 Tbsp	Х	Х	X	Х	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice A
Beverage	1 Each	X	Х	Х	Х	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

Luiicii									•					
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
T Ham & Pinto Beans	1 Cup	X	X	3 WZ	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	3/4 Cup	3/4 Cup	X
				Poultry Pty										
Diet Pinto Beans	No	No	No	1 1/4 Cup	No	No	No	No	No	No	No	No	No	No
Carrots	1/2 Cup	Х	Х	Carrots Cooked	Х	Х	1 Cup	Carrots Cooked	1 Cup	1 Cup				
									Carrots Cooked	Coleslaw				
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	Х	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 4
Dinner

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	Х	X	3 WZ	Х	Х	1 Cup	X	3 WZ	3 WZ	3 WZ	3 WZ	3 WZ	X
				Salisbury Patty			Pinto Beans		Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	
Country Cream Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	Х	X	Х	No	Х
Cottage Fried Potatoes	1 Cup	Х	X	Grilld Potatoes	1 1/2 Cup	Х	Х	Grilld Potatoes	No	1/2 Cup	1/2 Cup	1/2 Cup	Grilld Potatoes	Х
					Pinto Beans					Grilld Potatoes	Grilld Potatoes	Grilld Potatoes		
Carrots Glazed	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Carrots Cooked	Carrots Cooked	Carrots Cooked	Carrots Cooked	Carrots Cooked	
Bread	2 Slice	Х	X	Wheat Bread	Wheat Bread	X	Х	Х	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	X
									Wheat Bread	Wheat Bread			Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	Х	X	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	Х	Х	Х	X	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
											-		Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A		Snack [PBJ-WW

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

Cycle Day: 5

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
Breakfast Gravy	1 Cup	Х	Х	Х	X	Х	3 WZ	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	Χ	X	2 Slice	3 Slice	Х	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Margarine	1 Tbsp	Χ	Х	X	X	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	1/2 Cup
														Peaches
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Taco Mix	3/4 Cup	Х	Х	Х	Х	Х	6 WZ	Х	Х	Х	Х	Х	Х	4 WZ
							Vegan Vegetable							Burger Patty T G
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	Х	No	1/4 Cup	1/2 Cup	1/2 Cup	1/2 Cup	2 Slice
														Wheat Bread
Shredded Cheese IMIT	1/2 WZ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	1 Cup
														Carrots Cooked
Corn Seasoned	1/2 Cup	X	X	Corn	Х	Carrots	1 Cup	Χ	1 Cup	Salad Pasta WG				
									Carrots Cooked	I				
Tortilla	2 Each	X	X	X	Х	2 Slice	X	Χ	1 Slice	1 Slice	1 Each	1 Each	3 Each	1 Tbsp
						White Bread			Wheat Bread	Wheat Bread			Corn Tortilla	Ketchup
Cookie	1 Each	X	X	Fresh Apple	Х	X	X	Fresh Apple	Fresh Apple	Fresh Apple	2 Each	2 Each	2 Each	2 Each
											Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 5

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Picadillo Casserole	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	Х	Х	Х	Х	Х	Х
							Vegan Vegetable							
Pinto Beans	1 Cup	Х	X	1 1/4 Cup	1 1/2 Cup	Х	Х	Χ	1/3 Cup	1/3 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
				Plain Pintos										
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup	X	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	X	X	X	X	X	Х	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	;
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	4	Snack [WB-TH-A		Snack [PBJ-WW

Diet SpreadSheet X-format

Cycle Day: 6
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ
Camea w Cagar a Cimi									Oatmeal					Scram Eggs
Grilled Turkey Ham	1 WZ	Х	Х	Х	Х	Х	No	Х	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 Slice
														Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	2 Slices	X	X	X	X	X	X	1 Tbsp
														Apple Jelly
Biscuit	1 Each 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup
														Beverage Juice /
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Milk
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

Lanch		_									I = = = = =			
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	X	X	X	X	X	Pinto Beans	Χ	X	X	X	X	3 WZ	Stew Country
													Poultry Pty	
Rice	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup	X	X	X	No	1/3 Cup	1/2 Cup	1/2 Cup	X	1/2 Cup
					Pinto Beans									Brown Rice
Green Beans	1/2 Cup	X	X	Green Bean	X	Х	1 Cup	Green Bean	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
									Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	Green Bean
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	1 Slice	3 Each	Wheat Bread
									Wheat Bread	Wheat Bread		Wheat Bread	Corn Tortilla	
Glazed Cake	1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cass- Shephards Pie Filling2	1 Cup	Х	Х	3 WZ Poultry Pty	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	Х
Mashed Potatoes	1 Cup	Х	Х	X	1 1/2 Cup Pinto Beans	Х	Х	Х	No	No	1/2 Cup	1/2 Cup	X	Х
Peas & Carrots	1/2 Cup	Х	Х	Peas/Carrots	Х	Х	1 Cup	Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	Х
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	Х
Cake	1/54 Cut	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	Х
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WV

Breakfast

Cycle Day: 7

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	Х	Х	Х	Х	Х	2 Tbsp	Х	Х	Х	X	Х	Х	2 Slice
							Peanut Butter							Wheat Bread
Pancakes	2 Each	Х	X	X	X	Х	X	Χ	1 Each	1 Each	1 Each	X	3 Each	1 Tbsp
													Corn Tortilla	Apple Jelly
Syrup	1/4 Cup	Х	X	X	X	Х	X	1 Each	1 Each	1 Each	1 Each	1 Each	Х	1/2 Cup
								Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup		Fruit
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Luiicii														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	3/4 Cup	Х	Х	Х	Х	4 WZ
							Vegan Vegetable							Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each	2 Slice
													Corn Tortilla	Wheat Bread
Pinto Beans	1 Cup	X	X	X	X	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	X	No
Broccoli	1/2 Cup	Х	Х	Х	Х	Х	1 Cup	Х	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Pinto Beans
Iced Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Broccoli
Beverage	1 Each	Х	X	X	Х	X	X	Χ	X	X	X	Χ	X	1 Cup
														Peaches
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

- ,		= =												
Dinner														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Enchilada Casserole	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	3 WZ	3 WZ	3/4 Cup	3/4 Cup	3 WZ	Х
							Vegan Vegetable		Poultry Pty	Poultry Pty			Poultry Pty	
Seasoned Rice	1 Cup	Х	X	1 1/4 Cup	X	X	X	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Х	X
				Rice										
Chili Beans	1 Cup	X	X	Х	1 1/2 Cup	X	X	Х	Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	X
Cornbread	1 1/54 Cut	Х	Х	2 Slice	2 Slice	Х	Х	Х	No	1 Slice	1 Slice	1 Slice	3 Each	Х
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	Х	Х	X	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	X	Х
Cookie	1 Each	Х	Х	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack (WB-TH-	Snack (WB-TH-A	7	Snack (WB-TH-A	7	Snack [PB.I-WW

Breakfast

Cycle Day: 8

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	Х	X	X	Х	X	Grits	1/2 Cup	Х	Grits	Х	Grits	3 WZ
									Grits					Scram Eggs
Breakfast Gravy	1 Cup	Χ	X	X	X	X	3 WZ	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	Х	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Hash Browns	1 Cup	X	X	X	X	X	X	Х	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ	1 1/2 Cup
													Poultry Pty	
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
													Rice	
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup					
									Carrots Cooked					
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	No	Wheat Bread	1 Slice	3 Each	Wheat Bread
												Wheat Bread	Corn Tortilla	
Cookie	1 Each	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1 Cup
				Fruit				Fruit						
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Dinner

Cycle Day: 8

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Red Chili Stew	1 Cup	Х	Х	X	X	Х	6 WZ Vegan Vegetable	Х	Х	Х	Х	Х	Х	Х
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	Х	No	No	No	No	No	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	Χ	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
Cornbread	1 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	No	No	Х	1 FZ	Х	Х
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	Х
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WW

Breakfast

Cycle Day: 9

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
									Oatmeal					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp	Χ	X	X	X	X	X	2 Slice
							Peanut Butter							Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	X	Χ	X	X	X	X	Х	1 Tbsp
														Apple Jelly
Biscuit	2 Each 1/54 Cut	Χ	X	2 Slice	3 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Apple Jelly	1 Tbsp	Χ	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	3/4 Cup	Х	Х	Х	Х	4 WZ
							Vegan Vegetable							Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each	1 Cup
													Corn Tortilla	Pinto Beans
Pinto Beans	1 Cup	Х	X	1 1/4 Cup	1 1/2 Cup	X	X	Χ	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	2 Slice
				Plain Pintos										Wheat Bread
Coleslaw	1/2 Cup	Х	X	X	X	X	X	X	X	1 Cup	1 Cup	1 Cup	X	X
Cookie	1 Each	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	Х	Х	Х	X	Х	X	X	X	Х	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

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X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	X	Х	Poultry Pty	Х	Х	6 WZ	Х	Х	X	X	Х	X	X
							Vegan Vegetable							
BBQ Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	X	Х	X	No	No	1/3 Cup	1/3 Cup	1/3 Cup	Х
Carrots	1/2 Cup	Х	Х	Carrots Cooked	Х	Х	1 Cup	Carrots Cooked	1 Cup	Х				
									Carrots Cooked					
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	Х	X	X	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	Х	X	X	X	Х	1 Tsp	1 Tsp	1 FZ	X	1 FZ	Х	Х
Cake	1/54 Cut	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	X	X	X	X	X	Х	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A	S	Snack [PBJ-WW

Breakfast

Cycle Day: 10

Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
1 Cup	X	Х	Х	Х	X	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 Each
								Oatmeal					Boiled Egg
3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice
													Wheat Bread
2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Tbsp
								Wheat Bread	Wheat Bread			Corn Tortilla	Apple Jelly
1 Cup	Х	Х	Grilld Potatoes	Х	Х	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
													Fruit
1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
							Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
1 Each	X	X	X	X	Х	No	X	No	No	No	No	No	1 Cup
													Milk
No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each
	No 1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each No	No No 1 Cup X 3 WZ X 2 Slice X 1 Cup X 1 Tbsp X 1 Each X No 1 Cup No 1 Snack	No No No 1 Cup X X 3 WZ X X 2 Slice X X 1 Cup X X 1 Tbsp X X 1 Each X X No 1 Cup 1 Cup No 1 Snack No	No No No No 1 Cup X X X 3 WZ X X X 2 Slice X X Wheat Bread 1 Cup X X Grilld Potatoes 1 Tbsp X X X 1 Each X X X No 1 Cup 1 Cup 1 Cup No 1 Snack No No	No No No No No 1 Cup X X X X 3 WZ X X X X 2 Slice X X Wheat Bread Wheat Bread 1 Cup X X Grilld Potatoes X 1 Tbsp X X X X 1 Each X X X X No 1 Cup 1 Cup No No No 1 Snack No No No	No No<	No No<	No No<	No No No No No No No No 1/2 Cup 1 Cup X	No No No No No No No No No 1/2 Cup 1/2 Cup Oatmeal 1 Cup X <	No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1 Cup X <t< td=""><td>No No 1/2 Cup 3/4 Cup 1/2 Cup 1 Cup X</td><td>No No No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1/2 Cup 1 Cup X<!--</td--></td></t<>	No 1/2 Cup 3/4 Cup 1/2 Cup 1 Cup X	No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1/2 Cup 1 Cup X </td

