# **ADDENDUM 2**

# RFP COR 75-16 - Inmate Food Service

1. How many are currently receiving a National School Breakfast/ National School Lunch Program meal daily?

We currently house 12 inmates who receive these benefits

2. Does the county intend to offer a reimbursable snack to the juveniles via the CACFP (Child and Adult Care Food Program)?

No. At this time we do not offer reimbursable snacks to the juveniles via CACFP.

3. What is the age range/grade range of juveniles offered a NSLP menu?

At our facility, we classify inmates ages 13-17 as juveniles and inmates ages 18-20 as youthful offenders. Both classifications qualify for the National School Lunch Program.

4. 2700 calories is required for both adults and juvenile menus?

Yes

5. Specifications Scope of services #8 indicates that menus must meet the requirements of the USDA and the National School Lunch Program. Does this requirement only refer to Juvenile menu, or should the adult menu also follow these requirements?

This requirement is only referring to the juveniles.

6. Specifications Scope of services #9 indicates that a sample menu is attached and that a comparable menu should be proposed with the response to the request. A sample menu was not included in the RFP. Is it the intention of the county that the response to this request includes a contractor developed menu that meets the specifications outlined?

Yes, the County would like the contractor to develop a menu that meets the specifications outlined. We have attached example menus as well.

7. What type of menu is currently served to fulfill religious requests such as Kosher or Halal?

For religious/vegetarian requests we provide an Ovo-Lacto vegetarian meal

8. Does the county provide a vegetarian menu to these diets?

Yes, please see the attached menu.

9. Are frozen meals provided to the kosher diets?

We do not provide frozen kosher meals.

10. How many Kosher Diets are typically served?

It is very rare for us to receive a request for a kosher diet. We have not had a request in the last 5 (five) years.

11. Does the County currently have a work crew that receives additional calories? If so, how many? Are 1 ½ or double portions provided to the work crew?

No, at this time all inmates receive the same portion sizes.

12. Please clarify whether the disposables need to be Styrofoam, or can they be paper?

We are currently using both types. Our off-site inmate meals are sent in paper sack lunches and the meals for the medical units inmates are sent in Styrofoam containers.

13. What is the number of staff meals per day?

Our current contract affords our officers the option to have meals at no cost to them, if they choose. We currently average 8-12 staff meals a day.

14. What is the current price per meal?

\$ .8511 / meal

15. In reference to RFP "Pricing Structure", #2, is states that "Prices shall be submitted in the unit measurement specified on the proposal Form". Can you please provide a copy of the proposal form, or identify where this can be found?

The proposal form is the document that you create when submit your proposal to the County.

16. During the facility walk, it was understood that there is an officer present at all times in the kitchen. In reference to the Equipment Section, #2, please provide clarification to the reason why the contractor should be responsible for intentional misuse/abuse by inmate labor?

The officer is assigned to provide security for the staff while they are working with the inmates. While the inmates are assigned to the Kitchen, the contract workers are responsible for monitoring the inmates to avoid inappropriate and/or misuse of County equip Kitchen Warehouse are the responsibility of the contractor. An officer may or may not always be present or assigned to the Kitchen

- 17. In reference to RFP Scope of Service section, #32, please clarify the "major food preparation equipment" that will require "preventive and routine maintenance".
  - dish machine
  - 2 double stack industrial ovens
  - 1 warmer
  - 2 kettles
  - 1 stove
  - 1 flat iron grill
  - 1 food processor
  - 1 industrial mixer

It is required of the contractor ensure all equipment is cleaned daily. Any major maintenance problems will be completed by on-site facility maintenance personnel or sourced out by the Support Services Commander.

- 18. Will the County please provide a copy of the last 3 months of invoices that the current vendor is billing the County for Inmate Food Service? See attached
- 19. Under Scope of Services, #9 states "Proposed 2700 calorie menus shall be compatible with the sample menu attached" There is no attached menu with the RFP. Will the County please provide a copy of the required menu? See attached
- 20. Will the County please provide a copy of the current menus for the Jail and Juvenile populations? See attached
- 21. What is currently being offered in a bag lunch meal?

Bag lunch meal is consist of 3 sandwiches, 2 cookies, and a small bag of chips.

Does the County wish to continue this meal preference, or would the County be open to other bag lunch meal options?

The County would be open to other bag lunch meal options.

- 22. What is the Average Daily Population today for both Adults and Juveniles? 768
- 23. Are the officers currently being served the same meal as the inmates receive, or do they have their own menu?

There is only one menu at this time. If an Officer chooses to request a meal from the kitchen, it will be the same meal provided to the inmates.

24. Will the County please provide a copy of the current officer dining menu?

There is no officer dining menu, but the County would be very interested to see your options for an Officer menu.

25. Who are the current vendors for milk and produce?

Milk vendor is Borden's and produce vendor is Chenney Brothers.

26. Who owns the trays that the inmate meal is served on?

The County owns the trays.

27. How many inmates receive double portions?

Only 4 inmates at this time receive double portions and that's on a special medical diet order per the facility Doctor.

28. How many inmates receive special and religious diets?

Only 2 inmates this year have been on special and religious diets and that was during Ramadan.

SATURDAY	! SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/2C ORANGE JUICE	1/2C APPLE JUICE	1/2C ORANGE JUICE	1/2C APPLE JUICE	1/2C ORANGE JUICE	1/2C ORANGE JUICE	1/2C APPLE JUICE
	1/2C FRUIT	1/2C FRUIT	1/2C FRUIT	1/2C FRUIT	1/2C FRUIT	1/2C FRUIT
1/2C FRUIT	1/2C OATMEAL	1C WHOLE GRAIN DRY	1/2C OATMEAL	1¢ whole grain dry	: 1C WHOLE GRAIN DRY	1/2C OATMEAL
1C WHOLE GRAIN DRY	1/2C ONTHERE	CEREAL	<b>-, -,</b>	CEREAL	CEREAL	•
CEREAL	. 2.50Z SCRAMBLED	2.50Z SCRAMBLED	2SL WHOLE WHEAT	1EA ABL SL BISCUIT	. 2SL WHOLE WHEAT	. 1EA ABL SL BISCUIT
2SL WHOLE WHEAT		EGG	BREAD	WG 2.25 OZ 1 EA	BREAD	WG 2.25 OZ 1 EA
BREAD	EGG	1SL WHOLE WHEAT	2EA HARD BOILED	20Z TURKEY HAM	20Z TURKEY HAM	2.50Z SCRAMBLED
20% TURKEY HAM	1SL WHOLE WHEAT	BREAD	EGG	200 10111111		EGG
	BREAD	1C CHOICE SKIM OR	17B ABL SL JELLY	1TB ABL SL JELLY	1TB ABL SL JELLY	1TB ABL SL JELLY
1TB ABL SL JELLY	1C CHOICE SKIM OR		110 000 00 00001	110 1.02 01 02021		•
	1% MILK	1% MILK	! ZEA SUGAR PACKET	1C CHOICE SKIM OR	2EA SUGAR PACKET	· 1C CHOICE SKIM OR
1C CHOICE SKIM OR	į.	•	ZEM SUGAR FACRES	1% MILK		1% MILK
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			IC CHOICE SKIM OR		1% MILK	
			1% MILK	•	10 MIDN	
40Z TURKEY HAM	: 2.50Z SL BEEF	40Z MEAT STROG.	80Z MEAT & SPANISH	: 402 TURKEY HAM	ZEA TURKEY FRANKS	80Z ENCHIILADA
402 TORREL HAW	PATTY	2.90Z MEAT	RIC 2.90ZMT/WGRI	•	_	CASS 2.90ZMT/NGT
Any talay a supple	1/4C SAUTEED	1/2C WHOLE GRAIN	1/80 CORNBREAD	3/4C CARROTS	2SL WHOLE WHEAT	· 1/80 CORNBREAD
2SL WHOLE WHEAT	ONIONS	PASTA	1,00 20,000	;	BREAD	
BREAD		1C TOSSED	1/2C RANCH BEANS	, 1/2C SCALLOPED	1/2C PINTO BEANS	1/2C SPANISH BROWN
1/2C BAKED BEANS	1/2C HOME FRIES	SALAD/DRSG	TYEC MARCIN DEFINIO	POTATOES		RICE
	1.5 #0.0075	1/80 CORNBREAD	1C TOSSED	· 2SL WHOLE WHEAT	1/2C POTATO SALAD	1/2C REFRIED BEANS
1/2C POTATO SALAD	1C TOSSED	1/60 CORNEREND	SALAD/DRSG	BREAD	<b>-,</b>	
	SALAD/DRSG	LO WIND CDEENS	: 1C FRUIT	. 1C FRUIT	1C FRUIT	1/2C COLESLAW
1C FRUIT	2SL WHOLE WHEAT	1C MIXED GREENS	IC PROIT	. IC PROII	20 23.022	
	BREAD	ic motion	1C CHOICE SKIM OR	- 1C CHOICE SKIM OR	1C CHOICE SKIM OR	1C FRUIT
1EA MUSTARD	1C FRUIT	1C FRUIT	18 MILK	1% MILK	1% MILK	:
		10 CHATAR CUTH OF	: 18 MIMA	1 10 11111		1C CHOICE SKIM OR
1C CHOICE SKIM OR	1EA CATSUP	10 CHOICE SKIM OR		•		1% MILK
1% MILK		1% MILK	F	1		•
	1C CHOICE SKIM OR			•		
	1% MILK			. <b>!.</b>	-	• •
80Z TURKEY &	30Z CHICKEN PATTY	30Z SLICED HAM	30Z SWEDISH	80Z CHILI MAC 20Z	80Z T TETRAZZINI 2	30Z COUNTRY FRD
NOODLES 2 OZ MEA	JOE CHICKDS 11,111	<b>501 011 1</b>	MEATBALLS	, MEAT	OZ MEAT	BEEF
1/2C SEASONED	30Z CREAM GRAVY	1C MACARONI &	: 1C SEASONED PASTA	1/2C SEASONED	1C NAVY BEANS	302 GRAVY
· CARROTS	Joe Charis GMT1	CHEESE		CARROTS		
2EA BISCUIT 1/80	1C MASHED POTATOES	1/2C GREEN BEANS	: 1C NAVY BEANS	1/2C GREEN SALAD	1/2C COLESLAW	1C MASHED POTATOES
	1/2C SEASONED CORN	1/60 HOT BREAD	2EA BISCUIT 1/80	: 1/60 CORNBREAD	2EA BISCUIT 1/80	1/2C SEASONED
1TB MARGARINE	1/2C SEASURED CORN	1700 HOI BREAD	2111 3353021 2703	i		CABBAGE
1/10	1/60 CONTENED	1TB MARGARINE	1TB MARGARINE	: 1TB MARGARINE	1TB MARGARINE	1/60 HOT BREAD
1/40 CAKE/GLAZE	1/60 CORNBREAD	3EA COOKIES-3	1/54 BROWNIE	1/40 CAKE/GLAZE	1/40 CAKE/GLAZE	1TB MARGARINE
2PKG FORTIFIED	1TB MARGARINE	JEW COOKIES-1	I DI BROWLE		·	
PUNCH	1 too been been been too	SHAN BUBALSTON	: : 2PKG FORTIFIED	2PKG FORTIFIED	2 PKG FORTIFIED	3EA COOKIES-3
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	2PKG FORTIFIED		:	ŧ		PUNCH
	PUNCH	•	· •			•

ALL ENTREES AND CASSEROLE ARE COOKED WT MEASUREMENT
FACILITY ADMIN APPROVAL DATE
DIETITIAN APPROVAL DATE 7/1/2015

ALL OTHERS ARE VOLUME MEASUREMENTS UNLESS OTHERWISE STATED FSD ABL MANAGEMENT REGISTRATION # 455563 APPROVAL DATE



SATURDAY	! SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
100Z GRITS/MARG	: 100Z OATMEAL/MARG	100Z GRITS/MARG	1C CORNFLAKES	100Z GRITS/MARG	: 1C CORNFLAKES	100Z GRITS/MARG
2EA PANCAKES	. 30Z SCRAMBLED EGGS	1/2C POTATO &	1/2C GRIL POTATOES	1C BREAKFAST GRAVY	2EA PANCAKES	30Z SCRAMBLED EGGS
	:	EGGS		1	1	
/4C MAPLE SYRUP	. 2EA BISCUIT 1/80	: 10Z TURKEY BOLOGNA	10Z TURKEY HAM	102 TURKEY SAUSAGE	1/4C MAPLE SYRUP	1/60 CRUMB CAKE
OZ TURKEY SAUSAGE	1TB JELLY	1/60 CRUMB CAKE	; 2SL BREAD	2EA BISCUIT 1/80	10Z TURKEY HAM	ITB JELLY
TB MARGARINE	1TB MARGARINE	1TB JELLY	1TB JELLY	1TB MARGARINE	ITB MARGARINE	1TB MARGARINE
	•	1TB MARGARINE	1TB MARGARINE	_	2EA SUGAR PACKET	
PKG CALC FORT BEV	' 1PKG CALC FORT BEV	1	2EA SUGAR PACKET	1PKG CALC FORT BEV	:	1PKG CALC FORT BEV
		1PKG CALC FORT BEV	1		1C 2% MILK	
		1	IC 3# WIPK	1	<b>;</b>	1
OZ GRILLED T HAM	30Z BEEF PATTY	SOZ MEAT	. SOZ MEAT & SPANISH	BOZ SCALLOPED POT/	: 80Z BEANS/FRANKS	BOZ ENCHILADA
OZ GKIMILIO I MAN	302 223. 271222	STROGANOFF	RICE	т нам	2OZ MEAT	CASS
SL CHEESE	1/4C SAUTEED	1/60 CORNBREAD	1/60 CORNBREAD	2EA BISCUIT 1/80	1/60 CORNBREAD	1/60 CORNBREAD
	ONIONS	•		!	į	1
SL ENRICHED BREAD	2SL ENRICHED BREAD	· 1/2C SEASONED RICE	1/2C RANCH BEANS	1/2C SEASONED	1/2C POTATO SALAD	1/2C SPANISH RICE
				PINTOS	1	:
/2C BAKED BEANS	1TB MUSTARD/CATSUP	1/2C MIXED	1/2C COLESLAW	1TB MARGARINE	1TB MARGARINE	1/2C REFRIED BEANS
	•	VEGETABLES	ļ	<b>!</b>	:	1
L/2C POTATO SALAD	1/2C HOME FRIES	1TB MARGARINE	1TB MARGARINE	1/60 BROWNIE/GLAZE	1/60 GLAZED CAKE	1TB MARGARINE
/60 GLAZED CAKE	1/2C MACARONI	1/60 GLAZED CAKE	1EA FRESH FRUIT	1C CALCIUM FORT	1C CALCIUM FORT	2EA COOKIES
	' SALAD		:	BEV	BEV	!
C CALCIUM FORT	1/60 GLAZED CAKE	1C CALCIUM FORT	1C CALCIUM FORT	į	<u> </u>	1C CALCIUM FORT
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	BEV		.1	l .	i	· · · · · · · · · · · · · · · · · · ·
BOZ TURKEY &	30Z CHICKEN PATTY	3OZ SLICED HAM	' 30Z SWEDISH	; BOZ CHILI MAC	80Z T TETRAZZINI	3OZ COUNTRY FRD
NOODLES	300 (1120)	332 32232 1111	MEATBALLS		<u> </u>	BEEF
1/2C SEASONED	30Z CREAM GRAVY	1/2C MACARONI &	1/2C SEASONED	1/2C SEASONED	: 1/2C NAVY BEANS	, 30Z GKAAAA
CARROTS		CHEESE	PASTA	CARROTS	1	:
ZEA BISCUIT 1/80	1/2C MASHED	1/2C GREEN BEANS	1/2C NORTHERN	1/2C COLESLAW	· 1/2C COLESLAW	, 1/2C MASHED
	POTATOES		BEANS		:	POTATOES
ITB MAKGARINE	1/2C SEASONED CORN	1/60 HOT BREAD	2EA BISCUIT 1/80	1/60 CORNBREAD	: 2EA BISCUIT 1/80	1/2C SEASONED CABBAGE
1/60 GLAZED CAKE	1/60 CORNBREAD	1TB MARGARINE	1TB MARGARINE	1TB MARGARINE	1TB MARGARINE	1/60 HOT BREAD
1PKG FORTIFIED	ITB MARGARINE	2EA COOKIES	1/60 BROWNIE/GLAZE	1/60 GLAZED CAKE	1/60 GLAZED CAKE	1TB MARGARINE
PUNCH	TIO MANGEMENT		1	1		•
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	1PKG FORTIFIED			İ		1PKG FORTIFIED
	PUNCH		•	1	•	PUNCH

ALL ENTREES AND CASSEROLE ARE COOKED WT MEASUREMENT
FACILITY ADMIN APPROVAL DATE
DIETITIAN APPROVAL DATE 1/2/2015

ALL OTHERS ARE VOLUME MEASUREMENTS UNLESS OTHERWISE STATED
FSD ABL MANAGEMENT \_\_\_\_\_\_ APPROVAL DATE\_\_\_\_\_\_
REGISTRATION # 455563



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A	BL
В	Management
1	Inc.

