

# Okaloosa County News Release



9/6/2011

Kathy Newby, 850.651.7515, [knewby@co.okaloosa.fl.us](mailto:knewby@co.okaloosa.fl.us)

## **Learn Everything About Local Seafood “All about Seafood!” Class**

“All about Seafood!” class will be held September 20 and 22. Join University of Florida/IFAS Extension faculty as they discuss local seafood—what’s available, health benefits and risks, selecting, handling and preparing seafood. There will be food demonstrations as well as food tastings. Participants will have the opportunity to taste a variety of fish and other seafood, and get great recipes and tips on selecting and preparing local varieties.

Two times and locations are being held:

**Grayton Beach—Tuesday, September 20<sup>th</sup>**, 10:00 AM-12:00 PM. Class will be held at the Coastal Branch Extension Office, 70 Logan Lane, Santa Rosa Beach.

**Ft. Walton Beach—Thursday, September 22<sup>nd</sup>**, 6-8 PM. Class will be held at the Okaloosa Extension South office, 127 NW Hollywood Blvd.

The **cost of the class is \$15 per person**, with pre-registration required. To register, call 689-5850. Checks should be payable to Okaloosa Extension Advisory and mailed to 5479 Old Bethel Road, Crestview 32536. For additional information, contact Elaine Courtney [ecourtne@ufl.edu](mailto:ecourtne@ufl.edu) or Kendra Zamojski [Hughson@ufl.edu](mailto:Hughson@ufl.edu) or call 689-5850.

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Six \$100 savings bonds will be awarded, donated by *NEW* Customer Service Companies, Inc. "We encourage youth to learn financial skills. Along with the other participating institutions, we want young members to know the budgeting skills they learn now will benefit them for a lifetime," says Eglin Federal Credit Union President Phipps McGee.

This is a great opportunity for youth to open a savings account or add to an existing one AND have a chance to win a \$100 savings bond. It also gives adults, especially parents and teachers, the opportunity to begin a discussion about money and savings.

For additional information on Okaloosa Saves or this project, visit <http://okaloosasaves.org> or call 689-5850 or 729-1400, ext. 5850. Okaloosa Saves is part of the national initiative America Saves <http://americasaves.org>.

This program supports the national "Teach Children to Save Day" sponsored by the American Bankers Association Education Foundation, National Credit Union Youth Week and Financial Literacy Month.

Okaloosa County and University of Florida Extension Office provide education classes on agriculture, marine sciences, family and consumer sciences, horticulture, natural resources and water quality, as well as 4-H, and other youth programs. For more details, visit <http://okaloosa.ifas.ufl.edu> or call 850-689-5850.

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