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	Х	Х	Х	Х	3 WZ Chopped	1 Cup	Х	Х	Х	Х	Х	Х	Salisbury Patty T
							Pinto Beans							
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	Χ	1/2 Cup	1/2 Cup	X	1/2 Cup	X	1/2 Cup
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	1 FZ
Broccoli	1/2 Cup	Х	Х	Х	Х	Х	1 Cup	Х	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	2 Slice
														Wheat Bread
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Cup
									Wheat Bread	Wheat Bread			Corn Tortilla	Broccoli
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Goulash Casserole	1 Cup	X	Х	Х	Х	Х	6 WZ Vegan Vegetable	X	Х	Х	Х	Х	3 WZ Poultry Pty	Х
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	Х	X	X	No	No	1/3 Cup	1/3 Cup	X	X
Carrots	1/2 Cup	Х	Х	Carrots Cooked	Х	Х	1 Cup	Carrots Cooked	1 Cup	X				
									Carrots Cooked	1				
Cornbread	1 1/54 Cut	Х	X	2 Slice	2 Slice	Х	Х	Х	No	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	Х
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF Po	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A	A CONTRACTOR OF THE CONTRACTOR	Snack [PBJ-WW

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast	
	Regu
Applesauce	No
Crite with Margarine	1.0

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	Х	Х	X	Х	X	Grits	1/2 Cup	X	Grits	Х	Grits	3 WZ
									Grits					Scram Eggs
Breakfast Gravy	1 Cup	Х	X	X	X	Х	3 WZ	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	Х	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Margarine	1 Tbsp	Х	X	X	X	Х	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup
														Peaches
Beverage	1 Each	Х	X	X	X	Х	No	Х	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry & Rice	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	Х	Х	Х	Х	3 WZ Poultry Pty	Turkey & Rice
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
Mixed Vegetables	1/2 Cup	Х	Х	Mixed Veg	Х	Х	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	No	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Cookie	1 Each	X	X	1/2 Cup Fruit	Х	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Dinner	
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	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	X	X	3 WZ	Х	Х	6 WZ	X	3 WZ	3 WZ	3 WZ	3 WZ	3 WZ	X
				Salisbury Patty			Vegan Vegetable		Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	
Cottage Fried Potatoes	1 Cup	X	Х	Grilld Potatoes	1 1/2 Cup	X	X	Grilld Potatoes	No	No	No	No	No	X
					Pinto Beans									
BBQ Beans	1 Cup	Х	Х	Chili Beans	1 1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Hamburger Bun	1 Each	Х	X	2 Slice	2 Slice	Х	Х	Х	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Dressing Salad	1 Tbsp	X	Х	Х	Х	Х	X	X	Х	X	Х	Х	Х	X
Cake	1/54 Cut	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P	c
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-/	4	Snack [WB-TH-/	7	Snack [PBJ-WW

Diet SpreadSheet X-format

Cycle Day: 12

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Br	ea	kfa	ıst

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	X	X	X	X	X	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice
														Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	Х	X	Grilld Potatoes	Χ	Х	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	Х	Х	Х	Х	3 WZ	1-1/2 Cup
													Poultry Pty	Stew Country
Rotini	3/4 Cup	X	X	Х	X	Х	X	X	1/2 Cup	1/2 Cup	X	1/2 Cup	1 Cup	1/2 Cup
													Rice	Rotini Whole Gra
Seasoned Cabbage	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
														Cabbage & Carro
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	No	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup	X	Χ	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	X	X	Х	Х	X	X	X	X	X	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meat Mac & Cheese	1 Cup	Х	X	3 WZ	X	Х	6 WZ	Х	Х	X	X	Х	3 WZ	X
				Poultry Pty			Vegan Vegetable						Poultry Pty	
Macaroni	No	No	No	1 Cup	No	No	1 Slice	No	No	No	No	No	1 Cup	No
							SL Cheese(IM)						Rice	
Peas & Carrots	1/2 Cup	Х	X	Peas/Carrots	X	Х	1 Cup	Peas/Carrots	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Peas/Carrots	Peas/Carrots	Peas/Carrots	Peas/Carrots	Peas/Carrots	
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice	1 Slice	1 Slice	3 Each	X
										Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	X	X	X	Х	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	7	Snack [WB-TH-A	7	Snack [PBJ-WW

Cycle Day: 13 Breakfast X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	Х	Х	Х	Х	Х	2 Tbsp	Х	Х	Х	Х	Х	Х	2 Slice
							Peanut Butter							Wheat Bread
Pancakes	2 Each	X	X	X	Х	X	X	X	1 Each	1 Each	1 Each	Χ	3 Each	1 Tbsp
													Corn Tortilla	Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup		Fruit
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	X	Х	3 WZ	Cass Turkey Noc
												Poultry Pty	
No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
												Mashed Potatoe	!
1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
								Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice	Wheat Bread	1 Slice	3 Each	Wheat Bread
									Wheat Bread		Wheat Bread	Corn Tortilla	
1/54 Slice	Х	X	1/2 Cup	X	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
			Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
1 Each	X	X	X	X	Х	X	X	X	X	X	Χ	X	1 Cup
													Milk
No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each
	1 Cup No 1/2 Cup 2 Slice 1/54 Slice 1 Each No	1 Cup X No No 1/2 Cup X 2 Slice X 1/54 Slice X 1 Each X No 1 Cup	1 Cup X X No No No 1/2 Cup X X 2 Slice X X 1/54 Slice X X 1 Each X X No 1 Cup 1 Cup	1 Cup X X X No No No No 1/2 Cup X X Mixed Veg 2 Slice X X Wheat Bread 1/54 Slice X X 1/2 Cup Peaches 1 Each X X X No 1 Cup 1 Cup No	1 Cup X X X X No No No No No 1/2 Cup X X Mixed Veg X 2 Slice X X Wheat Bread Wheat Bread 1/54 Slice X X 1/2 Cup X Peaches X X X X No 1 Cup 1 Cup No No	1 Cup X X X X X No No No No No No 1/2 Cup X X Mixed Veg X X 2 Slice X X Wheat Bread Wheat Bread X 1/54 Slice X X 1/2 Cup X X 1 Each X X X X X No 1 Cup 1 Cup No No No	1 Cup X X X X X Pinto Beans No No No No No No 1/2 Cup 1/2 Cup X X Mixed Veg X X 1 Cup 2 Slice X X Wheat Bread Wheat Bread X X 1/54 Slice X X X X X X 1 Each X X X X X X No 1 Cup 1 Cup No No No No	1 Cup X X X X X Pinto Beans X No No No No No 1/2 Cup No 1/2 Cup X X Mixed Veg X X 1 Cup Mixed Veg 2 Slice X X Wheat Bread Wheat Bread X X X 1/54 Slice X X X X X X X Y Y Peaches 1 Each X	1 Cup X X X X X Pinto Beans X 3/4 Cup No No No No No 1/2 Cup No No No 1/2 Cup X X Mixed Veg X X 1 Cup Mixed Veg 1 Cup 2 Slice X X Wheat Bread X X X X No 1/54 Slice X X X X X X X 1/2 Cup Peaches 1 Each X X X X X X X X No 1 Cup No No No No No No No	1 Cup X X X X X Pinto Beans X 3/4 Cup 3/4 Cup No No No No No 1/2 Cup No No No No 1/2 Cup X X Mixed Veg X X 1 Cup Mixed Veg Mixed Veg 2 Slice X X X Wheat Bread X X X No 1 Slice 1/54 Slice X X X X X X X X X X Y <	1 Cup X X X X X Y <td>1 Cup X X X X X X Pinto Beans X 3/4 Cup 3/4 Cup X X No No</td> <td>1 Cup X X X X X X Pinto Beans X 3/4 Cup 3/4 Cup X X X 3 WZ Poultry Pty No <t< td=""></t<></td>	1 Cup X X X X X X Pinto Beans X 3/4 Cup 3/4 Cup X X No No	1 Cup X X X X X X Pinto Beans X 3/4 Cup 3/4 Cup X X X 3 WZ Poultry Pty No No <t< td=""></t<>

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
Rice	1 Cup	Х	Х	1 1/4 Cup	Х	Х	Х	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Х	X
Carrots	1/2 Cup	Х	Х	Carrots Cooked	Х	Х	1 Cup	Carrots Cooked		1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	Х
Cornbread	1 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	Х
Cake	1/54 Cut	Х	Х	1/2 Cup Fruit	Х	Х	Х	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	Х
Beverage	1 Each	Х	Х	Х	X	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 14 Breakfast X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
									Oatmeal					Breakfast Sausa
Grilled Turkey Ham	1 WZ	Х	X	Х	Х	Х	No	Х	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 Slice
														Wheat Bread
Sliced Cheese	1 Slice	Х	X	X	X	Х	2 Slices	X	X	X	X	Х	X	1 Tbsp
														Apple Jelly
Biscuit	1 Each 1/54 Cut	Х	X	2 Slice	2 Slice	Х	Х	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Hash Browns	1 Cup	X	X	Х	X	X	X	X	No	No	No	No	No	1/2 Cup
														Beverage Juice
Apple Jelly	1 Tbsp	Х	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Milk
Beverage	1 Each	Х	X	Х	X	X	No	Χ	No	No	No	No	No	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

Lunch

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	Х	Х	Х	Х	3 WZ Chopped	1 Cup	Х	Х	Х	Х	Х	Х	4 WZ
							Pinto Beans							Burger Patty T G
Macaroni & Cheese	1 Cup	Χ	X	X	X	X	X	Χ	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1/2 Cup	2 Slice
													Pinto Beans	Wheat Bread
Mixed Vegetables	1/2 Cup	Χ	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
									Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Carrots Cooked
Biscuit	1 Each 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Chili Beans
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	Ketchup
Glazed Cake	1/54 Slice	Χ	X	1 Each	Х	X	X	1 Each	1 Each	1 Each	2 Each	2 Each	2 Each	2 Each
				Fresh Apple				Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