Remittance address:

PO Box 613128

(Please fumish this num	ber when remitting.)

INVOICE NO.

702 10 03 2016

Memphis, TN 38101-3128
Telephone Contact: 225-272-6063

BILLED TO -	- MEDICON TO TOTAL MONTH OUTSING - SPACE METHOD CO. STANSBURY	Unit Name:	Okaloosa Co	unty	Department of Corrections
	Okaloosa County Department of Corrections	Unit Number:	702		
Attention:	Accounts Payable	Location of Sale (City/State):			
Street Address:		Date(s) of Service/Invoice Date:	7/9/2016		7/15/2016
City/State/Zip:		For Week Ending:	7/15/2016		
		Purchase Order #:	N/A		

Quantity	Acct #		Descript	ion	Unit Price	Ext	tended Price
17,017 191	#3020 #3020	Inmate Me Officer / St		ount/Sales Repor	ŧ.	\$ \$	14,483.1687 162.5601
or Accounting Us	e Only:	<u></u>	on delivery and the second	Societies (1994) constituting (1994)	INVOICE TOTAL	\$	14,645.73
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2101		3220		4040		5360	
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Thank you for your order. We are pleased to be of service!

Thank you for your crack. We are predect to be or correct.	
Please write any comment you have on the reverse of this invoice.	
Check applicable Tax Status:	
Purchases listed on this invoice are taxable.	
X Tax Exemption # on-file with ABL Corporate Headquarters A/R Dept. 4	
X Tax Exempt (Exemption # // On File	
ABL Manager Signature: Client/Customer Approval Signature: The Manager Signature:	L. Huyghue #379
An interest charge of 1-1/2% per month will be made on the unpaid balance beginning 30 days from date of service, for an annual rate of 18%.	

Distribution: Polled to corporate 12:00PM CST Saturday; Original PDF-Client; Copy-On File at the Unit

Form G-300 101 Rev. 04/12

A	BL
В	Management
1	Inc.

Remittance address:

Memphis, TN 38101-3128

Telephone Contact: 225-272-6063

PO Box 613128

BILLED TO -		Unit Name:	Okaloosa C	ounty I	Department of Corrections
	Okaloosa County Department of Corrections	Unit Number:	702		
Attention:	Accounts Payable	Location of Sale (City/State):			
Street Address:		Date(s) of Service/Invoice Date:	7/2/2016	-	7/8/2016
City/State/Zip:		For Week Ending:	7/8/2016		
			NI/A		

(Please furnish this number when remitting.)

702 10 02 2016

INVOICE NO.

Quantity	Acct#		Description	Unit Price	Ex	tended Price
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or Accounting Use	Only:			INVOICE TOTAL	\$	14,312.10
1509	/-	3190	4010		5100	
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2102		3240	4070		5580	
3020		3290	4080		6110	
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Thank you for your order. We are pleased to be of service!

Please write any comn	ment you have on the reverse of this invoice.
Check applicable Tax Status:	1
Purchases listed on this invoice are taxable.	
X Tax Exemption # on file with ABL Corporate Headquarters A/	R Dept.
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ABL-Manager Signature:	Client/Customer Approval Signature: L. Huyghue #379
An interest charge of 1-1/2% perymonth will be made on th	he unpaid balance beginning 30 days from date of service, for an annual rate of 18%.
Distribution: Polled to corporate 12:00	PM CST Saturday; Original PDF-Client; Copy-On File at the Unit

Form G-300 101 Rev. 04/12

A	BL
В	Management
1	Inc.
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Remittance address:

Memphis, TN 38101-3128
Telephone Contact: 225-272-6063

PO Box 613128

BILLED TO -	Total outrained and the second of the second	Unit Name:	Okaloosa Co	ounty	Department of Corrections
	Okaloosa County Department of Corrections	Unit Number:	702		
Attention:	Accounts Payable	Location of Sale (City/State):			
Street Address:		Date(s) of Service/Invoice Date:	7/16/2016	-	7/22/2016
City/State/Zip:		For Week Ending:	7/22/2016		NAME OF STREET
10 B-0		Purchase Order #:	N/A		

(Please furnish this number when remitting.)

702 10 04 2016

INVOICE NO.

Quantity	Acct#		Description		Unit Price	Ex	tended Price
16,839 256	#3020 #3020	Inmate Meals Officer / Staff Me				\$ \$	14,331.6729 217.8816
or Accounting Us	) Only:	* See	Attached Daily Count/Sa	iles Report	INVOICE TOTAL	\$	14,549.55
1509	. Cmy.	3190	4010	il -		5100	
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2101		3220	4040			5360	TOWNS TO SELECT THE TOWNS
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Thank you for your order. We are pleased to be of service!	
Please write any comment you have on the reverse of this invoice.	
Check applicable Tax Status:	
Purchases listed on this invoice are taxable.	
X Tax Exemption # or file with ABL Corporate Headquarters AIR Dept.	
X Tax Exempt Exemption # / On tipe /	
ABL Manager Signature: Client/Customer Approval Signature: Aug handle	د# L. Huyghue
An interest charge of 1-1/2% per month yill be made on the unpaid balance beginning 30 days from date of service, for an annual rate of 18%.	
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Form G-300 101 Rev. 04/12



April 14, 2016

## STATEMENT OF NUTRITIONAL ADEQUACY

The average calorie count for the menu exceeds 2700 calories. Per Standard procedures, this menu is reviewed and/or revised on bi-annual basis or more often if required. The diet menu meets compliance. This is a pork free facility

The attached menus with approval date of 4/14/2016 were prepared by **ABL Management**, **Inc**. for the **Okaloosa County Correctional Facility FL** to be served as the Regular Menu in the **adult** general population. They have been analyzed and approved using the Unisoft Systems Associated Program from Columbus OH. Per standard nutritional analysis protocol, the menus were divided into seven-day periods for evaluation purposes. As written and analyzed, the menus meet R.D.A./D.R.I.'s for basic nutrients as stated by the Food and Nutrition Board of the National Academy of Sciences, and contract stipulations.

R.D.A./D.R.I'.s have been established by health care professionals to define the "target" level of recommended allowances (amounts) of nutrients such as protein, vitamins, and minerals for people of a specific age, sex and activity level. The allowances are set at a higher level than to just maintain good nutrition in healthy persons. An intake of at least two-thirds of the R.D.A./D.R.I. level is considered adequate for most healthy humans. The age group chosen as the "standard" for this facility was 'males ages 19 to 30' leading a moderately active lifestyle.

Debbie Craft R.D. L.D.

Corporate Dietitian

Debber Croft RDD

Registration Number: 455563

MENU DATE: 4/14/16 B L D
Projected Inmate Count:
ACTUAL Inmate Count
Projected Staff Count
ACTUAL Staff Count
ACTUAL Staff Count
ACTUAL Staff Count
ACTUAL Staff Count

FOOD	PROI	UCTIO	NC	SCH	EDULE	-
		_		_	_	

Unit number

Okaloosa County Correctional Facility

Date:

Week:

WEEK 1

BREAKFAST SERVING WELLS AND TRAY

X - ALL PULLS

Day:

SATURDAY

Vork Assign, cok's Initials)	Food Item	Portion Size	Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing		
Breakfast		in a weather	more conservative	CONTRACTOR CONTRACTOR	PRESENTATION OF	Market St. A. Cherry	<b>。在1985年在1985年,在1986年至1987年中中的</b>	September 1		AMIGNIO SPECIA GOVERNMENTALISMO		
	Grits/margarine	10 oz		1								
		3 oz	•		-		<del>                                     </del>					
	Oatmeal Breakfast Cake	1/60										
	Jeliy	1 TBP			_					<u> </u>	LUNCU CEDIANO	WELLS AND TRAY
	Margarine	1 TBP	-				-				LUNCH SERVING	WELLS AND TRAT
Lunch	Calcium Fort Beverage	1 pkg	W. C. A. A. C.									!
	Chicken Patty	3 oz	artification	agora, paranagan	digent severit 18	Professional Company			<b>その場合を配出する場合</b>	ENGREPHISION OF THE		}
	OHICKEH PBRY	o 0Z			-	-			<del>                                     </del>			
	Chicken Gravy	3 oz							<del>-  </del>		L	<del>!</del>
	Seasoned Rice	1/2 C										
	Biscuit 1/80	2 ea					'					
		1/2 C										
		1 TBP										
		1/2 C										
		1 pkg										
Dinner	e education of the Charles of the	9 19 E.	(0,4 (5,00)	<b>克克克斯 美国安斯</b> 克莱	in the state of th	HE THE LEADER	<b>发现的现在分词 医动物性皮肤 医水杨二氏病</b>	<b>特别的特别是国际的特别</b>	特施士的影響的	<b>计算的过去式和过去分词</b>		
•	Beef Patty	3 oz							1			
	gravy	1/4 C										
		1/2 C					ř					1 1 1
		1/2 C					<del>-</del>		1		1	
	Hot Bread	1/60										
											1	1
	Margarine	1 TBP									<u> </u>	
	Brownie/glaze	1/60										··· 1
		1 pkg										
		, J										i
	Time meal is started: Break	aet		Lunch:	Dinner		ž.		·			
	Time meal is finished: Break			Lunch:	0:			Food Service Di				1 1

MENU DATE: 4/14/16 B L Okaloosa County Correctional Facility Projected Inmate Count: BREAKFAST SERVING WELLS AND TRAY ACTUAL inmate Count HIGHLIGHT ALL PREPITEMS Projected Staff Count Week: WEEK 1 ACTUAL Staff Count Projected Bag Lunches X - ALL PULLS Dav: SUNDAY ACTUAL Bag Lunches #VALUE! Work Assign. Portion Size Recipe Number Yield Raw Quantity BEGIN ITEMS ENDING Food Item Costing Required SUBSTRUTED TEMP TEMP Breakfast Cornflakes 1 C Turkey Ham Pancakes Syrup 2 FA LUNCH SERVING WELLS AND TRAY Margarine 1 TBP Sugar Sub 2 % Milk 2 EA Lunch Sloppy Joe 4 oz 2 oz meat Catsup 1 TBP Home Fries 1/2 C Seasoned Com Bread 2 SL Glazed Cake 1/60 Calcium Fort Beverage 1 pkg Dinner Turkey & Noodles 8 oz 2 oz meat Pinto Beans 1/2 C Mixed Greens Combread 1/2 C 1/60

Food Service Director:

Unit number

FOOD PRODUCTION SCHEDULE -

Form B-200 Rev. 3/04

Margarine Glazed Cake Fortified Punch

Time meal is started:

Time meal is finished:

1/60 1 pkg

Lunch:

Lunch:

Dinner:

Dinner:

Breakfast:

Breakfast:

MENU DATE: 4/14/16 B L D

FOOD PRODUCTION SCHEDULE -	
Okaloosa County Correctional F	acility

Unit number

ACTUAL Inmate		-		HIGHLIGHT ALL PI	DED ITEMS		Date:			_	BREAKE	AST SERVI	<u>NG WELLS AND</u>	TRAY	
Projected Staff		-		AIGALIGATI ALL FI	KEP II ENIS		MI I					ļ			
ACTUAL Staff (		_					Week:	WEEK 1				1			
Projected Bag L		_		X - ALL PULLS			D					1			
ACTUAL Bag Li	unches	_		A - ALL FULLS			Day:	MONDAY				- 1			
AO ONE Dag E	undicis	-										į			
												E .			
Work Assign.	Food Item	Portion		Yield	Raw Quantity		ITEMS	BEGIN	ENDING	Costing					
(Cook's Initials) Breakfast		Size	Number		Required		SUBSTITUTED	TEMP	TEMP	-					
Breaktast	Production of the Control of the Con	1 2 2 2 2	-	THE STATE OF THE		ages a pendadore						_			_
	Grits/margarine	10 oz	<del>                                     </del>					<b>-</b>			ļ				
	Chiamaganne	10 02	<del>                                     </del>		-	<del> </del>									
	Breakfast Gravy	1C	†					<del></del>	1			<b>├</b>			-
	Turkey Sausage	1 oz	1	ì											
	Biscult 1/80	2 68													
															_
				ļ							LUNCHS	SERVING W	ELLS AND TRA	1	
	Margarine	1 TBP													
		<del> </del>	1								i		- (		
Lunch	Calcium Fort Beverage	1 pkg	d 186 Source	5 (00 and 00 1 1 1 and 00 20 20 20 20 20 20 20 20 20 20 20 20	Section of the section with the	A STATE OF THE STA	2			W. V. W	i		- 1		
Lunca	Turkey Ham & Beans	8 pz	. 14 14455 14		1 1967 - 411 - 45 - 45 - 45 - 45 - 45 - 45 - 4	127,000,000,000,000							i		
	2 oz meat	D UZ	1		-	1		+	<del></del>		1				]
		<del>                                     </del>				1			<u> </u>				l		<u> </u>
	Seasoned Rice	1/2 C						1	ĺ						
		į .													7
	Cornbread	1/60	ļ						1						
	Colesiaw	1/2 C				-			]			<u> </u>			
	Margarine	1 TBP	<del>                                     </del>	<del>                                     </del>		-		<del> </del>						ĺ	
	Glazed Cake	1/60	<u> </u>	<del> </del>	<del>                                     </del>		<del></del>	+	1					İ	1
	Calcium Fort Beverage	1 pkg	1			<del>                                     </del>						<u> </u>			_
Dinner	Calculation and the calcul	Ping	1 4 5 7 8 1 1	Secretarian	The state of the s	A STRUCTURE CONTRACTOR	the contract of the contract o	tia politikas, mietologia sies	No. 60 (4) 222 - 2006 (4) 4 (2)	37 Page 1 1 St. St. St. St. St. St.					
	Spaghetti Sauce	4 oz		<del></del>	1, a.a., a.a.	2 6 6 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	A THE STREET WAS DIVINED BY A STREET OF THE	20 That Own data to Keep	3 5 49 5 3 5 5 7 7	Programme Committee Commit					1
	2 oz meat	1 7 -	1				· ·		ì					1	
		1			1									- 1	1
	Spaghetti Noodles	1 C												- 1	
	Green Beans	1/2 C										1		- 1	1
	Gartic Bread	2 SL			+				ļ					1	1
		<del>                                     </del>	1	-	+			<del></del>	ļ					Į.	1
		1		1		1			L .		L.		- I	1	1

Food Service Director:

Form B-200 Rev. 3/04

Cookies Fortified Punch

Time meal is started:

Time meal is finished:

Breakfast:\_

Breakfast:

Lunch:\_

Lunch:

Dinner:\_

Dinner:

MENU DATE:	4/14/16 B L D			Oka	iloosa County	Correctional								•		
Projected Inmat	te Count:	_					Date:			_	BREAKF/	ST SERV	ING WELLS	S AND TRAY		
ACTUAL Inmate		_		HIGHLIGHT ALL PR	EPHEMS									; I		ı
Projected Staff (		_					Week:	WEEK 1						i		ı
Projected Bag L		_		V 411 BW46			_							<i>i</i> [	ŀ	Í
		_		X - ALL PULLS			Day:	TUESDAY						. I		ı
ACTUAL Bag L	unches	_												ι I		ı
														<i>i</i> [		ı
Work Assign. (Cook's Initials)	Food Item	Portion	Recipe	Yield	Raw Quantity	1	1 ITEMS	BEGIN	ENDING	T	1			i l		ı
(Cook's Initials)		Size	Number		Required		SUBSTITUTED	TEMP	TEMP	Costing	_					
Breakfast	And the state of t	100 00000	180 <sub>3</sub> 17 m <sup>-1</sup>	Edward State Committee	Contracted (Fig.	PULLATION SERVE		at est regenerative program		Brosses compresses	i					
					<u> </u>				1		1	Ī				ı
	Cornflakes	1 C							1		1	- 1		ı		ı
											1	į				ı
	5											ſ				ı
<b>——</b>	Potate & Eggs	1/2 C	<u> </u>				<del> </del>		ļ		1			į		ı
<b>——</b>	Crumb Cake	1/60	-		<del> </del>					<del> </del>	1	L				J
	Jelly	1 TBP	-		<del> </del>	<del> </del>										
			-		<u> </u>					<del>                                     </del>	LUNCHS	RVING	VELLS AND	TRAY		
	Margarine	1 TBP			ļ			<u> </u>			ļ					ı
	Sugar Sub 2 % Milk	1 C	ļi		<u> </u>	_			<del> </del>		<b>!</b>					ı
Lunch	2 76 MILK	100	2 10 6 50	North a program of the	i iziti a urugan wakanya	grow the assessment The		11 7 10 11 10 10 10 10 10 10 10 10 10 10 10		- Particular de la company de						ı
Lunun	Spanish rice/meat	7 oz	51	1, 141,4 31,4 31, 15	V - 3 - 4 - 3 - 4 - 4	Berger State Gallett	N. St. Levis Seat Class in contents and large in a Mill Section 24.	A CANADA AND AND AND AND AND AND AND AND AN	China and Selection Con-	Hand Court Company	1					ı
	2 oz meat	1 02			<u> </u>		···				1					ı
						† — — — — — — — — — — — — — — — — — — —	† ··	<del> </del>			-					
	Seasoned Carrots	1/2 C			<del></del>					·	i					
	1										1	Г				ı
	Bread	2 SL					· · · · · · · · · · · · · · · · · · ·				Ì			ı		ı
										1	ļ					ı
					ļ			<u> </u>			ļ					ı
		ļ			ļ	ļ		ļ			l					ı
	Cookies	2 EA			ļ	ļ				<u> </u>	l	L				ı
	Calcium Fort Beverage	1 pkg								<u>                                     </u>	l					
Dinner		44.000		はずる。 は、 は、 は、 は、 は、 は、 は、 は、 は、 は、	100 PM 100 CO	Reform Edge		PROPERTY SERVICE	Maryan Haray		l					
	Meatloaf	3 oz									1			$ \top$		
		l				-		<del>                                     </del>		-						ı
<del></del>	gravy Mashed Potatoes	3 oz 1/2 C			-	-	ļ- <del></del>	-		<del>                                     </del>						ı
	Navy Beans	1/2 C			<del> </del>	<del>                                     </del>	+	-	<del> </del> -	<del> </del>	1					ı
	Hot Bread	1/60			<del> </del>			<del> </del>		ļ	1					1
	Is the resemble	1			<del></del>	<u> </u>					i					ı
		T				i	1		i		i I					ı
	Margarine	1 TBP			ì	1		1	1	<del></del>	ı –					
	Pudding	1/2 C		· .	1	i		i i	1		1	Г			$\overline{}$	ı
	Fortified Punch	1 pkg									1			1		ı
					l				1	]	I			1		ı
	Time meal is started: Break	facts		Lunch:	Dinner:	•	•			•	•	T I		$\overline{}$		ı
								Fred Ores = =						- 1		ı
	Time meal is finished: Break	iast:		Lunch:	Dinner:_			Food Service D	rector:					- 1		ı
Form B-200 Rev	7. 3/04											L				ı

Unit number

FOOD PRODUCTION SCHEDULE -

Projected Innate Count	DATE: 4/14/16 B	BLD			Oka	loosa County	Correctional	Facility							
Week: WEEK 1   ACTUAL Staff Court   Projected Staff			_					Date:			_	BREAKFAST SE	RVING WELLS AND TRA	AY	
ACTUAL Staff Count Projected dag Lunches    Variety   Projected dag Lunches   Variety		_		HIGHLIGHT ALL PE	REP ITEMS								ÎΠ		
Projected Bag Lunches								Week:	WEEK 1						
Work Assign   Food Rem   Portion   Recipe   Vield   Rew Quantity   SUBSTITUTED   TEMP   Costing   Costing   TEMP   Costing														}	
Work Assign   Food Itan:   Portion   Recipe   Yield   Raw Quantity   ITEMS   BEGIN   ENDING   TEMP   TEMP   Costing			_		<u>X - ALL PULLS</u>			Day:	WEDNESDAY					f	
Cooke Initials   Food Rem   Size   Number   Required   SUBSTITUTED   TEMP   TEMP   Costing	AL Bag Lunches		_												
Cooke Initials   Food Rem   Size   Number   Required   SUBSTITUTED   TEMP   TEMP   Costing															
Cooke Initials   Food Rem   Size   Number   Required   SUBSTITUTED   TEMP   TEMP   Costing	Assign.		Portion I	Recipe	Yield	Raw Quantity		ITEMS	BECIN	ENDING		ı İ		l	
Critismarganche	s Initials) Food It	od Item			''''						Costing	<u> </u>			
Citismargarine   10 02	akfast	Production of the Section of the Sec	机造物 医性畸	Transfer.			(物量和20周期)				Berson Street (Charles)	1			
Collect Potatoles				1								1	1 1		
Turkey Ham	Grits/margarine		10 oz								T -	1	1		
Turkey Ham												1	1		
Catring Breakfest Cake															
Jelly   178P		+ O-1				_							İ		
Margarine	Calmeal Breaklast Cal	I Cake	1/60	-				<u> </u>							
Margarine	Inllu	1.	4 TBD	1	l	+		<del>                                     </del>							
Calcium Fort Beverage						<del></del>						LUNCH SERVIN	3 WELLS AND TRAY		
Lunch	Iviargarine		11BP												
Lunch	Calcium Fort Reversor	ergna	1 040	1				<del> </del>							
Turkey Tetrazzini 8 oz				· St. Gen comb	Professional Commence of the C	KON - John Brack KON	SPANISANDON AND AND AND	CASSO E STANDARD CONTRACTOR SANCERS	out of which in consistent the fact on table	NUMBER OF THE CORE OF A COR	No. 1975, Section (1986) Section (1986)				
2 oz mest					7 444 1446 1414	3 4 4 4 4 4 4	Section Contract Contract	tige to expende the transport of extragation flat.	Control of the state of the sta	(25/5) 20% (C.S.)	A protesta con l'apportant del				
Seasoned Pintos   1/2 C			102		···						<del></del>		1 1		
Cornbread   1/60												<u> </u>			
Cornbread   1/60												1			
Colesiaw   1/2 C												]			
Margarine	Cornbread		1/60									!			
Margarine	0.1		45.5								<b>_</b>				
Brownie/glaze											<u> </u>				
Calcium Fort Beverage					-							ł			
Dimner							-								
Ment Stew   8 cz			i pro	125 0.000		Market of the second of the second	F - 84% C - 1 - 1 - 1 - 1 - 1 - 1 - 1	THE THE PARTY OF T	NA. I WINGS A STORY OF THE CONTRACTOR	NA CENTRAL AND AND AND AND AND AND AND AND AND AND	CONTRACTOR AND AND ADMINISTRACTOR OF THE PARTY OF THE PAR				
2 oz mest / 1/2 C veg			9.00		PARTIES A PROPERTY OF A	allege contracts to the	MINE N. 1822 J. J. M.	Tak St. co., 85 St. (Cartine about the c	Of the second section	a sepheral library	4 4 (0.44) availarina (1.44)				
			0 02	<del>   </del>			-								
Seasoned Pasta 1/2 C	2 02 (1100) 172 0 969	, og		1			-	1			1				
	Seasoned Pasta		1/2 C					1		1					
Seasoned Cabbage 1/2 C	Seasoned Cabbage	je .		i								1	l į	l i	
Biscuit 1/80 2 ea	Biscuit 1/80		2 ea										1		
								1				l <u>L</u>			
Margarine 1 TBP S S S S S S S S S S S S S S S S S S S				<b> </b>	<u> </u>		L	<u> </u>			ļ				
Bread Pudding         1/2 C           Fortified Punch         1 pkg							<u> </u>							- 1	
Fortiled Puridi	Fortilied Punch		трку	<del>  </del>					1					1	
				اـــــا	<u> </u>	l	L	1	-	l		l	<u> </u>		
Time meal is started: Breakfast: Lunch: Dinner:	Time meal is starte	tarted: Breakfa	fast:		Lunch:	Dinner	г:	_							

Food Service Director:

Unit number

FOOD PRODUCTION SCHEDULE -

Time meal is finished:

Form B-200 Rev. 3/04

Breakfast:

Lunch:

FOOD PRODUCTION SCHEDULE -Okaloosa County Correctional Facility

Dinner:\_

Dinner:

Lunch:

Lunch:

Unit number

MENU DATE:	4/14/16 B L D			Oka	loosa County	Correctional	Facility						
Projected Inmate ACTUAL Inmate	te Count:						Date:				BREAKFAST SER	VING WELLS AND TR	RAY
Projected Staff	Count	- -		HIGHLIGHT ALL PR	EPITEMS		Week:	WEEK 1					
ACTUAL Staff ( Projected Bag I	unches	-		X - ALL PULLS			Day:	THURSDAY					
ACTUAL Bag L	unches	-											
Work Assign. (Cook's Initials)	Food Item	Portion	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing	1		
Breakfast		1990 98.5		THE PARKS	es usuda III		PERSONAL CONTRACTOR OF THE PROPERTY.		13/54/VAH-913	1779年1983年1987年1月2日	İ		
											í		
	Oatmeal/margarine	10 oz	<u> </u>								]		
						<del> </del>	-	-	-		1		
	Bologna	1 oz					<del></del>				l		
	Pancakes	2 EA						T .			1		li
											]		
	Syrup	1/4 C									LUNCH SERVING	WELLS AND TRAY	
	Margarine	1 TBP											
	Calcium Fort Beverage	1 pkg									1		1 1
Lunch	Calcium Fort beverage	i pkg	Style-Apresie		Zandana a en al a	NATIONAL SERVICES		entite of sufficient above a new or a	new Assessment a mile	CONTROL OF THE PROPERTY OF THE PARTY OF THE			
Eurosi	Country Fried Beef	3 oz	V	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		- 10 10 10 10 10 10 10 10 10 10 10 10 10	The state of the s	er keine besehrer wird	C Dedication and	Transfer of the second	4		1
							<del>                                     </del>		<del> </del>		1		i l
		1 TBP							i	-	<u> </u>	·	
	Home Fries	1/2 C									]		
		1/2 C			ļ						]		
	Enriched Bread	2 Sl_									1		
					-			<del>-</del>			ł	<u> </u>	
	Margarine	1 TBP		i	<del></del>		-			<del></del>	1		
	Rice Pudding	1/2 C		1							1	1	1
	Calcium Fort Beverage	1 pkg					<del></del>				1		
Dinner	The entropy of the participation of	ALESS CO.	garinga q	No. 314 con 155mm, 1576	AND ASSESSMENT OF THE	[100] [2] (A.J.A.J.A.J.A.J.A.J.A.J.A.J.A.J.A.J.A.J	THE PERSON OF TH	A GRADINATE OF THE	785357 CO./Let	Capabale was reconsidered	1		
		8 oz											
	2 oz meat / 1/2 C beans										1		
	Seasoned Rice	1/2 C						-	-				
	Combread	1/60						_			]		
	COMMONG	1,00			<del> </del>		<del></del>	<del></del>			1		
	Coleslaw	1/2 C					i				<b>i</b>		
	Margarine	1 TBP									1 '		·
	Glazed Cake	1/60									Ì		
	Fortified Punch	1 pkg		1		L					1		

Food Service Director:\_

Form B-200 Rev. 3/04

Time meal is started:

Time meal is finished:

Breakfast:

Breakfast:

jected Inmate TUAL inmate		-		HIGHLIGHT ALL PR	ер пеме		Date:			-	BREAKFAST SERVIN	IG WELLS AND TR	AY
jected Staff C TUAL Staff Cr	ount	•		DISTILION ALLERA	<u>LP II EMS</u>		Week:	WEEK 1					
jected Bag Lu TUAL Bag Lu	ınches	• •		X - ALL PULLS			Day:	FRIDAY					
ork Assign. ook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing			
Breakfast	The Paris State of the State of the Control of the State	100	salestia milita	1996, and the period Pro-	Programme and the second	Company of the Compan	· · · · · · · · · · · · · · · · · · ·	a remarkable	The state of the s	of a confidential transmission	·		
	Grits/margerine	10 oz											
	Breakfast Gravy	1 C	-					+			<u> </u>	l- <u></u>	_
	Turkey Sausage	1 oz							i i	"			
	Biscuit 1/80	2 ea									L		
											LUNCH SERVING WE	LLS AND TRAY	
	Margarine	1 TBP							<u> </u>				
		1 pkg										1	
Lunch	nangan maganaran na matawa <u>ng</u>		1 1 1 1 1 1 1 1 1 1	KELI-SKIN BIKANI AN	Spring party control	. 水槽 100mm 2000mg	Carried and the state of the st	ing the or colours are properly a supposed	\$2.50° \$4.50° \$5.50°	Bulletin (1947) (1944)		4	
	Meatballs	3 oz	_									-	
	gravy	3 oz	1					1					
	Seasoned Pasta	1/2 C									_	<del>,</del>	
	Hot Bread	1/60										ŀ	
	Colesiaw	1/2 C				<del> </del>		_			<u> </u>		1
	Margarine	1 TBP							"		İ		
	Cookles	2 EA					***						I
	Calcium Fort Beverage												

Food Service Director:\_\_

Unit number

FOOD PRODUCTION SCHEDULE -

Okaloosa County Correctional Facility

Time meal is started: Form 8-200 Rev. Time meal is finished:

Sausage

Margarine Fresh Fruit Fortified Punch

seasoned Rice Seasoned Pintos Seasoned Carrots Combread 2 cz

1/2 c 1/2 C 1/2 C 1/60

1 TBP

1 pkg Breakfast:

Breakfast:

Lunch:\_

Lunch:

Dinner:\_

\_\_\_\_ Dinner:\_\_

MENU DATE:

4/14/16 B L D

#### RESTRICTED DIET SPREADSHEET WEEK 1

Unit number

SATURDAY

MEAL - REGULAI		/E SAME AS REGULA PREGNANCY with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SEF DIABETIC DIET PL		1800	2200	2500
	K DIET		With H.S. Shack		(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calori
BREAKFAST:	!	Vitamin C Fruit OR	1	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat		1		
		Juice 1 Serving	<del></del> -	-	ļ				Vit C Fruit or Juice		X	X	X
Grits/margarine	10 oz	Y serving	x	X				<del> </del>			<u> </u>		<del></del>
arrennergerine	10,021	^	^	*	oatmeal	X	X	Plain-No Sugar	Plain-No Sugar Cereal	1C	1/2C	1/2C	<u>*</u>
									Scrambled Egg	3 oz	1/4 c	x	X
Scrambled Eggs	3 oz	X	<u> </u>	1/4 C	X	Х	X	х		_			1
Oatmeal Breakfast Cake	1/60	X	X	WW Bread	WW Bread	Х	Х	ww bread	ww bread	1EA	X	2 EA	2EA
Jeily	1 TBP	x	x	x	х	X	χ	Diet Jelly	Diet Jelly	1EA	<del>  x -</del>	x	x
Margarine	1 TBP	X	X	1TSP	Х	X	X	1TSP	Margarine	1 TSP	x	x	<del>1</del>
-								T	Sugar Sub	2EA	X	x	<del>l â</del>
Calcium Fort Beverage	1 pkg	2 c milk	2c milk	Χ	X	Х	X	X	RF Milk	1C	X	x	x
TOTAL DIETS SERVED					1			<del>                                     </del>	<del>                                     </del>	<u> </u>			<del></del>
LUNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del>                                     </del>			┼
						no onemny 1 cous	TO MEDIT (OUD)	No Added Salt of Fat	No Added Salt of 1 at	1			
Chicken Patty	3 oz	X	X	turkey ham 2 oz	X	CHOPPED	NO	x	turkey ham	Ì	2 oz	2 oz	2 oz
							4 stices cheese		Gravy		1 TB	1 TB	1 TB
Chicken Gravy	3 oz	X	x	1 TBP	X	X	no	×					
Seasoned Rice	1/2 C	X	x	LS LF rice	x	x	10	x	rice		1/3 c	1/3 c	2/3 c
				1.			1 C vegetables		diet vegetables	1/2 C	х	х	X
Biscuit 1/80	2 ea	х	X	ww bread	ww bread	X	х	bread	ww bread		1	2	2
Colesiaw	1/2 C	X	x	DIET DRESSING	x	shredded lettuce/drsg	1 C	DIET DRESSING	1	170.0			<u> </u>
Margarine	1 TBP	x	1 x	1 TSP	x	X X		1 TSP	salad/diet dressing	1/2 C	X	X	1 C
Applesauce	1/2 C	<del>-</del> X	x	FRUIT			X		Margarine	1 tsp	X	х	X
Calcium Fort Beverage	1 pkg		X	X	X	Х	X	FRUIT	Fruit	1 serv	Х	x	2
Calcium Fort Deverage	1 pkg	^	<del>                                     </del>	^	Х	<u> </u>	X	Diet Beverage	Diet Beverage	10	X	X	X
TOTAL DIETS SERVED												<del></del>	
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Beef Patty	3 oz	х	x	2 OZ	х	CHOPPED	NO	x	beef patty		2 oz	2 oz	3 oz
			İ						Gravy		1 TB	1TB	1 TB
gravy	1/4 C	Х	x	1 TBP	x	х	NO	x					
Mashed potetoes	1/2 C	Х	X	plain potatoes	X	x	16	X	potatoes	<del>                                     </del>	1/2 C	1/2 C	10
Cabbage & Carrots	1/2 C	х	x	L5 LF cabb & carrots	х	x	10	x	cabbage & carrots	1 C	х	х	х
Hot Bread	1/60	х	x	ww bread	ww bread	×	x	x	ww bread	2 sl	x	x	<del>  x</del>
			1		1/2 C beans		1 C beans		1717 67000				<del>                                     </del>
	* 770.7	v	v						<u> </u>				
Margarine	1 TBP	X	<u> </u>	1 TSP	X	X	X	1 TSP	Margarine	1 TSP	X	X	X
Brownie/glaze	1/60	X	<u> </u>	FRUIT	X	X	x	FRUIT	Fruit	1 SERV	1	2	2
Fortified Punch	1 pkg	Milk	X	<u> </u>	X	Х	Х	Diet Beverage	2% MILK	1C	X	X	X
DES POSSEZIONES	D.III-75-07089							多域性的整理的關鍵的研究可以能够是	n Busine Gray Chora de Co	e-desired	200000000000000000000000000000000000000	Maradag Sign	r etc.ettilege
TOTAL DIETS SERVED				T						<u> </u>			
HOUR OF SUFEE			H 60 0b 6 07	15/1				DIET LIEGETA DI CO ACC					
HOUR OF SLEEP		Teat OR Cheese 2 OZ Tread 2 SL	Meat OR Cheese 2 CZ Bread 2 SL	LF (low fat) / LS (low sodium) – cook with no				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	X	X	X
SNACK MENU				added fat and no added				CARROTS, CABBAGE,	Bread	2 SL	X	X	X
SNACK MENU		ondiment 1 PKT resh Fruit 1 EA	Condiment 1 PKT Fresh Fruit 1 EA	salt				GREEN BEANS, SQUASH, GREENS, TOMATOES	Mustard OR Catsup Fresh Fruit	1 PKT 1 EA	X	X	X
		resn Fruit 1 EA Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	Sair	1			GREENS, IUNIAIUES	Fresh Fruit	LEA	*		×
	ĮP.	OGGGGGG FALIBUR 1 C	INDUMORA LATERAL IN CO.	1	1 1			,	1	1			1

#### RESTRICTED DIET SPREADSHEET WEEK 1

SERVING INSTRUC	FIONS: X=S	ERVE SAME AS REGI PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTALMECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SER		S DIABETIO		2500
MEAL - REGULA	AR DIET	with H.S. Snack	with H.S. \$nack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PLA Food Items	UN .	1800 Calorie	2200 Calorie	2500 Calori
BREAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				1
		Juice							VIt C Fruit or Juice	Ĩ	Х	Х	X
Comflakes	1 C	1 Serving X		ļ <u>, , — — — — — — — — — — — — — — — — — </u>	<del></del>								
Conmakes	10	<u> </u>	X	X	braл flakes	<u>x</u>	x	Plain-No Sugar	Plain-No Sugar	1¢	1/2C	1/2C	Х.
Turkev Ham	1 oz	x	x	X	x	Chopped	cheese or peanut butter	X	Pancake (4" DIAM)	2 ea 1OZ	1 ea	Х	Х
Pancakes	2 EA	x	x	1 EA	x	Х	X	x	Turkey Ham	102	Х	2 oz	2 oz
Syrup	2 EA	x	x	x	x	x	- x	Diet Syrup	Diet Syrup PKT	1EA	x	x	X
Margarine	1 TBP	X	x	1TSP	X	×	X	1TSP	NO	1		_~_	<u> </u>
Sugar Sub	2 EA	Х	X	X	X	X	X	Sugar Sub 2EA	Sugar Sub	2EA	Х	х	X
2 % Milk	1 C	2 c milk	2c milk	X_	X	Х	X	х	RF Milk	1C	Х	х	X
TOTAL DIETS SERVED		· · · · · · · · · · · · · · · · · · ·						1.	<del> </del>	<u> </u>	<u> </u>	<del></del>	<del></del>
LUNCH:				No Added Sait or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Sloppy Joe	4 02	х	х	2 OZ	x	CHOPPED	NO	х	sloppy joe	<del>                                     </del>	3 oz	4 oz	4 oz
2 oz meat			<u> </u>				4 slices cheese						
Catsup	1 TBP	X	×	x	Х	х	X	x					
Home Fries	1/2 C	X	X	baked home fries	х	x	1C	х	com		1/3 c	1/3 c	2/3 c
Seasoned Corn	1/2 C	х	<u> </u>	LS LF corn	X	x	10	X	diet vegetables	1 C	Х	Х	X
Bread	2 St.	X	X	ww bread	ww bread	x	х	х	ww bread		1	2	2
				_					<u> </u>				$\vdash$
				_]					Margarine	1 tsp	Х	х	х
Glazed Cake	1/60	Х	X	FRUIT	<u>x</u>	x	x	FRUIT	Fruit	1 serv	Х	х	2
Calcium Fort Beverage	1 pkg	X	X	X	X	Х	X	Diet Beverage	Diet Beverage	1C	X	х	х
TOTAL DIETS SERVED									*	<del> </del>	<u> </u>	<u> </u>	<del> </del>
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Turkey & Noodles	8 oz	X	x	6 oz	х	CHOPPED	NO NO	х	turkey & noodles		3/4 C	3/4 C	1 C
2 oz meat									ļ				—
Dista Dance	1/2 C	x		LS LF pinto beans	x		1 C noodles	ļ.,,		<del></del>	<b></b>		$\vdash$
Pinto Beans			X			Х	1 C	X	ļ., .				<del></del>
Mixed Greens	1/2 C	X	X	LS LF mixed greens	X	X	10	X	mixed greens	1 C	Х	X	X
Cornbread	1/60	x	X	ww bread	ww bread	х	х	bread	ww bread	2 sl	x	Х	×
Margarine	1 TBP	x	l x	1 TSP	X	x	x	1 TSP	Margarine	1 TSP	х	х	х
Glazed Cake	1/60	<u>x</u>		FRUIT	<del>^</del>	x	x ····	FRUIT	Fruit	1 SERV	1	2	
Fortified Punch	1 pkg	Milk	}	X	<del>Î</del>		- ×	Diet Beverage	2% MiLK	1 SERV	X	X	X
TOTAL DIETS SERVED							<u> </u>	<ul><li>在學術學的情報的的影響的學術學院</li></ul>			Bill and a Bill of the	Estina in	BERTHER.
HOUR OF SLEEP		Teat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	x	X	х
SNACK MENU	, F	read 2 SL condiment 1 PKT resh Fruit 1 EA deduced Fat Milk 1 C	Bread 2 \$L Condiment 1 PKT Fresh Fruit 1 EA Reduced Fat Milk 1 C	sodium) cook with no added fat and no added salt				CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES	Bread Mustard OR Catsup Fresh Fruit	2 SL 1 PKT 1 EA	X X X	X X X	X X

#### RESTRICTED DIET SPREADSHEET WEEK 1

Unit number

MONDAY

SERVING INSTRU		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTALMECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SER DIABETIC DIET PL		1809	2200	2500
MEAL - REGUL	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calorie
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	]			
		Juice							Vit C Fruit or Juice	1/2C	Х	Х	X
· · · · · · · · · · · · · · · · · · ·		1 Serving									L		
rits/margarine	10 oz	X	Х	X	oatmeal	Х	X	Plain-No Sugar	Plain - No Sugar	1 C	1/2C	1/2 c	Х
reakfast Gravy	10	Х	Х	×	x	X	x	x	Turkey Ham	10Z	х	2 OZ	2 02
urkey Sausage	1 oz	х	X	Turkey ham	X	Chopped	cheese or peanut butter	<del>Î</del> x	Turkey Hain	102		202	1 202
Biscuit 1/80	2 ea	X	х	WW Bread	WW Bread	X	X	X	Biscuit	2 EA	1 EA	×	<u> </u>
			<u> </u>										
largarine	1 TBP	x	- x	1TSP					Diet Jelly	1EA	Х	Х	X
naiganite	TIDE	^	<del> </del>	1/5P	Х	Х	X	1TSP	Sugar Sub	<del> </del>	<del> </del>		₩.
alcium Fort Beverage	1 pkg	2 c milk	2c milk	X	x	×	×	x	RF Milk	10	X	X	X
								<u> </u>	TG MIR.	1.0	<del>  ^-</del>		<del></del>
OTAL DIETS SERVE	D				·				<u> </u>	<del>`</del>	ì		t
UNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
urkey Ham & Beans	8 oz	х	х	6 oz	x	CHOPPED	NO	×	turkey ham & beans		3/4 C	3/4 C	1 C
oz meat									_	1			
							1 C beans						
seasoned Rice	1/2 C	X	х х	LS LF rice	X	X	10	хх					<u> </u>
Combread	1/60	x	x	1				<del></del> , .	dlet vegetables	1/2 C	X	х	Х.
ornoread	1/60	λ	<del> </del>	ww bread	ww bread	X	Х	bread	ww bread	-	1	2	2
Colesiaw	1/2 C	x	х х	salad/diet dressing	x	shredded lettuce/drsg	1 C	salad/diet dressing	salad/dlet dressing	1/2 C	x	l x	10
/argarine	1 TBP	X	X	1 TSP	x	X	X	1 TSP	Margarine	1 tsp	x	<del>- î</del>	X X
Slazed Cake	1/60	x	x	FRUIT	x	x	x	FRUIT	Fruit	1 serv	<del>  ^</del>	<del>-</del> x	2
alcium Fort Beverage		X	X	X	X	X	X	Diet Beverage	Diet Beverage	1C	<del>  x</del> -	<del>- x</del>	1 x
					1						<del></del>	<del>- ^-</del>	<del>  ^</del>
OTAL DIETS SERVE	D		J							1			
INNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
paghetti Sauce	4 az	Х	x	2 07	Х	CHOPPED	NO	×	spaghetti sauce		3 oz	4 oz	4 oz
oz meat													
							4 slices cheese	4					<u> </u>
paghetti Noodles	10	X	X	X	X	X	1 C / tomato sauce	x	spaghetti noodles		2/3 C	2/3 C	1 1/3 C
reen Beans	1/2 C	x	x	LS LF green beans	X	X	1C	Х	green beans	10	X	X	X
Sarlic Bread	2 SL	х	x	ww bread	ww bread	Х	X	bread	ww bread	1 sł	X .	X	X
					1		1 C salad/dressing				<u> </u>		╄
				1		-			Margarine	1 TSP	x	x	x
Cookies	2 EA	х	x	FRUIT	x	plain cookies	х	FRUIT	Fruit	1 SERV	1	2	2
ortified Punch	1 pkg	Milk	×	x	х	x	×	Diet Beverage	2% MILK	1C	х	X	X
OTAL DIETS SERVE		** <del>-</del> /					2-8-3	能者:2000 d. 19	STATE BEFORE SERVICE AND AND ADDRESS OF THE PARTY OF THE	門部所屬原語等的	司管理學學	性脫對聯新	學學院的
DIAL DIE 15 SERVE	ע		<u> </u>		1				<del> </del>	<del> </del>			╄
HOUR OF SLEEP	i	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	1				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	l x	×	×
		Bread 2 SL	Bread 2 SL	LF (low fat) / LS (low		İ		CARROTS, CABBAGE,	Bread	2 SL	x̂	Î	x
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	sodium) cook with no				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	x	x	Î
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	added fat and no added				GREENS, TOMATOES	Fresh Fruit	1 EA	l â	â	Ιŝ
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	salt	1				1	1			1

#### RESTRICTED DIET SPREADSHEET WEEK 1

TUESDAY

	PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIABETIC DIET PLA	LEA!	1800	2200	250
MEAL - REGULAR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Cal
REAKFAST:	Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	т	T GGIOTIG	T CAICIRE	1
	Juice	1.			"""		THE PLACE OF LAC	Vit C Fruit or Juice	1/2C	X	x	1
	1 Serving				<u> </u>				1,,,,,,,		<del>- ^-</del>	1
mflakes	C X	X	X	bran flakes	X	X	Plain-No Sugar	Plain - No Sugar	1C	1/2C	1/2C	1
									1		<del></del>	1
	===	<del></del>						Hard Boiled Egg	1EA	Х	2 EA	2
	C X	X	х	X	X	X	x				i	1
rumb Cake 1/60	Х	X	WW Bread	WW Bread	X	X	ww bread	ww bread	1EA	Х	2EA	2
illy 1 T	BP: X	X	<del>                                     </del>		<del>-</del> ,							1
argarine 11		x -	1TSP	X	X	x	Diet Jelly	Diet Jelly	1PKT	_ X	X	1
	EAI X	<del>x</del>	X	- <del>x</del> -	X	X X	1TSP	Margarine	1 TSP	X	Х	1
	C 2 g milk	2c milk	<del>                                     </del>	x	- <del>x</del>	X	Sugar Sub 2EA X	Sugar Sub 2EA RF Milk	1	Х	X	
		20 11111	<del>                                     </del>	^	<del> </del> ^-	^		RF MUK	1C	х	Х	╄-
OTAL DIETS SERVED	<del></del>	1			<del></del>		<del></del>		<del>                                     </del>		!	┿
JNCH:	<del></del>	1	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	N. Add d Sale Sale	<del> </del>	<del></del>	<u> </u>	┿
			NO Added Salt Of Fait		No Chewing Fabras	No Weat Products	No Added Salt or Fat	No Added Salt or Fat			1	1
oanish rice/meat 7	oz X	x	6 oz	х	CHOPPED	NO	x	Spanish Rice/meat	+	3/4 c	0/4	┼
oz meat		<del></del>	<del></del>		GISTIED	4 slices cheese	<del></del>	Spanish Ricernieat	+	3/4 €	3/4 c	ļ
	<u> </u>	<del>-</del> i				Rice/sauce 1 c		<del>-  -</del>	<del>-</del>	<del> </del>		+
easoned Carrots 1/2	c x	x	LF LS CARROTS	Х	x	1 C	- x	<del> </del>	-	<del> </del>		₩
inadajied delitera	<u> </u>	<del>                                     </del>	LI LI CARROTI	^	<del>                                     </del>	10	<del></del>	<del></del>	1.			
read 2 SL	×	X	ww bread	ww bread	x			carrots	10	×	x	╙
zac zac	<del></del>	<u> </u>	ww pread	ww bread	<del>                                      </del>	хх	х х	ww bread	}	1 1	2	
						4-			ļ		ļ <u> </u>	<del> </del>
					<del>                                       </del>		<del></del>		1-			₩.
ookies 2	EA X	x	FRUIT		<del>                                     </del>	<del>-</del>		Margarine	1 tsp	х	. х	1
alcium Fort Beverage 1 p		^	X	<u>X</u>	plain cookies X	<u> </u>	FRUIT	Fruit	1 serv	х	<u> </u>	
iddill of beverage 1	/vy /	<del>^</del>	^	^	<del>                                       </del>	X	Diet Beverage	Diet Beverage	1C	X	X	<b>↓</b> _
OTAL DIETS SERVED		+				<del></del>			<del></del>			₩.
INNER:	<del></del>		No Added Salt or Fat		100 - 60	1		1	<del>,                                     </del>			<del></del>
MALIC			No Added Sait of Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat		1		1
eatloaf 3	oz X	x	2 OZ	x	СНОРРЕД		<del></del>	<del>                                     </del>				-
Jenner 3	02 X	1 2	202		Спорред	NO NO	X	meatloaf		2 oz	2 oz	3
avy 3	oz X	1 x	1 TBP	X	- x	17.5	<del>- </del>	Gravy	-	1 TB	1 TB	1
	C X	<del>x</del>	LS LF potatoes			NO	x	<del></del>				!
				x	<u> </u>	1¢	x	navy beans		1/3 c	1/3 c	2
	C X	X	LS LF navy beans	X	X	1C	x	diet vegetables	1 C	X	X	_
ot Bread 1/60	X	X	ww bread	ww bread	X	X	x	ww bread	2 si	Х	х	1
						1 C vegetables						1
		<del> </del>	4 705		<del> </del>				_			
argarine 1 T.		X	1 TSP	X	X	_ x	1 TSP	Margarine	1 TSP	X _	<u> </u>	<u> </u>
udding 1/2 C	X	×	FRUIT	x	×	х	FRUIT	Fruit	1 SERV	1	2	
ortified Punch 1 p	kg Milk	X	х	Х	x	X	Diet Beverage	2% MILK	1C	X	, X	
A Table - March and Mark 85 (44) - Million	9.0	+	1							L	]	ļ
क्षण विक्रियों के स्वरं के द्वार के शहर होते. हैं। पार विकर्ण का	104	<del> </del>	1				<b>新地面为了海绵流出的新东西的</b>	學學是他數學與於古典學學學的	智斯科特於特別	of details of the ballon.	的相談等語	1000
OTAL, DIETS SERVED	+	1	ļ ļ				ļ					Ļ
		l	h-a						1	l	l	
HOUR OF SLEEP	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	X	Х	1
	Bread 2 SL	Bread 2 SL	sodium) cook with no				CARROTS, CABBAGE,	Bread	2 SL	X	X	
			added fat and no added		1	ı	GREEN BEANS, SQUASH,	Mustard OR Catsup		×		l
SNACK MENU	Condiment 1 PKT Fresh Fruit 1 EA	Condiment 1 PKT Fresh Fruit 1 EA	salt		1		GREENS, TOMATOES	Fresh Fruit	1 PKT	x̂	X X	1