ReportDate:1/7/2021 1:19:28 PM

Dinner			<u> </u>											
-	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Mac	1 Cup	Х	Х	Х	Х	Х	6 WZ Vegan Vegetable	Х	Х	Х	Х	Х	3 WZ Poultry Pty	Х
Pinto Beans	1 Cup	Х	Х	1 1/4 Cup Plain Pintos	1 1/2 Cup	Х	Х	Х	No	No	1/3 Cup	1/3 Cup	1/3 Cup	Х
Corn Seasoned	1/2 Cup	Х	Х	Corn	X	Carrots	1 Cup	Х	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup d Carrots Cooked	Х
Cornbread	1 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	Х
Cake	1/54 Cut	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	Х
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-	No	1 Snack Snack [PBJ-WW

Breakfast

Cycle Day: 15

Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
1 Cup	Х	Х	X	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	3 WZ
								Grits					Scram Eggs
3 WZ	Χ	X	X	X	X	X	X	X	X	X	Χ	X	2 Slice
													Wheat Bread
1 Each 1/54 Cut	Х	X	2 Slice	2 Slice	Χ	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
			Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
1 Cup	Χ	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
													Fruit
1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
							Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1 Cup
													Milk
No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each
	No 1 Cup 3 WZ 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each No No	No No 1 Cup X 3 WZ X 1 Each 1/54 Cut X 1 Cup X 1 Tbsp X 1 Each X No 1 Cup No 1 Snack	No No No 1 Cup X X 3 WZ X X 1 Each 1/54 Cut X X 1 Cup X X 1 Tbsp X X 1 Each X X No 1 Cup 1 Cup No 1 Snack No	No No No No No 1 Cup X X X X 3 WZ X X X X 1 Each 1/54 Cut X X X 2 Slice Wheat Bread 1 Cup X X Grilld Potatoes 1 Tbsp X X X 1 Each X X X No 1 Cup 1 Cup 1 Cup No 1 Snack No No	No No No No No 1 Cup X X X X 3 WZ X X X X 1 Each 1/54 Cut X X 2 Slice Wheat Bread Wheat Bread 1 Cup X X Grilld Potatoes X 1 Tbsp X X X X 1 Each X X X X No 1 Cup 1 Cup 1 Cup No No 1 Snack No No No	No No<	No No<	No No<	No No No No No No No No No 1/2 Cup 1 Cup X	No No No No No No No No No 1/2 Cup 1/2 Cup 1 Cup X </td <td>No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1 Cup X X X X X X X X Grits 3 WZ X</td> <td>No No No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1 Cup X</td> <td>No No No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1/2 Cup 1 Cup X X X X X X X X Grits X Grits X Grits X</td>	No No No No No No No No 1/2 Cup 1/2 Cup 3/4 Cup 1 Cup X X X X X X X X Grits 3 WZ X	No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1 Cup X	No 1/2 Cup 1/2 Cup 3/4 Cup 1/2 Cup 1/2 Cup 1 Cup X X X X X X X X Grits X Grits X Grits X

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	Х	Х	X	Х	Х	6 WZ	Х	3/4 Cup	Х	Х	Х	Х	4 WZ
							Vegan Vegetable							Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each	2 Slice
													Corn Tortilla	Wheat Bread
Potato Salad	No	No	No	No	No	No	No	No	No	No	No	No	No	1/2 Cup
Chili Beans	1 Cup	Х	Х	X	Х	X	Х	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	Х	Carrots & Green
Carrots & Green Beans	1/2 Cup	Х	Х	Carrots & Green	Х	Х	1 Cup	Carrots & Green	1 Cup	No				
									Carrots & Green	Carrots & Green	Carrots & Green	Carrots & Green	Carrots & Greei	n
Peaches	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Cookie	1 Each	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Milk
Beverage	1 Each	Х	Х	X	Х	Х	Х	Х	Х	Х	Х	Х	Х	Mllk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

Dinner

Cycle Day: 15

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cass- Shephards Pie Filling2	1 Cup	Х	X	3 WZ Poultry Pty	X	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	Х	X	3 WZ Poultry Pty	X
Mashed Potatoes	1 Cup	Х	X	X	1 1/2 Cup Pinto Beans	Х	Х	X	No	No	3/4 Cup	3/4 Cup	X	X
Green Beans	1/2 Cup	Х	Х	Green Bean	Х	Х	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	Х
Biscuit	1 Each 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	X
Iced Cake	1/54 Slice	Х	Х	1/2 Cup Fruit	Х	Х	Х	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	Х
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF P0	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WW

Breakfast

Cycle Day: 16

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
									Oatmeal					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp	Χ	X	X	X	X	X	2 Slice
							Peanut Butter							Wheat Bread
Sliced Cheese	1 Slice	Х	X	X	X	Х	X	Χ	X	Х	X	X	X	1 Tbsp
														Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Noodle Casserole	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	Х	Х	3 WZ Poultry Pty	Cass Turkey Noc
Rotini	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Rice	No
Mixed Vegetables	1/2 Cup	Х	Х	Mixed Veg	Х	Х	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	1 Cup Peaches
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Milk
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	Х	Х	X	Х	Х	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	Х	Х	Poultry Pty	Х	Х	6 WZ	Х	X	Х	Х	Х	Х	Х
							Vegan Vegetable							
Au Gratin Potatoes	1 Cup	X	Х	Boiled Potatoes	1 1/2 Cup	Х	X	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Mashed Potatoes	X
					Pinto Beans									
Fried Cabbage	1/2 Cup	X	X	Cabbage	X	X	1 Cup	Cabbage	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Cabbage	Cabbage	Cabbage	Cabbage	Cabbage	
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	Х	X	Х	No	No	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread						Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	Х	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	4	Snack [WB-TH-/	7	Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 17 Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 Each
									Grits					Boiled Egg
Breakfast Gravy	1 Cup	Х	Х	Х	Х	Х	3 WZ	Х	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	Χ	X	2 Slice	3 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Hash Browns	1 Cup	Χ	Х	Х	Х	X	X	X	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	Χ	Х	Х	Х	X	Х	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
Beverage	1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Dogular	Dragnanav	Museriti Cumm	LELC/NAC	U:Fiber	Dantal Caft	Vari asta/Ova	NCC	DB4900	DB3300	DB2200 No UC	DB2500	ClutDetriet	Juvenile
Regular	Pregnancy	Nutriti Supp	LFLC/NAS	пігірег	Dental Soit	vegLacto/Ovo	NCS	DETOUU	DBZZUU	DB2200 NO RS	DD2300	GlutRStrict	Juvenne
1 Cup	X	X	X	X	X	Chili Beans	X	3 WZ	3 WZ	3 WZ	3 WZ	3 WZ	X
								Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	
No	No	No	No	No	No	1/2 Cup	No	1/2 Cup	3/4 Cup	1 Cup	1 Cup	1 Cup	No
												Pinto Beans	
1/2 Cup	X	X	Carrots & Green	X	X	1 Cup	Carrots & Green	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
								Carrots & Green	Carrots & Green	Carrots & Green	Carrots & Green	Carrots & Green	Peas/Carrots
1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
			Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1 Cup
			Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
1 Each	X	X	X	X	X	Х	X	X	X	X	X	X	1 Cup
													Milk
No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each
	No 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each No	1 Cup X No No 1/2 Cup X 1 1/54 Cut X 1/54 Slice X No 1 Cup	1 Cup X X No No No 1/2 Cup X X 1 1/54 Cut X X 1/54 Slice X X 1 Each X X No 1 Cup 1 Cup	1 Cup X X X No No No No 1/2 Cup X X Carrots & Green 1 1/54 Cut X X 2 Slice Wheat Bread 1/54 Slice X X 1/2 Cup Fruit 1 Each X X X No 1 Cup 1 Cup No	1 Cup X X X X No No No No No 1/2 Cup X X Carrots & Green X 1 1/54 Cut X X 2 Slice Wheat Bread Wheat Bread 1/54 Slice X X 1/2 Cup X Fruit X 1 Each X X X X No 1 Cup 1 Cup No No	1 Cup X X X X X No No No No No No 1/2 Cup X X Carrots & Green X X 1 1/54 Cut X X 2 Slice Wheat Bread X Wheat Bread X 1/54 Slice X X 1/2 Cup Fruit X X X 1 Each X X X X X X No 1 Cup 1 Cup No No No No	1 Cup X X X X X X Chili Beans No No No No No No 1/2 Cup 1/2 Cup X X Carrots & Green X X 1 Cup 1 1/54 Cut X X 2 Slice Wheat Bread X X X 1/54 Slice X X X X X X X 1 Each X X X X X X X No 1 Cup 1 Cup No No No No	1 Cup X X X X X Chili Beans X No No No No No 1/2 Cup No 1/2 Cup X X Carrots & Green X X 1 Cup Carrots & Green 1 1/54 Cut X X 2 Slice X X X X 1/54 Slice X X X X X X X X X X 1/2 Cup Fruit Fruit Fruit X <t< td=""><td>1 Cup X X X X X X Chili Beans X 3 WZ Poultry Pty No No No No No 1/2 Cup No 1/2 Cup 1/2 Cup X X Carrots & Green X X 1 Cup Carrots & Green 1 Cup 1 1/54 Cut X X 2 Slice X X X X 1 Slice Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Y X</td><td>1 Cup X X X X X X X Chili Beans X 3 WZ Poultry Pty Poultry Pty No No No No No 1/2 Cup No 1/2 Cup No 1/2 Cup 3/4 Cup 1/2 Cup X X X X X 1 Cup Carrots & Green 1 Cup Carrots & Green 1 Slice Wheat Bread Wheat Bread</td><td> 1 Cup</td><td> 1 Cup</td><td> 1 Cup</td></t<>	1 Cup X X X X X X Chili Beans X 3 WZ Poultry Pty No No No No No 1/2 Cup No 1/2 Cup 1/2 Cup X X Carrots & Green X X 1 Cup Carrots & Green 1 Cup 1 1/54 Cut X X 2 Slice X X X X 1 Slice Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Y X	1 Cup X X X X X X X Chili Beans X 3 WZ Poultry Pty Poultry Pty No No No No No 1/2 Cup No 1/2 Cup No 1/2 Cup 3/4 Cup 1/2 Cup X X X X X 1 Cup Carrots & Green 1 Cup Carrots & Green 1 Slice Wheat Bread Wheat Bread	1 Cup	1 Cup	1 Cup

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	Х	Х	3 WZ	Х	Х	6 WZ	Х	3 WZ	3 WZ	3 WZ	3 WZ	3 WZ	Х
				Salisbury Patty			Vegan Vegetable		Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	Poultry Pty	
BBQ Beans	1 Cup	X	Х	Chili Beans	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X
Cottage Fried Potatoes	1 Cup	Х	X	Grilld Potatoes	Х	Х	X	Grilld Potatoes	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Х
									Broccoli	Broccoli	Broccoli	Broccoli	Broccoli	
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice	1 Slice	1 Slice	3 Each	X
										Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	Х	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup	Χ	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	X	X	X	X	Х	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	4	Snack [WB-TH-	Δ	Snack [PBJ-WW

Breakfast

Cycle Day: 18

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ
									Oatmeal					Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice
														Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Tbsp
									Wheat Bread	Wheat Bread			Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	Х	X	Grilld Potatoes	X	Х	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	Х	Х	Х	Х	3 WZ Chopped	6 WZ	Х	X	Х	Х	Х	Х	Salisbury Patty T
• •							Vegan Vegetable							
Gravy	1/4 Cup	Х	Х	Х	Х	Х	No	Х	1 FZ	Х	Х	X	No	1 FZ
Mashed Potatoes	1 Cup	Х	Х	Х	1 1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	Х	1/2 Cup	Х	1/2 Cup
					Pinto Beans									
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	Wheat Bread
									Wheat Bread	Wheat Bread			Corn Tortilla	
Cake	1/54 Cut	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	Х	Х	Х	Х	Х	X	Х	X	Х	Х	Х	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 18 Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Enchilada Casserole	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3 WZ	3 WZ	3/4 Cup	3/4 Cup	3 WZ	Х
									Poultry Pty	Poultry Pty			Poultry Pty	
Seasoned Rice	1 Cup	X	Х	1 1/4 Cup	1 1/2 Cup	Х	X	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	X
				Rice	Pinto Beans									
Corn Seasoned	1/2 Cup	X	Х	Corn	X	Carrots	1 Cup	Х	1 Cup	Х				
									Carrots Cooked					
Cornbread	1 1/54 Cut	X	Х	2 Slice	2 Slice	Х	X	Х	No	1 Slice	1 Slice	1 Slice	3 Each	Х
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	X	X	X	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	X	X
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Х
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	;
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	7	Snack [WB-TH-/	Δ	Snack [PBJ-WW

Diet SpreadSheet X-format

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

Cycle Day: 19

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
Breakfast Gravy	1 Cup	Χ	X	X	X	X	3 WZ	Χ	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Margarine	1 Tbsp	Χ	Х	X	Х	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	1/2 Cup
														Peaches
Beverage	1 Each	Χ	X	X	X	Х	No	Χ	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Stir Fry	3/4 Cup	X	Х	Х	Х	Х	1 Cup Pinto Beans	Х	Х	Х	X	X	Х	Stir Fry
Rice	1 Cup	Х	Х	1 1/4 Cup	1 1/2 Cup Pinto Beans	Х	Х	Х	1/3 Cup	1/3 Cup	3/4 Cup	1/2 Cup	Х	Brown Rice
Carrots	1/2 Cup	Х	Х	Carrots Cooked	Х	Х	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Dinner

Cycle Day: 19

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	Х	X	X	Х	3 WZ Chopped	1 Cup	Х	Х	X	Х	Х	Х	X
							Pinto Beans							
Gravy	1/4 Cup	Χ	Х	X	Х	X	No	X	1 FZ	X	X	X	No	X
Mashed Potatoes	1 Cup	Х	Х	Х	1 1/2 Cup Pinto Beans	Х	Х	Х	No	No	1/2 Cup	1/2 Cup	Х	Х
Green Beans	1/2 Cup	Х	Х	Green Bean	Х	Х	1 Cup	Green Bean	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	
Biscuit	1 Each 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Χ	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	Χ	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	X	Х	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P	c
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	Δ	Snack [WB-TH-A	4	Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 20 Breakfast X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ
									Oatmeal					Scram Eggs
Grilled Turkey Ham	1 WZ	Х	Х	Х	Х	Х	No	Х	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 Slice
														Wheat Bread
Sliced Cheese	1 Slice	Х	X	X	X	Х	2 Slices	Χ	X	X	X	X	X	1 Tbsp
														Apple Jelly
Biscuit	2 Each 1/54 Cut	Χ	X	2 Slice	3 Slice	X	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Hash Browns	1 Cup	Χ	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup
														Beverage Juice A
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

Luncn														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	X	Х	Х	Х	Х	6 WZ	Х	X	Х	Х	Х	Х	Х
							Vegan Vegetable							
Hamburger Bun	1 Each	X	X	2 Slice	2 Slice	Х	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Pinto Beans	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup	Х	X	Χ	1/2 Cup	1/2 Cup	X	3/4 Cup	3/4 Cup	X
				Plain Pintos										
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Salad Macaroni
Iced Cake	1/54 Slice	X	Х	1/2 Cup	X	Х	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1 Cup
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Broccoli
Beverage	1 Each	X	X	X	X	Х	X	Χ	X	X	X	Х	X	1 Cup
														Fruit
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	Х	Х	X	X	Х	Pinto Beans	Х	Х	Х	Х	Х	3 WZ	X
													Poultry Pty	
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	No
Mixed Vegetables	1/2 Cup	Х	Х	Mixed Veg	Х	Х	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Х
									Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	Х	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	Х
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	X	Х	Х	Х	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A		Snack [WB-TH-A	7	Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 21

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Brea	kfast
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	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	Х	X	Х	Х	X	Grits	1/2 Cup	X	Grits	X	Grits	2 WZ
									Grits					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	Х	Х	2 Tbsp	X	X	X	X	Χ	X	2 Slice
							Peanut Butter							Wheat Bread
Pancakes	2 Each	X	X	X	Х	X	X	X	1 Each	1 Each	1 Each	Χ	3 Each	1 Tbsp
													Corn Tortilla	Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup		Fruit
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Lunch														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	Chili
Rice	1 Cup	Х	Х	1 1/4 Cup	Х	Х	X	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Х	1/2 Cup
														Brown Rice
Seasoned Cabbage	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
														Cabbage & Carro
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Cookie	1 Each	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	Х	X	X	X	X	Х	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ	Х
							Vegan Vegetable						Poultry Pty	
Rice	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup	No
Broccoli	1/2 Cup	Х	Х	Х	Х	Х	1 Cup	Х	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Х
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	Х	No	No	1 Slice	1 Slice	3 Each	X
											Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup	Х	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	Х	X	Х	Х	Х	X	X	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	7	Snack [WB-TH-A	7	Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 22

Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	3 WZ
									Grits					Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ	Χ	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	Х	X	2 Slice	3 Slice	X	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Hash Browns	1 Cup	X	X	X	X	Х	X	Χ	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	Χ	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Luiioii														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Mac	1 Cup	X	X	X	Χ	Х	X	X	X	X	X	Х	3 WZ	1 1/2 Cup
													Poultry Pty	
Pinto Beans	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup	Χ	X	X	1/2 Cup					
				Plain Pintos										
Carrots	1/2 Cup	X	X	Carrots Cooked	Х	X	1 Cup	Carrots Cooked	1 Cup					
									Carrots Cooked					
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Glazed Cake	1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches						
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Tetrazini	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	Х	Х	Х	Х	3 WZ	Х
													Poultry Pty	
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
													Mashed Potatoes	
Mixed Vegetables	1/2 Cup	Χ	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
Biscuit	1 Each 1/54 Cut	X	X	2 Slice	2 Slice	X	X	Χ	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	Х	X
Cookie	1 Each	Х	X	1/2 Cup	X	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	7	Snack [WB-TH-A	1	Snack [PBJ-WW

Cycle Day: 23
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
									Oatmeal					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	Χ	X	X	Х	X	2 Tbsp	X	X	X	X	X	X	2 Slice
							Peanut Butter							Wheat Bread
Sliced Cheese	1 Slice	Х	X	X	X	X	X	X	X	X	X	Х	X	1 Tbsp
														Apple Jelly
Biscuit	2 Each 1/54 Cut	Χ	X	2 Slice	3 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Apple Jelly	1 Tbsp	Χ	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice
Beverage	1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Luiicii														
	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry & Rice	1 Cup	X	X	X	X	Х	Pinto Beans	Χ	X	Х	X	Х	3 WZ	Rice Fried Turke
													Poultry Pty	
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
Mixed Vegetables	1/2 Cup	Х	X	Mixed Veg	X	Х	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
									Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	1 Slice	3 Each	Wheat Bread
									Wheat Bread	Wheat Bread		Wheat Bread	Corn Tortilla	
Iced Cake	1/54 Slice	X	X	1 Each	X	Х	X	1 Each	1 Each	1 Each	2 Each	2 Each	2 Each	2 Each
				Fresh Apple				Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple	Fresh Apple
Beverage	1 Each	X	X	X	X	Х	X	Χ	X	Х	X	Х	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Diet SpreadSheet X-format

Cycle Day: 23

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Red Chili Stew	1 Cup	X	Х	Х	Х	Х	6 WZ Vegan Vegetable	Х	Х	X	Х	Х	Х	Х
Pinto Beans	1 Cup	Х	Х	1 1/4 Cup Plain Pintos	1 1/2 Cup	Х	Х	Х	No	No	No	No	No	Х
Corn Seasoned	1/2 Cup	Х	X	Corn	Х	Carrots	1 Cup	Х	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	Х
Cornbread	1 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	X	Х	1 Tsp	No	No	Х	1 FZ	Х	X
Cake	1/54 Cut	Х	Х	1/2 Cup Peaches	Х	Х	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	Х
Beverage	1 Each	Х	Х	X	Х	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH-A	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WW

Diet SpreadSheet X-format

Cycle Day: 24

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfas	t
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	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	Х	Х	X	X	X	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 Each
									Oatmeal					Boiled Egg
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice
														Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	Wheat Bread	3 Each	1 Tbsp
									Wheat Bread	Wheat Bread			Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	Х	Х	Х	Х	3 WZ Chopped	1 Cup	Х	Х	Х	Х	Х	Х	4 WZ
							Pinto Beans							Burger Patty T G
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	2 Slice Wheat Bread
Mashed Potatoes	1 Cup	Χ	X	X	1 1/2 Cup Pinto Beans	X	Х	X	No	No	3/4 Cup	1/2 Cup	Х	Cabbage & Carro
Peas & Carrots	1/2 Cup	Х	X	Peas/Carrots	X	X	1 Cup	Peas/Carrots	1 Cup Peas/Carrots	Potato Salad				
Biscuit	1 Each 1/54 Cut	Х	Х	2 Slice Wheat Bread	2 Slice Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Ketchup
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1 Cup Peaches
Cookie	1 Each	Х	X	1/2 Cup Peaches	X	X	Х	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Milk
Beverage	1 Each	Х	Х	Х	Х	Х	Х	X	Х	Х	Х	Х	Х	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

Cycle Day: 24

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	Х	Х	Х	X	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ	X
													Poultry Pty	
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	No
Green Beans	1/2 Cup	Х	Х	Green Bean	Х	Х	1 Cup	Green Bean	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	Х	X	Χ	No	No	1 Slice	1 Slice	3 Each	X
											Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Iced Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
				Fruit				Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Beverage	1 Each	X	Х	X	X	Х	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P	С
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	\	Snack [WB-TH-A	7	Snack [PBJ-WW