#### RESTRICTED DIET SPREADSHEET WEEK 1

		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIABETIC DIET PL	AN	1800	2200	250
MEAL - REGULA	R DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calc
BREAKFAST:	1	Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
		<u> Jnjcé</u>		<u> </u>					Vit C Fruit or Juice	1/2C	X	Х	X
0-1-1	40	1 Serving	ļ					ļ.,					
Grits/margarine	10 oz	х	X	X	oatmeal	X	X	Plain-No Sugar	Plain - No Sugar	1 C	1/2C	1/2 c	X
Grilled Potatoes	1/2 C	х	X	X	х	Х	х	Х	Turkey Ham	10Z	x	2 OZ	20
Turkey Ham Oatmeal Breakfast Cake	1 oz 1/60	X	X	X	X	Chopped	cheese or peanut butter	x					1
Cathical Dieaklast Cake	1760	^		WW Bread	WW Bread	хх	X	ww bread	ww bread	2 EA	1 EA	Х.	X
Jelly	1 TBP	X	×	x	X	x	x	Diet Jelly	Diet Jelly	1EA	<del>  x -</del>	x	X
Margarine	1 TBP	Х	X	1TSP	X	Х .	X	1TSP	Margarine	1TSP	T X	X	<del>l x</del>
				1	1			-	Sugar Sub	1	X	X	l x
Calcium Fort Beverage	1 pkg	2 c milk	2c milk	X	×	Х	X	X	RF Milk	1C	X	х	x
TOTAL DIETS SERVED			1	1		<del></del> ·	<u>                                     </u>	1	<del> </del>	+	<u> </u>		┿
LUNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat			<u> </u>	$\vdash$
Turkey Tetrazzini	8 pz	х	x	6 oz	x	CHOPPED	NO NO	X	turkey tetrazzini	-	3/4 C	3/4 C	11
2 oz meat						***************************************		<del></del> "		<del>                                     </del>	3,40	3,40	<del>اٺ</del>
					ļ		40						=
Sessoned Pintos	1/2 C	x	x	LS LF pintos	×	x	1 C vegetables	×	dist vegetables	1/2 C	x	x	<del>-</del>
Cornbread	1/80	<del></del> x	- x	ww bread	ww bread	X	X	bread	ww bread	1/2 C			X
COMBREAG	1700	· ^	<u> </u>	ww breau	ww bread			bread	ww bread	_	1	2	2
Coleslaw	1/2 C	X	x	DIET DRESSING	х	shredded lettuce/drsg	10	DIET DRESSING	salad/diet dressing	1/2 C	X	X	10
Margarine	1 TBP	Х	x	1 TSP	х	x	x	1 TSP	Margarine	1 tsp	х	х	X
Brownie/glaze	1/60	х	x	FRUIT	X	х	x	FRUIT	Fruit	1 serv	Х	X	2
Calcium Fort Beverage	1 pkg	Х	Х	х	х	X	X	Diet Beverage	Diet Beverage	1C	Х	X	X
TOTAL DIETS SERVED													
DINNER:			<del></del>	No Added Salt or Fat		PN - Ch	N- M4 O44-	N- 444-40-14	N 471 10 11 E 1		1		<del> </del>
DINNER:				No Added Salt of Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Meat Stew	8 oz	X	х	6 02	x	CHOPPED	NO	x	meat stew		3/4 C	3/4 C	10
2 oz meat / 1/2 C veg													
		······································					4 slices cheese	ļ				_	
Seasoned Pasta	1/2 C	X	X	LS LF pasta	x	x	10	×	pasta	1	1/3 c	1/3 c	2/3
Seasoned Cabbage	1/2 C	х х	x	LS LF cabbage	x	X	10	X	cabbage	1 C	X	Х	×
Biscuit 1/80	2 sa	Х	x	ww bread	ww bread	<u> </u>	X	bread	ww bread	2 sí	X	X	X
					1			· · ·					$\vdash$
Margarine	1 TBP	Х	х	1 TSP	X	X	, х	1 TSP	Margarine	1 TSP	х	х	Х
Bread Pudding	1/2 C	Х	×	FRUIT	X	х	×	FRUIT	Fruit	1 SERV	1	2	2
Fortified Punch	1 pkg	Milk	X	<u> </u>	×	X	X	Diet Beverage	2% MILK	1C	Х	Х	X
	GE FOURT				}			THE PARTY OF PERSONS AND POST	150000000000000000000000000000000000000	State September	5731444,02009	<b>開始的1000</b> 00	15(990)
TOTAL DIETS SERVED										1			
HOUR OF SLEEP	],	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ					DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	,		
HOUR OF SLEEP		Meat UK Greese 2 UZ Bread 2 SL	Bread 2 SL	LF (low fat) / LS (low	1		ì	CARROTS, CABBAGE,	Bread	2 SL	X	X X	X
SNACK MENU		≊reac ∠SL Condiment 1 PKT	Condiment 1 PKT	sodium) cook with no				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	X	X	
SAMOR MENO		Fresh Fruit 1 EA	Fresh Fruit 1 EA	added fat and no added				GREENS, TOMATOES	Fresh Fruit	1 EA	Î	â	x
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	salt				1	[	1. —	ı ^	^	1 1

#### RESTRICTED DIET SPREADSHEET WEEK 1

SERVING INSTRUC	TIONS: X=SI	ERVE SAME AS REGI	II AR MENII						DIET INSTRUCTIONS: X=SE	DVE CARE	- AC DIADC	TIC	
MEAL - REGULA		PREGNANCY with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTAL/MECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PLA Food Items		1800 Calorie	2200 Calorie	2500 Calorie
BREAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Sait or Fat		L	<u> </u>	
		Juice 1 Serving			ļ <del>-</del>				Vit C Fruit or Juice	ļ	Х	X	X
Oatmeal/margarine	10 oz	X X	X	- x	oatmeal	X	X	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	X
				1	V2013V31	-		Tidariio Gagai	Francisco Sugar	110	1026	1120	<del> ^-</del>
									Pancake (4" DIAM)	2 ea	1 ea	х	x
Bologna Pancakes	1 oz	X X	X	Turkey ham 1 EA	X	Chopped	cheese or peanut butter	X	Turkey Ham	10Z	X	_ 2 oz	2 oz
railcakes	12 EA	^	^	1 EA	<del>                                     </del>	X	X	x		+			⊢—
Syrup	1/4 C	X	×	x -	x	х	X	Diet Syrup	Diet Syrup PKT	1EA	х	_ x	<u> </u>
Margarine	1 TBP	X	X	1TSP	X	X	х	1TSP	NO		_~_	<u> </u>	
Calcium Fort Beverage	1 pkg	2 c milk	0	<del></del>					Sugar Sub	2EA	X	X	Х
Calcium Fort Beverage	1 pkg	2 ¢ milk	2c milk	. X	X	Х	X	X	RF Milk	1C	Х	X	. X
TOTAL DIETS SERVED				1	<del>†</del>				<u> </u>	+		!	┿━━
LUNCH:	Ì			No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Country Fried Beef	3 oz	X	x	beef patty 2oz	x	CHOPPED	NO	x	beef patty		2 oz	2 oz	2 oz
									catsup		1 TB	1 TB	1 TB
Catsup	1 TBP	X	x	х	X	x	x	х					
Home Fries	1/2 C	X	X .	baked home fries	×	x	10	x	home fries		1/3 c	1/3 c	_2/3 c
Baked Beans	1/2 C	Х	X .	LS LF baked beans	X	X	1¢	х	diet vegetables	1 C	X		X
Enriched Bread	2 SL	Х	Х Х	ww bread	ww bread	Х	×	x	ww bread	Į	1	2	2
							1 C vegetables		<del>                                       </del>	<u> </u>			Ь—
Margarine	1 TBP	x	×	1 TSP	x	x	х	1 TSP	Margarine	1 tsp	х	×	×
Rice Pudding	1/2 C	X	x	FRUIT	X	X	X	FRUIT	Fruit	1 serv	x	x	2
Calcium Fort Beverage	1 skg	Х	X	X	X	x	X	Diet Beverage	Diet Severage	1C	x	x	x
TOTAL DIETS SERVED										<u> </u>			
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Chilf con Came	8 02	X	х	5 oz	X	CHOPPED	NO	x	chifi con carne		3/4 C	3/4 C	1 C
2 oz meat / 1/2 C beans										1			
Seasoned Rice	1/2 C	X	x	1010	ļ		1 C chili beans	<del></del>	ļ .	1			Ь—
Seasoned rice	1/20	^	·	LS LF rice	X	X	10	Х	diet vegetables	1/2 c	х	x	l x
Cornbread	1/60	X	X	ww bread	ww bread	x	х	bread	ww bread	2 sl	x	x	<del>-</del>
										1			
Colesiaw	1/2 C	X	X	DIET DRESSING 1 TSP	X	shredded lettuce/drsg	10	DIET DRESSING	salad/diet dressing	1/2 C	X	X	X
Margarine Glazed Cake	1/60	x	X X	FRUIT	X	X X	X	1 TSP FRUIT	Margarine Fruit	1 TSP	X	X	X
Fortified Punch	1 pkg	Milk	Y Y	Y	X	X	X	Diet Beverage	2% MILK	1C	1 X	2 X	2 X
i ortilisa i arior			^	<del>*                                    </del>				Diet Develage	Z A BILLY	1.0	_^		<del></del>
位用數可以過數的物質的	no silan i de parte.							HARD COUNTRY OF SECURITY	多克·埃拉马巴斯克多州 网络拉克斯斯克斯	3. 物种的原	<b>推图图55</b> 差	<b>等等级生产</b>	<b>有效的不是的</b>
TOTAL DIETS SERVED										Ţ			
HOUR OF SUFEE				I F (1				DIET VEGETABLES ARE		4.07			
HOUR OF SLEEP		Meat OR Cheese 2 OZ Bread 2 SL	Meat OR Cheese 2 OZ Bread 2 SL	LF (low fat) / LS (low sodium) ~ cook with no	1			CARROTS, CABBAGE,	Meat and/or Cheese Bread	1 OZ 2 SL	X X	X	X X
SNACK MENU	,	Condiment 1 PKT	Condiment 1 PKT	added fat and no added				GREEN BEANS, SQUASH.	Mustard OR Catsup	1 PKT	x	ŝ	â
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	x	x	x
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 G	1	1			1	1				

Fresh Fruit

Reduced Fat Milk 1 C

1 EA

Fresh Fruit

Reduced Fat Milk 1 C

1 EA

salt

#### Okaloosa County Correctional Facility

#### RESTRICTED DIET SPREADSHEET WEEK 1

Unit number

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HEART HEALTHY HIGH FIBER DENTAL/MECHANICAL RELIGIOUS NO CONCENTRATED DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET (Chewing Problems) (Ovo-Lacto Vegetarian) with H.S. Spack with H.S. Snack (Low Fat/Chol/Salt) (+28 gms) SWEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice 1 Servina Grits/margarine 10 oz oatmeal Plain-No Sugar Plain - No Sugar 1/2C 1/2 c х Breakfast Gravy Turkey Ham 2 OZ 2 OZ Turkey Sausage 1 oz Turkey ham Chopped cheese or peanut butter Biscuit 1/80 WW Bread WW Broad Biscuit 1EA 1EA Margarine 1 TBP 1TSP x 1TSP Sugar Sub Calcium Fort Beverage 1 pkg 2 c milk 2c milk RF Milk TOTAL DIETS SERVED TINCH No Added Salt or Fat No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat Meatballs 3 oz х CHOPPED 2 OZ ¥ NΩ x meatballs 2 oz 4 slices cheese Gravy 1 TB 1 TB 3 07 1 TBP gravy ¥ х х х Х no Seasoned Pasta 1/2 C LS LF pasta x 10 х pasta 1/3 c 1/3 c 2/3 c 1 C vegetables diet vegetables 1/2 C X 1/60 Hot Bread х × ww bread way breed ¥ x ww bread 2 DIET DRESSING Colesiaw 1/2 ( shredded lettuce/drsg 1 C DIET DRESSING salad/dlet dressing 1 C 1/2 C Margarine 1 TBP 1 TSP х T TSP Margarine 1 tsp x х х 2 EA Cnokies × ¥ FRIIIT plain cookies ¥ х FRUIT Fruit 1 serv Calcium Fort Beverage Diet Beverage 1 pkg Diet Beverage X, 1C х TOTAL DIETS SERVED No Added Sait or Fat No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat Sausage 2 oz × х 2 07 х CHOPPED NO х Sausage 3 oz 2 oz 2 oz seasoned Rice LF LS RICE 1/2 c Seasoned Pintos 1/2 C LS LF pintos 1/3 ¢ 10 ninto basne 2/3 c 1/3 c 1/2 C Seasoned Carrots х х 1\$1E carrots × 1 C carrots Cornbread 1/60 х ww bread ww bread х х 2 sl х Х х bread ww bread Margarine 1 TRP × х 7 TSP х х 1 TSP Margarine 1 TSP Fresh Fruit FRUIT canned fruit FRUIT Fruit 1 SERV 2 2 Fortified Punch Milk Diet Beverage 1 oka 2% MILK (海洋電影) TOTAL DIETS SERVED HOUR OF SLEEP Ment OR Cheese 2 OZ eat OR Cheese 2 OZ LF (low fat) / LS (low DIET VEGETABLES ARE Meat and/or Cheese 1 OZ Bread 2SL Bread 2 SL sodium) -- cook with no CARROTS, CABBAGE, Bread 2 SL х X X X SNACK MENU Condiment 1 PKT Condiment 1 PKT added fat and no added GREEN BEANS, SQUASH, Mustard OR Catsup 1 PKT X

GREENS, TOMATOES

Fresh Fruit

1 EA

MENU DATE: 4/14/16 B L D Okaloosa County Correctional Facility Projected Inmate Count; Date: BREAKFAST SERVING WELLS AND TRAY HIGHLIGHT ALL PREP ITEMS ACTUAL Inmate Count Projected Staff Count Week: WEEK 2 ACTUAL Staff Count Projected Bag Lunches X - ALL PULLS Day: SATURDAY ACTUAL Bag Lunches Work Assign. (Cock's Initials) Portion Recipe Raw Quantity ITEMS ENDING TEMP RECIN Food Item Costina Size Number Required SUBSTITUTED TEMP Breakfast Grits/margarine 10 oz Turkey Sausage Syrup 1/4 C LUNCH SERVING WELLS AND TRAY Margarine 1 TBP Calcium Fort Beverage 1 pkg Lunch Grilled Turkey Ham Cheese Baked Beans 1/2 C Enriched Bread Potato Salad 1/2 ¢ Glazed Cake 1/60 Calcium Fort Beverage 1 pkg Dinner Turkey & Noodles 2 oz meat

Unit number

FOOD PRODUCTION SCHEDULE -

Seasoned Carrots

Biscuit 1/80

Margarine

1/2 C

1 ea

	Glazed Cake	1/60								 
	Fortified Punch	1 pkg		1					ı l	
	Time meal is started:	Breakfast:	Lunch:	Dinner:				•		
	Time meal is finished:	Breakfast:	Lunch:	Dinner:	Fo	ood Service Dir	ector:		ł	
om B-200 Rev.	. 3/04								1	

MENU DATE: 4/14/16 B L D

FOOD PRODUCTION SCHEDULE -
Okaloosa County Correctional Facility

Unit number

BREAKFAST SERVING WELLS AND TRAY

Work Assign. (Cook's Initials) Breakfast	Food Item	Portion Recipe Size Numbe		Raw Quantity Required	ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing
Projected Bag Lu	unches	- - -	X - ALL PULLS		Day:	SUNDAY		
Projected Inmate ACTUAL Inmate Projected Staff C ACTUAL Staff C	Count Count	<u>-</u> -	HIGHLIGHT ALL PR	EP ITEMS	Date: Week:	WEEK 2		

Work Assign. Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing		
Breakfast			200		SALES AND THE		ACTION OF A CHEENING STRUCTURE					
	Oatmeal/margarine	10 oz						<u> </u>				
	Oatmearmargarine	10 02		+				<del>                                      </del>				
	-					-	·				<del></del>	-
		3 oz										
	Biscuit 1/80	2 ea										
								<u></u>			,,,,	
	Jefly	1 TBP						<u> </u>			LUNCH SERVING WELLS AND TRAY	
	Margarine	1 TBP	<b> </b>									
	Calcium Fort Beverage	1 pkg	ļ					<del>                                     </del>				
Lunch	Caldiditi Foit Beverage	трку		ng viji sa i si sajanjiji s	Cay C III Servings (QC)	National Commission of the		wig ngg gani piki jir 20 ige	waranga u magasa	general sections of the		
	Beef Patty	3 nz	· ·			The Country of the		9 1739/30 8 21 1 5 25 1 5 3 5 5 6 7 9	1	Reference of No.		
	Mustard/Catsup	1 TBP										
		1/4 C										
	Home Fries	1/2 C										
	Enriched Bread	2 SL										
	JENICHEO Bread	2 SL									ļ į	
	Macaroni Salad	1/2 C					<u> </u>	1	·		<del>                                     </del>	-
			ĺ									
	Glazed Cake	1/60										
	Calcium Fort Beverage	1 pkg									<del></del>	
Dinner	त्राचित्रविति । प्रतिनाराज्यसम्बद्धाः वृक्षाः वर्षाः स्वयक्षाः ।	2007/00/00	1.545	To the control of the	CONTRACT STRUCK	Mark 1000 144	man and the state of the state		and a second	gaegraapi in jara sen (interio		
	Chicken Patty	3 oz										
	<u> </u>	0										
		3 oz 1/2 C	-					-				
		1/2 C	<u> </u>									
	Combread	1/60										
		1 TBP					ļ	<u> </u>				
	Bread Pudding Fortified Punch	1/2 C						1				
	јгинец гипсп	1 pkg		1	-				-			
	L	L	L		L	<u> </u>	<u> </u>		<u> </u>			

	Juleau I uconig		172 0		1			1	<u> </u>	
	Fortified Punch		1 pkg							
									1	
	Time meal is started:	Breakt	ast:	 Lunch:	Dinner:					
	Time meal is finished:	Breakt	ast:	Lunch:	Dinner:		Food Service Di	irector:		
B-200 Rev	. 3/04									

FOOD PRODUCTION SCHEDULE -Unit number MENU DATE: 4/14/16 B Okaloosa County Correctional Facility Projected Inmate Count: Date: BREAKFAST SERVING WELLS AND TRAY ACTUAL Inmate Count HIGHLIGHT ALL PREPITEMS Projected Staff Count Week: WEEK 2 ACTUAL Staff Count Projected Bag Lunches X - ALL PULLS Day: MONDAY ACTUAL Bag Lunches Work Assign. (Cook's Initials) ËNDING Recipe Raw Quantity BEGIN Food Item Costing Number Required SUBSTITUTED TEMP TEMP Breakfast Grits/margarine 10 oz Potatoes & Eggs 1/2 C Turkey Bologna Crumb Cake 1 oz 1/60 1 TBP LUNCH SERVING WELLS AND TRAY Margarine 1 TBP Calcium Fort Beverage 1 pkg Lunch Meat Stroganoff 8 oz 2 oz meat 1/2 C 1/2 C 1/60 Seasoned Rice Mixed Vegetables Combread Margarine Glazed Cake 1/60 Calcium Fort Beverage 1 pkg Dinner Chicken Spaghetti 8 oz Green Beans 1/2 C 1/60 Hot Bread Mamarine 1 TBP

Food Service Director:\_

Dinner:\_

Dinner:\_

Cookies Fortified Punch

Form B-200 Rev. 3/04

Time meal is started:

Time meal is finished:

2 EA 1 pkg

Lunch:

Lunch:

Breakfast:

Breakfast:

MENU DATE:	4/14/16 B L D		Okaloo	osa County Correctional	Facility					
Projected Inmate					Date:			BREAKFAST SER	VING WELLS AND TRAY	<u></u> .
ACTUAL Inmate			HIGHLIGHT ALL PREP	TEMS .						
Projected Staff (					Week:	WEEK 2				
ACTUAL Staff C		•								
Projected Bag L			X - ALL PULLS		Day:	TUESDAY				
ACTUAL Bag Lu	unches									
										1
Work Assign		Portion Recipe	Yield F	Raw Quantity	ITEMS	BEGIN ÉN	ania I			
Work Assign, (Cook's Initials)	Food Item	Size Number	l leid l	Required	SUBSTITUTED		DING Costing	l	<u> </u>	
Breakfast	TO THE TANK OF A SANCEY	TX 10 10 10 10 10 10 10 10 10 10 10 10 10	taget i egyettingerender et i		The same of the sa		Service Control of th			
		<del></del>			1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	and draw processes a page of process and ap-	GETTE TOTAL CONTROL OF STATE O			<del></del>
	Cornflakes	1 C								
					i -		<del></del>		1	
		1/2 C				-	1		,	
	Turkey Ham	1 oz							i I	
	Bread	2 SL								
			1							
	Jelly	1 TBP				L. (		LUNCH SERVING	WELLS AND TRAY	
	Margarine	1 TBP	i							****
		2 EA						1		
		1 C (						1		
Lunch			· 阿里斯斯斯斯斯 (1985年)	<u> सम्बन्धकोर पूर्व शिवर हो क्रिक्ट प्र</u>	TO 10.000 地位的10.000 地位是10.000 地位10.000 地位10.000 地位10.000 地位10.000 地位10.000 地位10.000 地位10.000 地位10.000 地位10.000	E TOPALS BEEF ETSE	·李明建于 医阴气管炎 有的 下去。[10]	1		
		8 oz	1					1	1 1	
	2 az meat							ļ		
<del></del> -	Ranch Beans	1/2 C								
-	Combread	1/60	+ +	-		<del></del>				
	Durinicali	7700	<del>                                     </del>			<del> </del>				
	Colesiaw	1/2 C	· · · · · · · · · · · · · · · · · · ·						<del>                                     </del>	
		1 TBP		i						
		1 EA	1			ì			l i	
	Calcium Fort Beverage	1 pkg	1	- i						
Dinner	The second section of the second	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 34 30 L C C C C C C C C C C C C C C C C C C	County regress areas in a significant	EPER 2004 A 100 EPER 10 CAR 1		प्रायमुक्ता । इ.स. १ सम्बद्धाः १५८ में १८ १८ होता. स्थान			
	Swedish Meatballs	3 oz					5-8/8/8 PC 4-5 NC 6 N 5 1, 10, 15,			
				i	<del> </del> -					1
										1
		1/2 C								
		1/2 C								
	Biscuit 1/80	2 ea								
		4 TDD								
		1 TBP				<u> </u>				
	Brownle/glaze Fortified Punch	1/60			<del>                                     </del>					1
<del></del>	Potatieu Punch	1 pkg	_	<del></del>						
	<u>t</u>								<u> </u>	
	Time meal is started: Breakf	iast:	Lunch:	_ Dinner						
	Time meal is finished: Breakf	fast:	Lunch:	Dinner:		Food Service Director	F.			
Form B-200 Rev										

Unit number

FOOD PRODUCTION SCHEDULE -

FOOD PRODUCTION SCHEDULE -Unit number MENU DATE: 4/14/16 B L D Okaloosa County Correctional Facility Projected Inmate Count: BREAKFAST SERVING WELLS AND TRAY HIGHLIGHT ALL PREPITEMS ACTUAL Irimate Count Projected Staff Count Week: WEEK 2 ACTUAL Staff Count Projected Bag Lunches X - ALL PULLS Day: WEDNESDAY ACTUAL Bag Lunches Work Assign. (Cook's Initials) Raw Quantity Required Portion Size Recipe Number Yield ITEMS SUBSTITUTED ENDING Food Item Costing TEMP TEMP Breakfast Grits/margarine 10 oz Breakfast Gravy Turkey Sausage 1 oz Biscult 1/80 2 ea LUNCH SERVING WELLS AND TRAY Margarine 1 TBP Calcium Fort Beverage 1 pkg Lunch Turkey ham I beans 8 oz 2 oz meat Carrots Seasoned Rice Biscuit 1/80 2 ea 1 TBP Margarine Brownie/glaze 1/60 Calclum Fort Beverage 1 pkg Dinner Chili Mac 8 oz 2 oz meat Seasoned Carrots 1/2 C Cornbread 1/60 1/2 C 1 TBP Coleslaw

Food Service Director:

Form B-200	Rev. 3/04
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Margarine Giazed Cake

Fortified Punch
Time meal is started:

Time meal is finished:

1/60 1 pkg

Lunch:

Lunch:\_

Dinner:

Dinner:\_

Breakfast:

Breakfast:

FOOD PRODUCTION SCHEDULE -Okaloosa County Correctional Facility

4/14/16 B L D

MENU DATE:

Unit number

					nooda oddiicj	Concondita	i donny							
Projected Inmate ACTUAL Inmate	_					Date:				BREAKFAST SI	RVING WELLS	AND TRAY		
Projected Staff ( ACTUAL Staff (	Count	<del>-</del>		HIGHLIGHT ALL PR	EP II EMS		Week:	WEEK 2						
Projected Bag L ACTUAL Bag Li	unches	_		X - ALL PULLS			Day:	THURSDAY						
Work Assign. (Cook's Initials)		Portion Size	Recipe Number	Yield	Raw Quantity Required		TEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing				
Breakfast		1 1 1 1 1 1 1 1	320.00		Laurentra e se 1	Pro describitoria	(1650) 1955 (1555) [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650] [1650]	THE PROPERTY		resulta (Menter State Control				
	Cornflakes	1 C						-						
		ļ <u> </u>	ļ											-+
	Turkey Ham Pancakes	1 02 2 EA												
	Syrup	1/4 C				-			-		LUNCH SERVIN	G WELLS AND	TRAY	
	Margarine Sugar Packet	1 TBP 2 EA							į					
Lunch	2 % Milk	1 C	1	l Property of American	[34, 156] L. 1. 1. 1. 1. 1.	6 1/12 E. 45 1 1/2 24 1		- 124 M. J. 1881 124 M. 1 12 M.	Marketowa (j. 1)					
Laisos	Beans & Franks	8 oz						19 <u>57/980-980 (34-31</u>	387,2737,4382					
	2 oz meat						-				L			
			1											
	Combresd	1/60												
	Potato Salad Margarine	1/2 C							-			1		$\neg$
	Margania	/ IDP			-		-							Į

	Суюр	177.0		<u> </u>							LUNCI	PEKNING	WELLS AND	IKAY		
	Margarine	1 TBP	J								1 1					
		2 EA									1			1		ı
	2 % Milk	10	)							T	1					
Lunch			Jan 1971	P. C. & Co., 10 (1977)		A A STATE OF THE S		THE CANADA SHEET CHANGE	TENEDOWN TO		1					
		8 oz									1					
	2 oz meat									1	1					ı
											] '					
											]					
	1										]					ı
	Combread	1/60									1					ı
	Potato Salad	1/2 C	ļ				<u> </u>				1					ı
		172 C		<u> </u>						ļ <u>.</u>	1					ı
					-	ļ	<u> </u>				1				ļļ	ı
	Glazed Cake	1/60									4				:	:
		1 pkg	<u> </u>	1							1					
Dinner	100 March 100 100 100 100 100 100 100 100 100 10		E WILLIAM		Brown Francisco	5 S S S S S S S S S S S S S S S S S S S				Committee and the committee of the	]					
		8 oz	<u> </u>								] [					
	2 oz meat			<u>L</u> .		1					]					
											1				i	
			ļ				<u> </u>				1					
		1/2 C						<del>-</del>								
	Biscuit 1/80	2 ea									<u> </u>					
	Coleslaw	1/2 C	1	-			<del></del>				<b>!</b>					
		1 TBP				<del>                                     </del>					, ,					
	Glazed Cake	1/60	<b></b>	1	_	-	ļ.,		<u> </u>		1					
		1 pkg	<del>                                     </del>	-			<del>                                     </del>	_	<del> </del>	·	ł					
	I di iliadi i di idi	1 pag						<del></del>	<del> </del>		ł					
	.l		1	!					1		J			L		
	Time meal is started: Break	fast:		Lunch: Lunch:	Dinner:_											
	Time meal is finished: Break	fast:		Lunch:	Dinner:			Food Service D	irector:						i	
Form B-200 Rev																

MENU DATE: Projected Inmate ACTUAL Inmate Projected Staff of ACTUAL Staff of ACTUAL Bag Lo	Count Count Count Count Count	•			loosa County	SCHEDULE - Correctional	Unit number Facility Date: Week; Day:	WEEK 2 FRIDAY		-	BREAKFAST SERVING WELLS AND TRAY	
Work Assign.	Food Item	Portion	Recipe	Yield	Raw Quantity		ITEMS	BEGIN	ENDING	Costing	1	
(Cook's initials) Breakfast	and the second s	Size	Number	Degen vilania entraper	Required	STALS ASSESSED	SUBSTITUTED	TEMP	TEMP			
Diediliase				* * * * * * * * * * * * * * * * * * *	The Salar Sa		n miser colore, a representata on acchegala	324 (C2N, 1280 (1994 C 1974)	57/20/00/20/59/90/2017	Manager & Barrier As	{	_
	Grits/margarine	10 az		<u> </u>								
		<u> </u>	ļ <u> </u>							<u></u>		
	Scrambled Eggs	3 02		ļ								
	Crumb Cake	1/60	1	+				<del>-</del>				
				· · · · · · · · · · · · · · · · · · ·					<del>                                     </del>			
	Jally	1 TBP									LUNCH SERVING WELLS AND TRAY	
	Margarine	1 TBP					1					1
		ļ									]	
Lunch	Caldium Fort Beverage	1 pkg	7.13.25.54	1 (4) (2) (3) (4) (4) (4)	Maria de emperación de escar	W W Si St State of Commence Section	ESTABLE AND THE PROPERTY OF THE	offers I Draw fire			1	
Lunen	Spaghetti sauce	4 oz		. C. S. C. S. C. S. S. S. S. S. S. S. S. S. S. S. S. S.	page pergagaga	# 17 NO. G. WOLT (	Read of No. 1 September 1995 Billion (1997).	and the plant of the first feeting	Salar Salar	大学をおしているとことにより、4	4     i	
·	2 oz meat	T 02					<del></del>				1	
	-								<del>                                     </del>	i ·	<del>                                   </del>	_
		1 0					·				<u> </u>	
ļ	Green Beans	1/2 C						_				
	Combread	1/60 2 sl	-						<u> </u>			
<u>                                     </u>	gartic bread	Z.S.				1			<del> </del>		l	
	Copkies	2 EA									]	
	Calcium Fort Beverage	1 pkg	-						1		<u> </u>	
Dinner	Calcium Fort beverage	тркд	2000 1121		howard are an independent	district street have the	American services and the services of the services	and the second second second	F VOIDS VV - SONOS - S	to ke ned a territoria.		
Dianer	Country Fried Beef		-	A section of the contraction of	programme transfer	40 1 2 2 2 2 2 2 2 2 2 2	A CONTRACTOR OF THE PROPERTY AND A STREET OF THE PARTY OF	The distribution of the fact of	Profession of State (Co.	NAMES OF TAXABLE PROPERTY.	l <del></del>	
						1			1	<del>-</del>	1	
		3 oz									1	
		1/2 C									]	
		1/2 C		ļ		<u> </u>					]	
	Hot Bread	1/BIL	1	1	I .	1	i .	1				1

Food Service Director:\_\_

Margarine Applesauce

Form 8-200 Rev. Time meal is finished:

Fortified Punch

Time meal is started:

1 TBP 1/2 C

Lunch:\_

Lunch:

Dinner:

Dinner:\_

Breakfast:

Breakfast:

#### RESTRICTED DIET SPREADSHEET WEEK 2

Hoit number

SATURDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC NUTRITION SUPPORT PREGNANCY HEART HEALTHY HIGH FIBER DENTAL/MECHANICAL RELIGIOUS NO CONCENTRATED DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (Chewing Problems) (Low Fat/Chol/Salt) (+28 gms) (Ovo-Lacto Vegetarian) SWEET\$ Food Items Calorio Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat .fuice Vit C Fruit or Juice 1 Serving Grits/margarine 10 07 oatmeal Plain-No Sugar Plain-No Sugar 1/2C 1/2C Ралсаке (4" DIAM) 2 ea 1 ea Turkey Sausage 1 02 Turkey ham Chopped cheese or peanut butter Turkey Ham 10Z 2 07 2 oz 12 EA Pancakes 1 ÉA Syrup 1/4 C Diet Syrup Diet Syrup PKT 1EA Margarine 1 TBI 1TSP 1TSP Sugar Sub RF Milk 2EA Calcium Fort Beverage 1 pkg 2 c milk 2c milk ¥ Х TOTAL DIETS SERVED LUNCH No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Grilled Turkey Ham 2 oz 2 07 x CHOPPED NO grilled turkey ham 2 oz 2 oz 2 oz Cheese 1 SL NΩ 4 slices cheese 1/2 C Baked Beans х х LS LF baked beans v baked beans 1/3 c 1/3 c 2/3 c 1 C vegetables diet vegetables 112 C 2 SL Enriched Bread х ww bread ww bread х x × ww bread 1 2 2 Potato Salad 1/2 C salad/diet dressing x 1 C salad/diet dressing salad/dlet dressing 1/2 C Магдагіле 1 tsp x х x Glazed Cake 1/80 FRUIT FRUIT Fruit x 1 serv x 2 Calcium Fort Beverage 1 pkg х Diet Beverage Diet Beverage 110 ¥ Y TOTAL DIETS SERVED DINNER No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Turkey & Noodles 8 oz х 6 oz CHOPPED ΝÓ × turkey & noodles 3/4 C 3/4 C 10 2 oz meat 1 C beans 1 C noodles Seasoned Carrots 1/2 C LS LF carrots ¥ ¥ x 1.0 carrots х х Biscuit 1/80 2 ea х ww bread ww bread х bread х 2 el X х ww bread Y Margarine 1 TBP 1 TSP х X х х х 1 TSP Margarine 1 TSP × x Glazed Cake 1/60 FRUIT FRUIT 1 SERV Fruit 7 7 Fortified Punch Milk 1 pkg Х Diet Beverage 2% MILK х no-saudoros antes en la ex TOTAL DIETS SERVED HOUR OF SLEEP Meat OR Cheese 2 OZ Meat OR Cheese 2 OZ LF (low fat) / LS (low DIET VEGETABLES ARE Meat and/or Cheese 1 OZ Bread 2 \$L Bread 2 \$L sodium) -- cook with no CARROTS, CABBAGE, 2 SL Bread SNACK MENU Condiment 1 PKT Condiment 1 PKT added fat and no added GREEN BEANS, SQUASH, Mustard OR Catsup 1 PKT X Fresh Fruit 1 EA Fresh Fruit 1 EA GREENS, TOMATOES Fresh Fruit EA Reduced Fat Milk 1 C Reduced Fat Milk 1 C TOTAL SNACKS SERVED

# RESTRICTED DIET SPREADSHEET WEEK 2

Unit number

SUNDAY

		ERVE SAME AS REG PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY					DIET INSTRUCTIONS: X=SER				
MEAL - REGUL	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTALMECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PLA Food Items	AN .	1800 Calorie	2200 Calorie	250 Calor
BREAKFAST:		Vitamin C Fruit OR	1	No Added Salt or Fat	1	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	1	Calcille	Calone	T
		Juice	<u> </u>	****				THE PRODUCT SERVICE TEXT	Vit C Fruit or Juice	1	х	- x	<del>  x</del>
	]	1 Serving											<del>  ^</del>
Oatmeal/margarine	10 oz	x	X	X	oatmeai	X	Х	Plain-No Sugar	Plain-No Sugar Cereal	1C	1/2C	1/2C	X
						· · · · · ·		· <del> </del>	Scrambled Egg	3 oz	1/4 c	х	<del>  x</del>
Scrambled Eggs	3 oz	X	X	1/4 C	X	x	x	x -	Totalibled Egg	10.02	1746	<u> </u>	<del>  ^</del>
Biscuit 1/80	2 ea	X	X	WW Bread	WW Bread	X	Х	X	Biscuit	1EA	х	2 EA	2E/
Jelly	1 TBP	х	- x	X	x	x	X	Diet Jelly	Diet Jelly	1EA	x	X	<del> </del>
Margarine	1 TBP	X	X	1TSP	x	- <del>x</del>		1TSP	_ Diet Jelly	IEA .		<del>- ^</del>	X
									Sugar Sub	2EA	х	x	l x
Calcium Fort Beverage	1 pkg	2 c milk	2c milk	X	X	Х	х	х	RF Milk	1C	x	x	x
TOTAL DIETS SERVED	D				-			<del>                                     </del>	<del></del>	<del></del>		<u> </u>	+
LUNCH:			<del>                                     </del>	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	+	-	<u> </u>	$\leftarrow$
			<u> </u>			onering 1 cous	, eq mous i roudolo	No Added Sak Of Fat	No Added Salt of Pat				
Beef Patty	3 oz	X	х	2 02	x	CHOPPED	NO	х	beef patty	T	2 oz	2 oz	20
Mustard/Catsup	1 TBP	X	х	X	X	X	X	X	mustard/catsup	1	1 TB	1 TB	178
Sauteed Onions	1/4 C	X	x	x	X	х	x	x	sauteed onions	1/4 C	X	X	T x
Home Fries	1/2 C	х	x	baked home fries	x	x	10	x	home fries		1/2 C	1/2 C	10
							4 slices cheese	1	diet vegetables	1/2 C	×	X	l x
Enriched Bread	2 SL	х	х	ww bread	ww bread	X	x	x	ww bread		1	2	2
							1 C vegetables						
Macaroni Salad	1/2 C	х х	×	DIET DRESSING	X	shredded lettuce/drsg	1¢	DIET DRESSING	salad/diet dressing	1/2 C	Х	X	10
			-						Margarine	1 tsp	х	x	X
Glazed Cake	1/60	x	х х	FRUIT	X	Х	x	FRUIT	Fruit	1 serv	X	X	2
Calcium Fort Beverage	1 pkg	Х	X	x	X	X	Х	Diet Beverage	Diet Beverage	1C	X	X	X
TOTAL DIETS SERVED	<del>,                                    </del>								-				<del></del>
DINNER:	-			No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	1			+
				NO ADDRESSANT OF FAC		No Citewing Foods	NO MEAL PRODUCTS	No Added Salt of Fat	No Added Salt of Fat	1			
Chicken Patty	3 oz	x	X	turkey ham 2oz	x	CHOPPED	NO	x	turkey ham		2 oz	2 oz	3 02
									Gravy		1 TB	_ 1 TB	1 TE
Cream Gravy	3 oz	X	l x	1 TBP	X	х	NO	x		"			T
Mashed Potatoes	1/2 C	X	X	LS 1F potatoes	x	х	10	x	potatoes	1	1/2 C	1/2 C	10
Seasoned Corn	1/2 C	X	х	LS LF corn	х .	x	10	x	diet vegetables	1° C	Х	х	l x
Combread	1/60	X	x	ww bread	ww bread	x	×	bread	ww bread	2 sl	Х	x	X
					1/2 C beans		1 C beans						
Margarine	1 TBP	X	x	1 TSP	x	х	x	1 TSP	Margarine	1 TSP	×	×	<del>  x</del>
Bread Pudding	1/2 C	x	x	FRUIT	<del>Î</del>	x	x	FRUIT	Fruit	1 SERV	1	2	1 2
Fortified Punch	1 pkg	Milk	x	X	<del>Î</del>	x		Diet Beverage	2% MILK	1C	X	X	1 ×
	2/19	******		1		^		Diet Burtings	(mine milet)	+		<del>  ^</del>	<del>  ^</del>
								<b>数学的国际发展的国际基础</b> 系统。	<b>国建设的国际国际中央中部国际中</b>	9 82157 (0.15)	SECTION	HERMINE	10.02
TOTAL DIETS SERVED	<u> </u>												<u> </u>
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	х	х	×
		Bread 2 SL	Bread 2 SL	sodium) cook with no		i		CARROTS, CABBAGE	Bread	2 SL	â	x̂	
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	added fat and no added				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	â	x	x̂
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	â	Î	Ιŝ
	],	Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	_1									1 ^
TOTAL SNACKS SERV	/ED								1	T		l	1

#### RESTRICTED DIET SPREADSHEET WEEK 2

Unit number

MONDAY

		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SE DIABETIC DIET P		1800	2200	2500
MEAL - REGULA	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calor
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
		Juice							Vit C Fruit or Juice	1/2C	X	Х	Х
rits/margarine	10 oz	1 Serving X	х	X	oatmeal	x		DI: N. A			<del> </del>		
insinal game	10 02	^		<del>  ^</del>	oatmeai	X	X	Plain-No Sugar	Plain - No Sugar	1C	1/2C	1/2C	Х
otatoes & Eggs	1/2 C	X	x	1 x	х	х х	x	x	Hard Boiled Egg	1EA	X	2 EA	2EA
urkey Bologna	1 oz	X	X	Turkey ham	X	Chopped	cheese or peanut butter	<del>x</del>	Hard Boiled Egg	III.	<del>  ^</del>	2 EA	ZEA
rumb Cake	1/6D	. Х	X	WW Bread	WW Bread	X	X	ww bread	ww bread	1EA	X	2EA	2EA
											1		1
elly	1 TBP	<u> </u>	X	X	Х	X	X	Diet Jelly	Diet Jelly	1PKT	Х	Х	X
/argarine	1 TBP	Х	X	1TSP	х	Х	X	1TSP	Margarine	1 TSP	X	X	X
Calcium Fort Beverage	1 pkg	2 c milk	A	<del>                                     </del>	x			ļ	Sugar Sub 2EA		Х	X	X
alcium Fort Beverage	1 0 Kg	∠ c milk	2c milk	х	X	X	X	X	RF Milk	1C	X	X	Х
OTAL DIETS SERVED					<del> </del>			<u> </u>			<del> </del>	!	
UNCH:				No Added Salt or Fat	<del>                                     </del>	"No Chewing" Foods	No Meat Products	No Added Cab as Total	No Add On to Table	-+	-	<u> </u>	
			[	AC ACCED SAIL OF FAL		HO CHEWING FOODS	No MERS PRODUCTS	No Added Salt or Fat	No Added Salt or Fat	- 1		ţ	
Meat Stroganoff	8 oz	x	х	6 oz	х	CHOPPED	NO	х	meat stroganoff		3 oz	4 oz	4 oz
2 oz meat				1	<del>                                     </del>		.,,,,	† <del>- ^ </del>	inout ou ogunon	<del></del>	1 502	-702	402
			İ	i	1/2 C beans		1 C beans				1		
Seasoned Rice	1/2 C	X	x	LS 1,F rice	х	x	10	x	rice		1/3 c	1/3 c	2/3 c
Nixed Vegetables	1/2 C	х	x	LS LF mix vegetables	х	х	10	x	mixed vegetables	1 C	х	х	х
Combread	1/60	Х	x	ww bread	ww bread	×	X	bread	ww bread		1	2	2
											-	i — —	
				J							1		
Margarine	1 TBP	Х	х х	1 TSP	х	х х	x	1 TSP	Margarine	1 tsp	х	X	х
Glazed Cake	1/60	Х	X	FRUIT	х	×	×	FRUIT	Fruit	1 serv	X	х	2
Calcium Fort Beverage	1 pkg	X	. x	X	X	X	X	Diet Beverage	Diet Beverage	1C	X	Х	X
											L	L	
OTAL DIETS SERVED	<u> </u>							1	1				L .
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
N-1-1 01				+				<u> </u>					
Chicken Spaghetti	8 oz	Х	х	6 az	x	CHOPPED	NO	X	Chicken Spaghetti		3/4 c	3/4 c	1 c
				+			4 sl cheese		<del></del>				
				<del>                                     </del>			Pasta w sauce 1 c		-		-		1
Green Beans	1/2 C	х	x	LS LF green beans	х	x	10	x		10	x	<del></del>	
ot Bread	1/60	<u>x</u>	×	ww bread	ww bread	X	X	x	green beans www bread	2 sl	X	X	X
IOT BI 620	1 1/00	<del></del>	^	WW DIESG	ww breau	^	^	<u> </u>	ww oreau	251	<del>  ^</del>	х	
				<del>                                     </del>	<b>! ••</b> •	·				+	+		
//argarine	1 TBP	х	x	1 TSP	х	X	×	1 TSP	Margarine	1 TSP	x	х	Х
Cookies	2 EA	x	x	FRUIT	x	x	x	FRUIT	Fruit	1 SERV	1	2	2
ortified Punch	1 oka	Milk	x	X	x	X	- x	Diet Beverage	2% MILK	1C	X	x	- x
	. 209		1	1	i		-			<u> </u>	<del></del>	<u> </u>	
ger na de pare e per p								TERRETORISM SPECIAL	<b>建筑设施的设置和企业发</b> 。4	W 15 3 W	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	\$P(質量) 實際	15-2 (F 88)
OTAL DIETS SERVED	0							].					
		<del> </del>							1				_
HOUR OF SLEEP	1	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ					DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	X	×	х
		Bread 2 SL	Bread 2 SL	LF (low fat) / LS (low				CARROTS, CABBAGE,	Bread	2 SL	X	X	X
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	sodium) cook with no				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	X	X	X
		resh Fruit 1 EA	Fresh Fruit 1 EA	added fat and no added				GREENS, TOMATOES	Fresh Fruit	1 EA	X	×	X
	Į.	Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	salt	1		I	I	1	ł	1	l	l

Fresh Fruit

Reduced Fat Milk 1 C

1 EA

Fresh Fruit

Reduced Fat Milk 1 C

1 EA

#### Okaloosa County Correctional Facility

#### RESTRICTED DIET SPREADSHEET WEEK

Unit number

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC NUTRITION SUPPORT PREGNANCY HEART HEALTHY HIGH FIBER RELIGIOUS NO CONCENTRATED DENTAL MECHANICAL DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. \$nack (Low Fat/Chol/Salt) (+28 ams) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Fat "Na Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice 100 X 1 Servina Cornflakes bran flakes Plain-No Sugar Plain - No Sugar 1/2C 1/2 c Y Grilled Potatoes Turkey Ham 10Z 2.07 2 OZ Turkey Ham 1 02 Chopped cheese or peanut butter 2 SL Bread WW Bread WW Bread ww bread 2 EA 1 EA ww bread х Jelly 1 TBP Diet Jelly Diet Jelly Margarine 1TSP 1TSP 1TSP Margarine х 2 EA Sugar Packet Sugar Sub 2EA Sugar Sub 2 c milk 20 milk TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Meat & Spanish Rice 8 az CHOPPED 6.07 х NO x Meat & spanish rice 3/4 C 1 C 3/4 C 2 oz mest 1 C vegetables 1/2 C Ranch Beans × LS LF ranch beans x 1 C diet vegetables 1/2 C × Combread 1/60 х х ww bread ww bread bread x ww bread 1 2 2 Coleslaw 1/2 C DIET DRESSING DIET DRESSING shredded lettuce/drsg 10 salad/diet dressing 1/2 C Margarine 1 TBP x ¥ 1 TSP х 1 TSP Margarine 1 tsp х x. × Fresh Fruit 1 FA х FRUIT canned fruit 1/2 C FRUIT Fruit 1 serv х х 2 Calcium Fort Beverage 1 pkg Diet Beverage Diet Beverage 1C TOTAL DIETS SERVED DINNER-No Added Salt or Fat "Na Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Swedish Meathalls х 2 OZ CHOPPED NO swedish meatballs х 2 oz 2 oz 3 oz 1 C vegetables Seasoned Pasta 1/2 C LS LF pasta northern beans 1/3 c 1/3 c 2/3 c Northern Beans 1/2 C x х 1S LF northern beans 10 х diet vegetables 1 C × x х Biscuit 1/80 2 ea х ww bread www bread Х bread ww bread 2 sl x х х Margarine 1 TBP 1 TSP 1 TSP TSP Margarine х Х х 1/60 Brownie/glaze x FRUIT ¥ ¥ FRUIT Fruit SERV Milk Fortified Punch Diet Beverage 2% MILK 機能够認為自然有限等的語 于10%的。2005的新闻和性的A TOTAL DIETS SERVED HOUR OF SLEEP Meat OR Cheese 2 OZ Meat OR Cheese 2 OZ LF (low fat) / LS (low DIET VEGETARI ES ARE Meat and/or Cheese ı oz sodium) - cook with no Bread 2 SL Bread 2 SL CARROTS CARRAGE Bread 2 SL 1 PKT х X X X X X X SNACK MENU Condiment 1 PKT added fat and no added 1 PKT Condiment GREEN BEANS, SQUASH, Mustard OR Catsun X