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

Cycle Day: 25

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	X	Х	X	X	Grits	1/2 Cup	Х	Grits	Х	Grits	3 WZ
									Grits					Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ	Χ	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ	2 Slice
							Scram Eggs						Scram Eggs	Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice	3 Slice	X	X	Χ	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup
														Peaches
Beverage	1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Stroganoff Casserole	1 Cup	Х	Х	Х	Х	Х	Pinto Beans	Х	3/4 Cup	3/4 Cup	Х	Х	3 WZ	1 1/2 Cup
													Poultry Pty	Stroganoff
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
													Mashed Potatoes	
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
									Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	Green Bean
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	Wheat Bread	1 Slice	3 Each	Wheat Bread
									Wheat Bread	Wheat Bread		Wheat Bread	Corn Tortilla	
Iced Cake	1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	X	X	X	X	X	Х	X	X	X	X	Χ	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 25

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	Х	Х	X	X	Х	6 WZ	Х	X	Х	Х	Х	3 WZ	X
							Vegan Vegetable						Poultry Pty	
Rotini	3/4 Cup	Х	X	Х	X	Х	X	Х	No	No	1/2 Cup	1/2 Cup	1 Cup	X
													Rice	
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	Х	1 Cup	Mixed Veg	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
									Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	Mixed Veg	
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	X	X
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	X	Х	X	Х	No	No	No	No	No	Х
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	7	Snack [WB-TH-A		Snack [PBJ-WW

Diet SpreadSheet X-format

Cycle Day: 26
Breakfast

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
Egg Scrambled	3 WZ	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	2 Slice
														Wheat Bread
Biscuit	1 Each 1/54 Cut	Χ	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1 Tbsp
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Apple Jelly
Cottage Fried Potatoes	1 Cup	Χ	Х	Grilld Potatoes	Х	Х	Х	Grilld Potatoes	No	No	No	No	No	1/2 Cup
														Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1/2 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Beverage Juice /
Beverage	1 Each	Χ	X	X	X	X	No	X	No	No	No	No	No	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	Х	Х	Х	Х	3 WZ Chopped	6 WZ	Х	Х	Х	Х	Х	Х	Salisbury Patty T
							Vegan Vegetable							
Macaroni & Cheese	1 Cup	X	X	X	Х	X	X	X	1/2 Cup	3/4 Cup	X	X	1/2 Cup	1/2 Cup
													Pinto Beans	Macaroni & Chee
Carrots	1/2 Cup	X	Х	Carrots Cooked	Χ	Х	1 Cup	Carrots Cooked	1 Cup	2 Slice				
									Carrots Cooked	Wheat Bread				
Cornbread	1 1/54 Cut	X	X	2 Slice	2 Slice	X	X	X	1 Slice	1 Slice	2 Slice	1 Slice	3 Each	1 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Carrots Cooked
Glazed Cake	1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1 Cup
				Fruit				Fruit						
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Y =

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

Cycle Day: 26

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	Х	Х	Х	X	Х	Pinto Beans	Χ	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Rice	1 Cup	Х	Х	1 1/4 Cup	X	Х	Х	Х	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Х	X
Corn Seasoned	1/2 Cup	Х	Х	Corn	Х	Carrots	1 Cup	Х	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Х
									Carrots Cooked	Carrots Cooked	Carrots Cooked	Carrots Cooked	Carrots Cooke	d
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	No	No	No	No	No	X
Margarine	1 Tbsp	Х	Х	Х	Х	Х	X	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	X
Iced Cake	1/54 Slice	Х	Х	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	Х
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	Х	Х	Х	Х	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF P	С
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-	Δ	Snack [WB-TH-A		Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 27

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Breakfast

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	Х	Х	Х	Х	Х	Х	Grits	1/2 Cup	Х	Grits	Х	Grits	2 WZ
									Grits					Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	Х	X	X	2 Tbsp	Χ	X	X	X	X	Х	2 Slice
							Peanut Butter							Wheat Bread
Pancakes	2 Each	Х	X	X	X	Х	X	Χ	X	1 Each	1 Each	X	3 Each	1 Tbsp
													Corn Tortilla	Apple Jelly
Syrup	1/4 Cup	Х	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	Х	1/2 Cup
								Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup	Diet Syrup		Fruit
Beverage	1 Each	Х	X	Х	X	X	No	X	No	No	No	No	No	1/2 Cup
														Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	Х	Х	Х	Х	Х	6 WZ	Х	3/4 Cup	Х	X	Х	Х	4 WZ
							Vegan Vegetable							Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	2 Slice
														Wheat Bread
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	X	1/2 Cup
														Pinto Beans
Coleslaw	1/2 Cup	X	X	X	X	X	X	X	X	1 Cup	1 Cup	1 Cup	X	No
Coleslaw	No	No	No	No	No	No	No	No	No	No	No	No	No	1/2 Cup
Cake	1/54 Cut	Х	Х	1/2 Cup	Х	Х	Х	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	Х	X	Х	Х	X	X	Х	X	X	X	Х	Х	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 27

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	Х	Х	Poultry Pty	X	X	6 WZ Vegan Vegetable	Χ	Х	X	Х	Х	Х	Х
Ranch Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	Х	X	Х	1/2 Cup	1/2 Cup	×	X	Х	X
Broccoli	1/2 Cup	Х	Х	Х	Х	Х	1 Cup	Х	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Х
Bread	2 Slice	Х	Х	Wheat Bread	Wheat Bread	Х	Х	Х	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Х
Margarine	1 Tbsp	Х	Х	Х	Х	Х	Х	1 Tsp	1 Tsp	1 FZ	Х	1 FZ	Х	X
Glazed Cake	1/54 Slice	Х	Х	1/2 Cup Fruit	Х	Х	Х	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	Х
Beverage	1 Each	Х	X	Х	Х	Х	Х	Х	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A	1 Snack Snack [WB-TH- <i>A</i>	No	1 Snack Snack [WB-TH-A	No	1 Snack Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Diet SpreadSheet X-format

Cycle Day: 28

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

B	rea	kfa	st

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	Х	Х	Х	Х	Х	Х	Oatmeal	1/2 Cup	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ
									Oatmeal					Breakfast Sausa
Grilled Turkey Ham	1 WZ	Χ	X	X	X	X	No	X	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 WZ Slice	2 Slice
														Wheat Bread
Sliced Cheese	1 Slice	X	Х	X	X	Х	2 Slices	X	X	X	X	X	X	1 Tbsp
														Apple Jelly
Biscuit	2 Each 1/54 Cut	Χ	Х	2 Slice	3 Slice	Х	X	Х	1 Slice	1 Slice	2 Slice	2 Slice	3 Each	1/2 Cup
				Wheat Bread	Wheat Bread				Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup
														Beverage Juice A
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each	1 Each	1 Each	1 Each	1 Each	X	1 Cup
								Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly	Diet Jelly		Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	MIlk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	Х	Х	Х	Х	Х	6 WZ	Х	Х	Х	Х	Х	Х	Х
							Vegan Vegetable							
Hamburger Bun	1 Each	X	X	2 Slice	2 Slice	X	X	Х	No	1 Slice	2 Slice	2 Slice	3 Each	2 Slice
				Wheat Bread	Wheat Bread					Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	Wheat Bread
Oven Browned Potatoes	1/2 Cup	X	X	X	X	X	X	X	X	X	3/4 Cup	X	1 Cup	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	Χ	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
Iced Cake	1/54 Slice	X	X	1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	1 Cup
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	Peaches
Beverage	1 Each	Х	X	X	X	Χ	X	Х	Х	Х	X	Χ	X	1 Cup
														Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
ALT Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 28

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cheeseburger Casserole	1 Cup	Х	X	3 WZ	Х	Х	6 WZ	X	3 WZ	X				
				Poultry Pty			Vegan Vegetable		Poultry Pty					
Pinto Beans	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup	X	X	X	No	1/3 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
				Plain Pintos										
Carrots	1/2 Cup	Х	X	Carrots Cooked	Х	X	1 Cup	Carrots Cooked	1 Cup	X				
									Carrots Cooked					
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice	1 Slice	1 Slice	1 Slice	3 Each	X
									Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Corn Tortilla	
Margarine	1 Tbsp	Х	Х	X	X	X	Х	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup	Х	Х	X	1/2 Cup	1/2 Cup	3/4 Cups	3/4 Cups	3/4 Cups	3/4 Cups	X
				Peaches				Peaches	Peaches	Peaches	Peaches	Peaches	Peaches	
Beverage	1 Each	X	Х	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each	No
													Beverage SF PC	;
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack	No	No	No	No	No	1 Snack	1 Snack	No	1 Snack	No	1 Snack
			Snack 196						Snack [WB-TH-A	Snack [WB-TH-A	4	Snack [WB-TH-A		Snack [PBJ-WW

Okaloosa County Unit 30152 SE

Juvenile

Week 1

Trillity Serv	11003 0	лоир		O i	laioose	County on	11 00 102		0.0	AVEILLE	Δt	tachment 4	CCK I
Thursda	ay	Friday	,	Saturda	ıy	Sunda	y	Monda	y	Tuesda	ıy	Wedneso	day
Breakfast	t												
Scrambled Eggs Wheat Bread Jelly Applesauce Orange Juice Milk Alt. Milk Chocolate Skim	3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each	Breakfast Sausage Wheat Bread Jelly Peaches Apple Juice Milk Alt. Milk Chocolate Skim	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each	Boiled Egg Wheat Bread Jelly Peaches Orange Juice Milk Alt. Milk Chocolate Skim	2 Each 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each	Scrambled Eggs Wheat Bread Jelly Applesauce Apple Juice Milk Alt. Milk Chocolate Skim	3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Cup	Breakfast Sausage Wheat Bread Jelly Peaches Orange Juice Milk Alt. Milk Chocolate Skim	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each	Alt. Milk Chocolate Skim Scrambled Eggs Wheat Bread Jelly Peaches Apple Juice Milk	1 Each 3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Alt. Milk Chocolate Skim Breakfast Sausage Wheat Bread Jelly Applesauce Orange Juice Milk	1 Each 2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup
Lunch		Skiiii		Skiiii		Skiiii		Skiiii					
Sloppy Joe Wheat Bread Potato Salad Carrots Fruit Milk Alt. Milk Chocolate Skim	3/4 Cup 2 Slice 1/2 Cup 1 Cup 2 Each 1 Cup 1 Each	Stew Red Chili Brown Rice Mixed Vegetables Wheat Bread Applesauce Milk Alt. Milk Chocolate Skim	1 Cup 1/2 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Cup	Meatloaf Mashed Potatoes Gravy Wheat Bread Cabbage & Carrots Peaches Milk Alt. Milk Chocolate Skim	3 WZ 3/4 Cup 1 FZ 2 Slice 1 Cup 1 Cup 1 Cup 1 Cup	T Ham & Pinto Beans Coleslaw Wheat Bread Peaches Milk Alt. Milk Chocolate Skim	1 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Each	Burger Patty Wheat Bread Carrots Salad Pasta WG Ketchup Fruit Milk Alt. Milk Chocolate Skim	4 WZ 2 Slice 1 Cup 1/2 Cup 1 Tbsp 2 Each 1 Cup 1 Each	Stew Country Brown Rice Green Beans Wheat Bread Peaches Milk Alt. Milk Chocolate Skim	1 Cup 1/2 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Each	Burger Patty Wheat Bread Pinto Beans Broccoli Peaches Milk Alt. Milk Chocolate Skim	4 WZ 2 Slice 1/2 Cup 1 Cup 1 Cup 1 Cup 1 Cup
Dinner Spaghetti Broccoli Bread Margarine Iced Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each 1 Snack	Meat Mac & Cheese Seasoned Corn Cornbread Margarine Glazed Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each 1 Snack	Turkey à la King Rice Pilaf Peas Biscuit Margarine Cookie Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each 1 Each 1 Snack	Chicken Patty Country Gravy Cottage Fried Potatoes Glazed Carrots Bread Margarine Glazed Cake Beverage Snack [PBJ-WW-AJ/4]	1 Each 1/4 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each 1 Snack	Picadillo Casserole Pinto Beans Cornbread Margarine Iced Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each 1 Snack	Shephards Pie Mashed Potatoes Peas & Carrots Bread Margarine Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Cut 1 Each 1 Snack	Enchilada Casserole Seasoned Rice Chili Beans Cornbread Margarine Cookie Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1 Cup 1 1/54 Cut 1 Tbsp 1 Each 1 Each 1 Snack

Dietary Consultant

sultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Juvenile

Week 2

Tilling Serv	rices C	ioup		Or	vaioose	a County On	10010		50	IVEIIIIE	Δti	achment 4	CK Z
Thursda	ау	Friday	,	Saturda	y	Sunda	у	Monda	у	Tuesda		Wedneso	day
Breakfast	t												
Alt. Milk Chocolate Skim Scrambled Eggs Wheat Bread Ielly Peaches Orange Juice Milk	1 Each 3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Alt. Milk Chocolate Skim Breakfast Sausage Wheat Bread Jelly Peaches Orange Juice Milk	1 Each 2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Alt. Milk Chocolate Skim Boiled Egg Wheat Bread Jelly Applesauce Apple Juice Milk	1 Each 2 Each 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Alt. Milk Chocolate Skim Scrambled Eggs Wheat Bread Jelly Peaches Orange Juice Milk	1 Each 3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Breakfast Sausage Wheat Bread Jelly Peaches Apple Juice Milk Alt. Milk Chocolate Skim	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each	Alt. Milk Chocolate Skim Breakfast Sausage Wheat Bread Jelly Applesauce Orange Juice Milk	1 Each 2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Breakfast Sausage Wheat Bread Jelly Peaches Apple Juice Milk Alt. Milk Chocolate Skim	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each
Lunch													
Spaghetti Carrots Wheat Bread Applesauce Milk Alt. Milk Chocolate Skim	1 1/2 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Each	Burger Patty Pinto Beans Wheat Bread Coleslaw Peaches Milk Alt. Milk Chocolate Skim	4 WZ 1 Cup 2 Slice 1/2 Cup 1 Cup 1 Cup 1 Each	Salisbury Patty Mashed Potatoes Gravy Wheat Bread Broccoli Peaches Milk Alt. Milk Chocolate Skim	3 WZ 1/2 Cup 1 FZ 2 Slice 1 Cup 1 Cup 1 Cup 1 Cup	Turkey & Rice Mixed Vegetables Wheat Bread Applesauce Milk Alt. Milk Chocolate Skim	1 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Cup	Stew Country Rotini Whole Grain Cabbage & Carrots Wheat Bread Peaches Milk Alt. Milk Chocolate Skim	1-1/2 Cup 1/2 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Each	Turkey Noodle Mixed Vegetables Wheat Bread Peaches Milk Alt. Milk Chocolate Skim	1 Cup 1 Cup 2 Slice 1 Cup 1 Cup 1 Cup	Burger Patty Wheat Bread Carrots Chili Beans Ketchup Fruit Milk Alt. Milk Chocolate Skim	4 WZ 2 Slice 1 Cup 1/2 Cup 1 Tbsp 2 Each 1 Cup 1 Each
Dinner													
Red Chili Stew Pinto Beans Broccoli Cornbread Margarine Glazed Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each 1 Snack	Turkey Ham BBQ Beans Carrots Cornbread Margarine Cake Beverage Snack [PBJ-WW-AJ/4]	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each 1 Snack	Goulash Casserole Pinto Beans Carrots Cornbread Margarine Glazed Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each 1 Snack	Chicken Patty Cottage Fried Potatoes BBQ Beans Hamburger Bun Dressing Salad Cake Beverage Snack [PBJ-WW-AJ/4]	1 Each 1 Cup 1 Cup 1 Each 1 Tbsp 1/54 Cut 1 Each 1 Snack	Meat Mac & Cheese Peas & Carrots Bread Margarine Glazed Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each 1 Snack	Chili Con Carne Rice Carrots Cornbread Margarine Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each 1 Snack	Chili Mac Pinto Beans Seasoned Corn Cornbread Margarine Cake Beverage Snack [PBJ-WW-AJ/4]	1 Cup 1 Cup 1/2 Cup 1 1/54 Cu 1 Tbsp 1/54 Cut 1 Each 1 Snack

Dietary Consultant

tant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Juvenile

Week 3

Tilling Oct						a obuilty oil						achment 4	
Thursda	ay	Friday		Saturda	ıy	Sunday	/	Monda	у	Tuesda	y	Wedneso	day
Breakfast	t												
Scrambled Eggs Wheat Bread	3 WZ 2 Slice	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each
	1 Tbsp	Breakfast Sausage	2 WZ	Boiled Egg	2 Each	Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ	Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ
Jelly	•	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice
Applesauce	1/2 Cup	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp
Orange Juice	1/2 Cup	Peaches	1/2 Cup	Peaches	1/2 Cup	Applesauce	1/2 Cup	Peaches	1/2 Cup	Peaches	1/2 Cup	Applesauce	1/2 Cup
Milk	1 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup
Alt. Milk Chocolate Skim	1 Each	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup
Lunch													
Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Stir Fry Brown Rice	3/4 Cup 1 Cup	Alt. Milk Chocolate Skim	1 Each	Chili Brown Rice	1 Cup 1/2 Cup
Burger Patty	4 WZ	Turkey Noodle	1 Cup	Chili Mac	1 Cup	Salisbury Patty	3 WZ	Carrots	1 Cup	Sloppy Joe	3/4 Cup	Cabbage & Carrots	1 Cup
Wheat Bread	2 Slice	Mixed Vegetables	1 Cup	Peas & Carrots	1 Cup	Gravy	1 FZ	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice
Potato Salad	1/2 Cup	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Mashed Potatoes	1/2 Cup	Peaches	1 Cup	Pinto Beans	1 Cup	Peaches	1 Cup
Carrots & Green	1 Cup	Peaches	1 Cup	Applesauce	1 Cup	Broccoli	1 Cup	Milk	1 Cup	Macaroni Salad	1/2 Cup	Milk	1 Cup
Beans		Milk	1 Cup	Milk	1 Cup	Wheat Bread	2 Slice	Alt. Milk Chocolate	1 Each	Broccoli	1 Cup	Alt. Milk Chocolate	1 Each
Peaches	1 Cup					Peaches	1 Cup	Skim	1 EUCH	Applesauce	1 Cup	Skim	1 EUCH
Milk	1 Cup					Milk	1 Cup			Milk	1 Cup		
Dinner		1											
Shephards Pie	1 Cup	Turkey Ham	3 WZ	Chicken Patty	1 Each	Enchilada Casserole	1 Cup	Meatloaf	3 WZ	Country Stew	1 Cup	Spaghetti	1 Cup
Mashed Potatoes	1 Cup	Au Gratin Potatoes	1 Cup	BBQ Beans	1 Cup	Seasoned Rice	1 Cup	Gravy	1/4 Cup	Mixed Vegetables	1/2 Cup	Broccoli	1/2 Cup
Green Beans	1/2 Cup	Fried Cabbage	1/2 Cup	Cottage Fried	1 Cup	Seasoned Corn	1/2 Cup	Mashed Potatoes	1 Cup	Cornbread	1 1/54 Cut	Bread	2 Slice
Biscuit	1 Each 1/54	Cornbread	1 1/54 Cut	Potatoes		Cornbread	1 1/54 Cut	Green Beans	1/2 Cup	Margarine	1 Tbsp	Margarine	1 Tbsp
	Cut	Margarine	1 Tbsp	Bread	2 Slice	Margarine	1 Tbsp	Biscuit	1 Each 1/54	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice
Margarine	1 Tbsp	Cake	1/54 Cut	Margarine	1 Tbsp	Glazed Cake	1/54 Slice		Cut	Beverage	1 Each	Beverage	1 Each
Iced Cake	1/54 Slice	Beverage	1 Each	Cookie	1 Each	Beverage	1 Each	Margarine	1 Tbsp	Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack
Beverage	1 Each	Snack [PBJ-WW-AJ/4]		Beverage	1 Each		1 Snack	Cake	1/54 Cut				
Snack [PBJ-WW-AJ/4]	1 Snack			Snack [PBJ-WW-AJ/4]	1 Snack			Beverage	1 Each				
- · ·								Snack [PBJ-WW-AJ/4]	1 Snack				

Dietary Consultant

Inaugaret J. Kirch RD, LDN

Approval Date

Okaloosa County Unit 30152 SE

Juvenile

Week 4

## Thursday Friday Saturday Saturday Sunday Sunday Sunday Sunday Tuesday V	Tillity Serv	ices G	roup		Or	(alous	a County On	11 30 132	2 3E	J	uverille	Δt	achment 4	eek 4
Alt. Milk Chocolate 1 Each Skim	Thursday	y	Friday	•	Saturda	ıy	Sunda	у	Monda	у	Tuesda		Wedneso	day
Skim	Breakfast													
Chili Mac 1 1/2 Cup Mixed Vegetables 1 Cup Mi	Skim ambled Eggs leat Bread Y aches ange Juice	3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup	Skim Breakfast Sausage Wheat Bread Jelly Peaches Orange Juice	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup	Skim Boiled Egg Wheat Bread Jelly Applesauce Apple Juice	2 Each 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup	Skim Scrambled Eggs Wheat Bread Jelly Peaches Orange Juice	3 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup	Wheat Bread Jelly Peaches Apple Juice Milk Alt. Milk Chocolate	2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Wheat Bread Jelly Applesauce Orange Juice Milk Alt. Milk Chocolate	2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup	Peaches Apple Juice Milk Alt. Milk Chocolate	2 WZ 2 Slice 1 Tbsp 1/2 Cup 1/2 Cup 1 Cup 1 Each
Printo Beans 1/2 Cup Mixed Vegetables 1 Cup Wheat Bread 2 Slice Cabbage & Carrots 1 Cup Wheat Bread 2 Slice Gabage & Carrots 1 Cup Wheat Bread 2 Slice Fruit 2 Each Potato Salad 1/2 Cup Peaches 1 Cup Milk 1 Cup Alt. Milk Chocolate Skim Milk 1 Cup Alt. Milk Chocolate Skim Skim Skim Skim Skim Skim Skim Skim	Lunch													
Turkey Tetrazini 1 Cup Red Chili Stew 1 Cup Spaghetti 1 Cup Green Beans 1/2 Cup Rotini 3/4 Cup Seasoned Corn 1/2 Cup Broccoli 1/2 Cup Rotini 1/2 Cup Rotini 3/4 Cup Rotini	to Beans crots leat Bread aches k Milk Chocolate	1/2 Cup 1 Cup 2 Slice 1 Cup 1 Cup	Mixed Vegetables Wheat Bread Fruit Milk Alt. Milk Chocolate	1 Cup 2 Slice 2 Each 1 Cup	Wheat Bread Cabbage & Carrots Potato Salad Ketchup Peaches Milk Alt. Milk Chocolate	2 Slice 1 Cup 1/2 Cup 1 Tbsp 1 Cup 1 Cup	Green Beans Wheat Bread Peaches Milk Alt. Milk Chocolate	1 Cup 2 Slice 1 Cup 1 Cup	Macaroni & Cheese Wheat Bread Carrots Applesauce Milk Alt. Milk Chocolate	1/2 Cup 2 Slice 1 Cup 1 Cup 1 Cup	Wheat Bread Pinto Beans Coleslaw Peaches Milk Alt. Milk Chocolate	2 Slice 1/2 Cup 1/2 Cup 1 Cup 1 Cup	Peaches Milk Alt. Milk Chocolate	3/4 Cup 2 Slice 1/2 Cup 1 Cup 1 Cup 1 Cup 1 Cup
Mixed Vegetables 1/2 Cup Pinto Beans 1 Cup Green Beans 1/2 Cup Biscuit 1 Each 1/54 Seasoned Corn 1/2 Cup Cut Cornbread 1 1/54 Cut Margarine 1 Tbsp Cookie 1 Each 1/54 Cut Beverage 1 Each Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack Snack [PBJ-WW-AJ/4] 1 Sn	Dinner													
Snack [PBJ-WW-AJ/4] 1 Snack	key Tetrazini xed Vegetables cuit rgarine okie	1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each	Pinto Beans Seasoned Corn Cornbread Margarine	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut	Green Beans Bread Margarine Iced Cake Beverage	1/2 Cup 2 Slice 1 Tbsp 1/54 Slice	Rotini Mixed Vegetables Cornbread Margarine	3/4 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice	Rice Seasoned Corn Bread Margarine	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice	Ranch Beans Broccoli Bread Margarine	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice	Bread Margarine	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1 Each
Shark [ros]	ŭ		"		Snack [PBJ-WW-AJ/4]	1 Snack					1			1 Each 1 Each 1 Snack

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Kosher

her Attachment 4 Week 1

······································		ТОСР				a county on.				001101	Δt	tachment 4	JOIN 1
Thursda	ay	Friday	,	Saturd	ay	Sunda	y	Monda	y	Tuesda		Wedneso	day
Breakfast	t												
Kosher Cheese Omelet Meal - KG Fruit Dairy Drink PC	1 Ea 1 Each 1 Each	Kosher Spanish Omlet W Potatoes Pancakes Fruit Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Pancakes, Oatmeal & Hashbrowns Fruit Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Cheese Omelet Meal - KG Fruit Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Spanish Omlet W Potatoes Pancakes Fruit Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Pancakes, Oatmeal & Hashbrowns Fruit Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Cheese Omelet Meal - KG Fruit Dairy Drink PC	1 Ea 1 Each 1 Each
Lunch													
Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie Dairy Drink PC	18 Ounce 1 Each 1 Each	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each
Dinner													
Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each
		Dairy Drink PC	1 Each							Dairy Drink PC	1 Each		

Dietary Consultant

Inaugaret J. Kirch RD, LDN

Approval Date

Okaloosa County Unit 30152 SE

Kosher

Week 2

Tilling Serv	Triffity Services Group			O.	\aioosi	a County Om	1 00 102		17	0311 6 1	tachment 4		
Thursda	ay	Friday		Saturday		Sunday		Monday		Tuesday		Wedneso	day
		_											
Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG Fruit	1 Ea 1 Each	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG Fruit	1 Ea 1 Each	Kosher Spanish Omlet W Potatoes Pancakes	1 Each
Fruit	1 Each	Fruit	1 Each	Dairy Drink PC	1 Each	Fruit	1 Each	Fruit	1 Each	Dairy Drink PC	1 Each	Fruit	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each			Dairy Drink PC	1 Each
Lunch													
Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce 1 Each	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce 1 Each	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each
Dairy Drink PC	1 Each							Dairy Drink PC	1 Each				
Dinner													
Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal -	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal -	18 Ounce
Cookie	1 Each	Cookie	1 Each	KG	4.5	Dairy Drink PC	1 Each	Cookie	1 Each	Cookie	1 Each	KG	4 5
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Cookie	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Cookie	1 Each
				Dairy Drink PC	1 Each							Dairy Drink PC	1 Each

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Koshar

Week 3

Trinity Services Group			Okalousa County Unit 30 152 5E						osner	Δt	tachment 4	
ay	Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
1 Each	Kosher Cheese	1 Ea	Kosher Spanish Omlet	1 Each	Kosher Pancakes,	1 Each	Kosher Cheese	1 Ea		1 Each	Kosher Pancakes,	1 Each
	Omelet Meal - KG Fruit	1 Each	W Potatoes Pancakes		Hashbrowns		Omelet Meal - KG Fruit	1 Each	Pancakes		Hashbrowns	
1 Each 1 Each	Dairy Drink PC	1 Each	Fruit Dairy Drink PC	1 Each 1 Each	Fruit Dairy Drink PC	1 Each 1 Each	Dairy Drink PC	1 Each	Fruit Dairy Drink PC	1 Each 1 Each	Fruit Dairy Drink PC	1 Each 1 Each
16 Ounce 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie	1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie	16 Ounce 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each
1 Lacii	Dairy Drink PC	1 Each			Daily Dillik FC	1 Lacii	Daily Dillik FC	I Lacii	Dairy Drink PC	1 Each		
1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie Dairy Drink PC	1 Each 1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie Dairy Drink PC	16 Ounce 1 Each 1 Each
	1 Each 1 Each 16 Ounce 1 Each 1 Each 1 Each	1 Each Kosher Cheese Omelet Meal - KG Fruit 1 Each Dairy Drink PC 1 Each Kosher Spaghetti & Dinnerball Meal - KG 1 Each KG 1 Each Cookie Dairy Drink PC 1 Each Kosher Chicken Cutlet W/Rice & Mix Veg Cookie 1 Each 1 Each	Friday 1 Each Kosher Cheese Omelet Meal - KG Fruit 1 Each 1 Each Dairy Drink PC 1 Each 16 Ounce Kosher Spaghetti & 18 Ounce Dinnerball Meal - KG 1 Each Cookie 1 Each Dairy Drink PC 1 Each 1 Each Kosher Chicken Cutlet W/Rice & Mix Veg 1 Each Cookie 1 Each	Friday Saturda 1 Each Kosher Cheese Omelet Meal - KG Fruit 1 Each Dairy Drink PC 1 Each Dinnerball Meal - KG Dinnerball Meal - KG Dairy Drink PC 1 Each Cookie	Teach Kosher Cheese Omelet Meal - KG Fruit 1 Each Dairy Drink PC 1 Each Dinnerball Meal - KG Dinnerball Meal - KG Dairy Drink PC 1 Each Cookie 1 Each Dairy Drink PC 1 Each Dog w/Mash Pot Cookie 1 Each Dog w/Mash Pot Cookie 1 Each Dog w/Mash Pot Cookie 1 Each Lach Cookie 1 Each Dog w/Mash Pot Cookie 1 Each Lach Cookie 1 Each Dog w/Mash Pot Cookie 1 Each Lach Lach Cookie 1 Each Lach Lach Cookie 1 Each Lach Lach Lach Lach Lach Lach Lach L	Teach Kosher Cheese Omelet Meal - KG Fruit 1 Each Dairy Drink PC 1 Each Dinnerball Meal - KG Cookie Dairy Drink PC 1 Each Cookie Dairy Drink PC 1 Each Dairy Drink PC Downward Dairy Drink PC Downward Down	Teach Kosher Cheese 1 Ea	Saturday Saturday Sunday Monda Sunday Sunday Monda Sunday Monda Sunday Monda Sunday Sunday Monda Sunday Sunday Monda Sunday Sunday Monda Sunday Sunday Sunday Monda Sunday Sunda	Saturday Sunday Monday Monday Sunday Monday Monday	Saturday Sunday Sunday Monday Tuesda	Friday Saturday Sunday Monday Tuesday Tuesda	Saturday Saturday Sunday Monday Tuesday Wednes Mosher Cheese Omelet Meal - KG Fruit 1 Each Dairy Drink PC Dairy Drink PC 1 Each Dairy Drink PC D

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Koshar

Week 4

Trillity Serv	Tillity Services Group			Okaloosa County Offic 30152 SE						osilei	Δtf	ttachment 4	
Thursda	ay	Friday	•	Saturday		Sunday		Monday		Tuesday		Wednesday	
Kosher Cheese Omelet Meal - KG Fruit	1 Ea 1 Each	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG Fruit	1 Ea 1 Each	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG Fruit	1 Ea 1 Each
Dairy Drink PC	1 Each	Fruit	1 Each	Fruit	1 Each	Dairy Drink PC	1 Each	Fruit	1 Each	Fruit	1 Each	Dairy Drink PC	1 Each
		Dairy Drink PC	1 Each	Dairy Drink PC	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each		
Lunch													
Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal -	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal -	18 Ounc
Cookie	1 Each	Cookie	1 Each	KG Cookie	1 Each	Dairy Drink PC	1 Each	Cookie	1 Each	Cookie	1 Each	KG Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
Diamor				Daily Dillik PC	1 Eacii							Daily Dillik PC	1 Eacii
Dinner													
Kosher Spaghetti & Dinnerball Meal -	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal -	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each
KG		Dairy Drink PC	1 Each	Cookie	1 Each	Cookie	1 Each	KG		Dairy Drink PC	1 Each	Cookie	1 Each
Cookie	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Cookie	1 Each	,		Dairy Drink PC	1 Each
Dairy Drink PC	1 Each							Dairy Drink PC	1 Each				

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SF

Regular

Week 1

rinity Services Group				Okaloosa County Unit 30152							achment 4		
Thursda	ay	Friday	/	Saturday		Sunday		Monda	y	Tuesday		Wednes	day
Breakfas	t												
Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	3 WZ 1 Each 1/54 Cut 1 Cup	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	2 Each 1/54 Cut 1 Cup 1 Tbsp	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each
Lunch													
Sloppy Joe Hamburger Bun Chili Beans Carrots Cookie Beverage	1 Each	Red Chili Stew Rice Mixed Vegetables Cornbread Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Cut 1 Each	Meatloaf Mashed Potatoes Gravy Seasoned Cabbage Bread Iced Cake Beverage	3 WZ 1 Cup 1/4 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	T Ham & Pinto Beans Carrots Cornbread Iced Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Taco Mix Chili Beans Shredded Cheese Seasoned Corn Flour Tortilla Cookie Beverage	3/4 Cup 1 Cup 1/2 WZ 1/2 Cup 2 Each 1 Each 1 Each	Country Stew Rice Green Beans Bread Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Poultry Fried Rice Pinto Beans Broccoli Iced Cake Beverage	1 Cup 1 Cup 1/2 Cup 1/54 Slice 1 Each
Dinner													
Spaghetti Broccoli Bread Margarine Iced Cake Beverage	1/2 Cup 2 Slice 1 Tbsp	Meat Mac & Cheese Seasoned Corn Cornbread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Turkey à la King Rice Pilaf Peas Biscuit Margarine Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each 1 Each	Chicken Patty Country Gravy Cottage Fried Potatoes Glazed Carrots Bread Margarine Glazed Cake Beverage	1 Each 1/4 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Picadillo Casserole Pinto Beans Cornbread Margarine Iced Cake Beverage	1 Cup 1 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Shephards Pie Mashed Potatoes Peas & Carrots Bread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Cut 1 Each	Enchilada Casserole Seasoned Rice Chili Beans Cornbread Margarine Cookie Beverage	1 Cup 1 Cup 1 Cup 1 1/54 Cut 1 Tbsp 1 Each 1 Each

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SF

Regular

Week 2

Trillity Serv	rinity Services Group				Okaloosa County Unit 30152 SE				Regular			tachment 4	
Thursda	ay	Friday	<i>/</i>	Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast	t												
Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	WZ 1 Slice 2 Each 1/54 Cut	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 1 Each 1/5 Cut 1 Cup 1 Tbsp 1 Each
Lunch													
Spaghetti Carrots Bread Cookie Beverage	1 Cup 1/2 Cup 2 Slice 1 Each 1 Each	Poultry Fried Rice Pinto Beans Coleslaw Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 Each 1 Each	Salisbury Patty Mashed Potatoes Gravy Broccoli Bread Glazed Cake Beverage	3 WZ 1 Cup 1/4 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Poultry & Rice Mixed Vegetables Bread Cookie Beverage	1 Cup 1/2 Cup 2 Slice 1 Each 1 Each	Country Stew Rotini Seasoned Cabbage Cornbread Iced Cake Beverage	1 Cup 3/4 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Chicken Noodle Casserole Mixed Vegetables Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Meatloaf Macaroni & Cheese Mixed Vegetables Biscuit Margarine Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 Each 1/5 Cut 1 Tbsp 1/54 Slice 1 Each
Dinner		_											
Red Chili Stew Pinto Beans Broccoli Cornbread Margarine Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Turkey Ham BBQ Beans Carrots Cornbread Margarine Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Goulash Casserole Pinto Beans Carrots Cornbread Margarine Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Chicken Patty Cottage Fried Potatoes BBQ Beans Hamburger Bun Dressing Salad Cake Beverage	1 Each 1 Cup 1 Cup 1 Each 1 Tbsp 1/54 Cut 1 Each	Meat Mac & Cheese Peas & Carrots Bread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Chili Con Carne Rice Carrots Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Chili Mac Pinto Beans Seasoned Corn Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each

Dietary Consultant Margaret J. Kirch RD, LDW

Approval Date

Okaloosa County Unit 30152 SE

Regular

Week 3

Triffity Services Group			Okaloosa County Offic 30132 3L					At			tachment 4		
Thursda	ay	Friday		Saturday		Sunda	у	Monda	y	Tuesday		Wednesday	
Breakfas	t												
Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	3 WZ 1 Each 1/54 Cut 1 Cup	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 2 Each 1/54 Cut 1 Cup	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each
Lunch													
Poultry Fried Rice Chili Beans Carrots & Green Beans Cookie Beverage	1 Cup 1/2 Cup 1 Each	Chicken Noodle Casserole Mixed Vegetables Bread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Chili Mac Carrots & Green Beans Cornbread Iced Cake Beverage	1/2 Cup 1 1/54 Cut 1/54 Slice	Salisbury Patty Gravy Mashed Potatoes Broccoli Bread Cake Beverage	3 WZ 1/4 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Cut 1 Each	Turkey Stir Fry Rice Carrots Bread Iced Cake Beverage	3/4 Cup 1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Sloppy Joe Hamburger Bun Pinto Beans Broccoli Iced Cake Beverage	3/4 Cup 1 Each 1 Cup 1/2 Cup 1/54 Slice 1 Each	Chili Con Carne Rice Seasoned Cabbage Cornbread Cookie Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Each 1 Each
Dinner													
Shephards Pie Mashed Potatoes Green Beans Biscuit Margarine Iced Cake Beverage	1 Cup 1/2 Cup 1 Each 1/54 Cut	Turkey Ham Au Gratin Potatoes Fried Cabbage Cornbread Margarine Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Chicken Patty BBQ Beans Cottage Fried Potatoes Bread Margarine Cookie Beverage	1 Cup 1 Cup 2 Slice	Enchilada Casserole Seasoned Rice Seasoned Corn Cornbread Margarine Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Meatloaf Gravy Mashed Potatoes Green Beans Biscuit Margarine Cake Beverage	3 WZ 1/4 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Country Stew Mixed Vegetables Cornbread Margarine Glazed Cake Beverage	1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Spaghetti Broccoli Bread Margarine Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each

Dietary Consultant

Inaugaret I Kich RD, LDN

Approval Date

Okaloosa County Unit 30152 SE

Regular

Week 4

Trinity Services Group		Toup			Naioose				Egulai At		tachment 4		
Thursda	ay	Friday		Saturday		Sunda	у	Monda	ıy	Tuesday		Wednesday	
Breakfast	t												
Grits with Margarine Breakfast Gravy Biscuit Hash Browns Jelly Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Breakfast Sausage Sliced Cheese Biscuit Jelly Beverage	1 Cup 2 Each 1 WZ 1 Slice 2 Each 1/54 Cut 1 Tbsp 1 Each	Oatmeal w/ Sugar & Cinnamon Scrambled Eggs Bread Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 2 Slice 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Gravy Biscuit Margarine Beverage	1 Cup 1 Cup 2 Each 1/54 Cut 1 Tbsp 1 Each	Grits with Margarine Scrambled Eggs Biscuit Cottage Fried Potatoes Jelly Beverage	1 Cup 3 WZ 1 Each 1/54 Cut 1 Cup 1 Tbsp 1 Each	Grits with Margarine Breakfast Sausage Pancakes Syrup Beverage	1 Cup 2 Each 1 WZ 2 Each 1/4 Cup 1 Each	Oatmeal w/ Sugar & Cinnamon Grilled Turkey Ham Sliced Cheese Biscuit Hash Browns Jelly Beverage	1 Cup 1 WZ 1 Slice 2 Each 1/5 Cut 1 Cup 1 Tbsp 1 Each
Lunch													
Chili Mac Pinto Beans Carrots Cornbread Glazed Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Poultry & Rice Mixed Vegetables Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Meatloaf Gravy Mashed Potatoes Peas & Carrots Biscuit Margarine Cookie Beverage	3 WZ 1/4 Cup 1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each 1 Each	Stroganoff Casserole Green Beans Bread Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1/54 Slice 1 Each	Salisbury Patty Macaroni & Cheese Carrots Cornbread Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 1 1/54 Cut 1/54 Slice 1 Each	Poultry Fried Rice Chili Beans Coleslaw Cake Beverage	1 Cup 1 Cup 1/2 Cup 1/54 Cut 1 Each	Sloppy Joe Hamburger Bun Oven Browned Potatoes Broccoli Iced Cake Beverage	3/4 Cup 1 Each 1/2 Cup 1/2 Cup 1/54 Slice 1 Each
Dinner													
Turkey Tetrazini Mixed Vegetables Biscuit Margarine Cookie Beverage	1 Cup 1/2 Cup 1 Each 1/54 Cut 1 Tbsp 1 Each 1 Each	Red Chili Stew Pinto Beans Seasoned Corn Cornbread Margarine Cake Beverage	1 Cup 1 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Cut 1 Each	Spaghetti Green Beans Bread Margarine Iced Cake Beverage	1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Country Stew Rotini Mixed Vegetables Cornbread Margarine Glazed Cake Beverage	1 Cup 3/4 Cup 1/2 Cup 1 1/54 Cut 1 Tbsp 1/54 Slice 1 Each	Chili Con Carne Rice Seasoned Corn Bread Margarine Iced Cake Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Turkey Ham Ranch Beans Broccoli Bread Margarine Glazed Cake Beverage	3 WZ 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1/54 Slice 1 Each	Cheeseburger Casserole Pinto Beans Carrots Bread Margarine Cookie Beverage	1 Cup 1 Cup 1/2 Cup 2 Slice 1 Tbsp 1 Each 1 Each

Dietary Consultant

Fragaret J. Kirch RD, LDN

Approval Date

SIGN IN SHEET Inmate Food Services RFP COR 35-21

Mandatory Pre-Proposal Meeting August 12, 2021 @ 10:00 am CST

COMPANY/DEPARTMENT	SIGNATURE	TELEPHONE #	EMAIL ADDRESS (PLEASE PRINT CLEARLY)
Aramarz Philip BosKA	RA R	850 642 0433	BOSKA-Ph.II.P@ Pramork.com
Summit Tony Steward	Crony Stewart	850-624-8806	tonx. Stewart @Summitfoodservice.com
Summit - Karen Screns	en Horan Doranson	941-302-1509	Karen Sorensen a summit food service co
Typen Hall Trinity Services Group Jeff Samidthen	By Hay	813-309-6323	bhall otiger 20 mm issary, com Jest. Schmidtchen otrinty services group. com
Okalossa County	Gol Go McDamie	880 423-4838	amedaniel @ my okaloosa
OCDOC	Sgt CM Julity	850-603-9143	Cychnson @myokalcosa
OUDOC	LI Dm Z	850 689 5645	dalloway @ myckalcusa.com
Okaloosa Purchasing	Athenda	850-689-5960	aethendaga myokaloosa.com

* Director Enc Esmond attended briefly to welcome + thank attendees.