GREENS, TOMATOES

Fresh Fruit

1 EA

#### RESTRICTED DIET SPREADSHEET WEEK 2

I Init number

WEDNESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HEART HEALTHY HIGH FIBER DENTAL/MECHANICAL RELIGIOUS NO CONCENTRATED DIABETIC DIET PLAN 1200 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (Low Fat/Chol/Salt) (+28 gms) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorio Calorle Calorie BREAKFAST: Vitamin C Fruit OR "No Chewing" Foods No Added Salt or Fat No Meat Products No Added Salt or Fat No Added Salt or Fat Vit C Fruit or Juice 1/2C 1 Serving Grits/margarine 10 oz ostmesi Plain-No Sugar Plain - No Sugar 1/2C 1/2 c Breakfast Gravy 1/4 C Turkey Ham 2 OZ 2 OZ Turkey Sausage 1 oz Turkey ham Chopped cheese or peanut butter Biscuit 1/80 2 ea WW Bread WW Bread Biscuit 2 EA 1 EA Diet Jelly 1EA Margarine 1 TBP 1TSP 1TSP v Sugar Sub Calcium Fort Beverage 1 pkg 2 e milk 2c milk RF Milk TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Sait or Fat Turkey ham I beans 8 oz х х 6 oz х CHOPPED NO T ham/beans × 3/4 C 3/4 C 1 C 2 oz meat 1 c beans Carrots 1/2 c LF LS CARROTS x Sessoned Rice 1/2 C LS LF rice х v 10 Carrots х Biscuit 1/80 x 2 88 х ww bread ww bread х bread ww bread 1 2 2 Margarine 1 TBP 1 TSP х 1 TSP X Margarine 1 tsp 1/80 Brownie/glaze x Y FRUIT FRUIT Fruit х 2 serv Calcium Fort Beverage 1 pkg Diet Bevarage Diet Beverage TOTAL DIETS SERVED DINNER: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Chili Mac 8 oz х 6 oz X CHOPPED NO chili mac 3/4 C 3/4 C 1 C 2 oz meat 1 C chili beans Seasoned Carrots 1/2 C LS LF carrots × 16 carrots 1/2 c × Y 1/60 Combread Х х ww bread ww bread bread ww bread 2 sl X х x DIET DRESSING Colesiaw 1/2 C shredded lettuce/drsg 1 C DIET DRESSING salad/diet dressing 112 C Y Margarine 1 TBF 1 TSP x 1 TSP Margarine 1 TSP х х X Glazed Cake 1/60 × FRUIT 1 SERV 2 2 Fortified Punch 1 pkg Milk Diet Beverage 2% MILK 1C х at the latest TOTAL DIETS SERVED HOUR OF SLEEP Mest OR Chass 2 DZ Most OP Chases 2 O7 DIET VEGETABLES ARE Meat and/or Cheese 1 OZ Bread 2 \$L Bread 2.5L LF (low fat) / LS (low CARROTS, CABBAGE, Bread 2 SL X X X SNACK MENU 1 PKT Condiment Condiment 1 PKT sodium) -- cook with no GREEN BEANS, SQUASH, Mustard OR Catsup 1 PKT added fat and no added Fresh Fruit 1 FA Fresh Fouit 1 FA GREENS, TOMATOES Fresh Fruit EΑ Reduced Fat Milk 1 C Reduced Fat Milk 1 C

#### RESTRICTED DIET SPREADSHEET WEEK 2

THURSDAY

		ERVE SAME AS REG	NUTRITION SUPPORT	HEART HEALTHY	111511 51555	·	-			Food Items				
MEAL - REGUL	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTALIMECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS		AN			250 Calo	
REAKFAST:		Vitamin C Fruit OR	_	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Sait or Fat	No Added Salt or Fat	T	1			
		Juice							Vit C Fruit or Juice	1	x	X	<u> </u>	
		1 Serving				-								
Comflekes	1 C	X	X	X	bran flakes	X	X	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	x	
					<del></del>	· -			Pancake (4" DIAM)	2 ea	1 ea	х х	x	
furkey Ham	1 oz		X	x	х х	Chopped	cheese or peanut butter	x	Turkey Ham	10Z	X	2 oz	2 0	
Pancakes	2 EA	X	х	1 EA	Х	X	Х	X		1.0-				
Syrup	1/4 C	х -	х	<del>  x</del>	x	×	х	Diet Syrup	Dief Syrup PKT	1EA	X	x -	<del> </del> x	
Margarine	1 TBP	X	x	1TSP	Х	x	X	1TSP	NO	<del> </del>	^_	^_	<del>  ^</del>	
Sugar Packet	2 EA	X	X	x	X	×	X	Sugar Sub 2EA	Sugar Sub	2EA	х	х	- x	
2 % Milk	1 C	2 c milk	2c milk	X	X	X	X	X	RF Milk	1C	x	x	<del>Î</del>	
TOTAL DIETS SERVÉ	Ď			<u> </u>	-				<del> </del>	<del>                                     </del>			Ь—	
LUNCH:	<u>-</u>			No Added Salt or Fat	<u> </u>	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	1			$\vdash$	
Beans & Franks	8 oz	x	x	turkey ham 2oz	x	CHOPPED	NÓ	X	turkey ham	+ -	2 oz	2 oz	20	
2 oz meat				beans 1/2 C					1	1				
					L .		1 C beans		· ·				$\overline{}$	
							1 C vegetables		beans		1/3 c	1/3 c	2/3	
								ŧ	diet vegetables	1/2 C	X	×	х	
Combread	1/60	X	х	ww bread	ww bread	X	Х	bread	ww bread		1	2	2	
Potato Salad	1/2 C	X	x	salad/diet dressing	х	x	10		<del>                                     </del>	1			<u></u>	
Margarine	1 TBP	X	x	1 TSP	x	x		salad/diet dressing	salad/diet dressing	1/2 C	X	X	10	
Glazed Cake	1/60	X	x	FRUIT	x		X	1 TSP	Margarine	1 tsp	_ х	х	X	
Calcium Fort Beverage		X	x	X		X	X X	FRUIT	Fruit	1 serv	х	X	2	
October 1 of Develope		^	^	<u> </u>	<del>  ^</del>	<del></del>		Diet Beverage	Diet Beverage	1Ç	х	X	X	
TOTAL DIETS SERVE	D												$\overline{}$	
DINNER:		7 100		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Sait or Fat					
Turkey Tetrazzini	8 oz	х	X	6 oz	х	CHOPPED	NO	х	turkey tetrazzini		3/4 C	3/4 C	10	
2 oz meat														
			<del> </del>		<del>                                     </del>	<u></u>	1 C vegetables		<del>                                      </del>				-	
Navy Beans	1/2 C	x	x	LS LF navy beans	×	x	10	x	diet vegetables	1/2 c	x	×	X	
Biscuit 1/80	2 ea	Х	X	ww bread	ww bread	x	x	bread	ww bread	2 si	x	$\frac{\hat{x}}{x}$	<del>  x</del>	
Coleslaw Margarine	1/2 C 1 TBP	X X	x	salad/diet dressing 1 TSP	X	shredded lettuce/drsg X	1 C	salad/diet dressing	salad/diet dressing	1/2 C	х	X	X	
Glazed Cake	1/60	X	×	FRUIT			x	1 TSP	Margarine	1 TSP	X	X	X	
Fortified Punch	1 pkg	Milk	x	X	X	X	X X	FRUIT	Fruit 2% MILK	1 SERV	1 .	2 X	2 X	
FORMED FUNCT	1 DAG	MILK		· · · · · · · · · · · · · · · · · · ·	· ^	^	^	Diet Beverage	2% MILK	110	X	Х	<u> </u>	
医网络特别氏线 化多数								中國的國家的學習的學習的學習	The state of the s	2019年10日	<b>2001 国际设计</b>	digent the	2(1988)	
TOTAL DIETS SERVE	D			<u> </u>						1				
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 02	х	x	х	
SNACK MENU		Bread 2 SL Condiment 1 PKT	Bread 2 SL Condiment 1 PKT	sodium) cook with no added fat and no added				CARROTS, CABBAGE, GREEN BEANS, SQUASH.	Bread Mustard OR Catsup	2 SL 1 PKT	X X	X X	X	
VINTOR INCIN		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	î	x	Â	
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	1	1			1		1 1			( "	

# RESTRICTED DIET SPREADSHEET WEEK 2

Unit number

FRIDAY

<del></del>		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SE DIABETIC DIET PL		1800	2200	250
MEAL - REGULA	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(±28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calc
REAKFAST:		Vitamin C Fruit OR	1	No Added Salt or Fat	***	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat		- Carbrid	Jaione	T
		Juice							Vit C Fruit or Juice	1	<u>x</u>	- X	,
		1 Serving									<del>  ^ -</del>	<del>~</del>	<del></del>
rits/margarine	1D oz	Х	X	X	oatmeal	X	X	Plain-No Sugar	Plain-No Sugar Cereal	1C	1/2C	1/2¢	1 5
					-				T -	-			
									Scrambled Egg	3 oz	1/4 c	Х	×
crambled Eggs	3 oz	X	x	1/4 C	X	x	X	X					1
rumb Cake	1/60	X	X X	WW Bread	WW Bread	X	x	ww bread	ww bread	1EA	X	2 EA	2E
ily	1 TBP	Х	- x	<del></del>			<del></del>						
argarine	1 TBP	x ·	x	X 1TSP	X	X	X	Diet Jelly	Diet Jefly	1EA	Х	X	
an garare			- <del>^-</del>	IISF		x	х	1TSP	Margarine	1 TSP	Х	X	<u> </u>
alcium Fort Beverage	1 pkg	2 c milk	2c milk	- <del></del>	Ÿ	x	x	<del></del>	Sugar Sub RF Milk	2EA	X.	Х	X
			20 11415	<del>  ^</del>	^		<del></del>	x	RF MIIK	1C	Х	х	Х
OTAL DIETS SERVED				1					<del></del>	+			•
JNCH:				No Added Sait or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del>-</del>			<del>-</del>
			1	No Added out of 1 at		No chewing Foods	No Meat Floddets	No Added Salt of Fat	No Acced Salt or Pat				1
paghetti sauce	4 oz	X	x	2 02	х	CHOPPED	NO	x					+
oz meat				1 202		GIOFFEE	NO	<del>                                      </del>	spaghetti sauce	_	3 oz	4 oz	40
	•		i		_		4 slices cheese	<del> </del>	<del>                                     </del>		<del></del>		
asta	1 c	X	×	x	X	x	1 C / tomato sauce	X	spaghetti noodles		2/3 C	2/3 C	1 1/3
reen Beans	1/2 C	X	x	LS LF green beans	X .	x	10	X	green beans	1 C	X	x .	
ombread	1/60	X	X	ww bread	ww bread	x	X	bread					X
arlic bread	2 sl		<u> </u>	ww bleab	WW Dredu	^	1 C salad/dressing	bread	ww bread	1 si	x	х	Х
2010 01000							i C salad/dressing			+			<del> </del>
				1	·-···				Margarine	1 TSP	х	х	х
cokies	2 EA	x	х	FRUM	X	plain cookies	x	FRUIT	Fruit	1 SERV	1	2	2
alclum Fort Beverage	1 pkg	Milk	X	X	×	X	x	Diet Beverage	2% MILK	1C	x x	ź	X
				<u> </u>			^ _ ^	Diet Develage	1 ZW MILK	110	_^_	^	
OTAL DIETS SERVED				1				<del></del>	· · · · · · · · · · · · · · · · · · ·	<del></del>		l	+
INNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	+			+
			i			tto briotting 1 oods	Teo mean ( october	No Added Salt Si Tat	NO Added Salt of Fat				
ountry Fried Beef	3 oz	X	x	beef patty 2oz	х	CHOPPED	NO	х -	beef patty	-	2 oz	2 oz	3 0
•							1	<b></b>	Gravy	+	1 TB	1 TB	1 TE
avy	3 oz	Х	X	1 TBP	X	×	NO	×		1		- 175	1.10
ashed Potatoes	1/2 ¢	х х	X	LS LF potatoes	x	x	10	x	potatoes		1/2 C	1/2 C	10
easoned Cabbage	1/2 C	x	x	LS 1F cabbage	x	x	10	T X	cabbage	1 C		X	
ot Bread	1/60	x	X X	ww bread	ww bread	×	X	X	T		X		X
OI DIGAU	1,700		- <del> </del>	WW Diead	ww bicau	^	4 slicas cheese	<u>*</u>	ww bread	2 st	х	х	X
			· · · · · · · · · · · · · · · · · · ·	<del></del>			4 SIICHS CITHESE	· · · · · · · · · · · · · · · · · · ·		_			1
largarine	1 TBP	x	x	1 TSP	х	X	x	1 TSP	Margarine	1 TSP	х	х	х
pplesauce	1/2 C	x	, x	FRUIT	x	x	X	FRUIT					
ortified Punch	1 pkg	Milk	<del>1                                    </del>	X	x	- x	X	Diet Beverage	Fruit	1 SERV	1	2	2
OI MINEU L UNION	1 prg	AUIK	<del>  ^</del>	<del>  ^  </del>	^	^	^	Dist neverage	2% MILK	1C	X	Х	X
. Carrier la la Silva	,54 9,1590; SZIJW						<del> </del>	An executar echological assessment	TENED THE PARTY OF	(1.05 (St. 104 (St. 1	#145.09£180	motter.gag.gag.	. 010-22000
DTAL DIETS SERVED			1					- A CO. (400-17 a C. b. a C. b. decide 11 1 1046)	44 DECORPT OF THE PROPERTY OF	. January 1	78 6 7 10 glass 199	1 1 2 H21 200 (1 LL) 2	A : 52501 -
			1					<del>                                     </del>	<u> </u>	+ -		<u>.                                    </u>	3
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Mest OR Cheese 2 OZ	LF (low fat) / LS (low			1	DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	l 🗸		
JOR OF OLLLE		Bread 2 SL	Bread 2 SL	sodium) - cook with no				CARROTS, CABBAGE,	Meat and/or Cheese Bread	1 02 2 SL	X	X X	×
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	added fat and no added				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	x	x	â
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	â	x	x
			,				1	ALLENO, INNIOES	i resir r ruit	1.04	. ^	_ ^	. ^

OOD PRODUCTION SCHEDULE -	Unit
Okaloosa County Correctional Facility	

Unit number

Date: HIGHLIGHT ALL PREP ITEMS

Week:

WEEK 3

BREAKFAST SERVING WELLS AND TRAY

X - ALL PULLS

Day:

SATURDAY

Work Assign. Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing	]		
Breakfast	2. 其一十八十二十四十四十四十四十四十四十四十四十四十四十四十四十四十四十四十四十四十四	32 5 J. C	1041.41.41.41.00	Take the set of the second	make military and a	SECONDARY SECONDARY	推進日本金融工程。2017年1月1	Contract Property		meret and resource	] _		
	Grits/margarine	10 oz									<u> </u>		
	Breakfast Gravy	1 C			<u> </u>				-		-	<u> </u>	
	Turkey Sausage	1 oz								i	1		
	Biscuit 1/80	2 ea									<b>1</b> L		
											LUNCH SERVING V	VELLS AND TRAY	
	Margarine	1 TBP	[										
	Calcium Fort Beverage	1 pkg								· · · · · · · · · · · · · · · · · · ·	1		
Lunch			Widowskine	Control of the second s	电电路 医乳管	3. 9. 0.0	"阿尔尔克斯斯特斯斯特斯"的		YOU FARE DE		]		- 1
	Meatballs	3 oz						-			1		
	gravy	3 oz		i			· · · · · · · · · · · · · · · · · · ·	1	_		<del> </del>		
	Seasoned Pasta	1/2 C		·				1	<del>                                     </del>		1		
	Seasoned Pintos	1/2 C		i			<del></del>				1 7		
	Enriched Bread	2 SL									1 1		- 1
											1		
											] [		
		L									]		
		2 EA											- 1
	Calcium Fort Beverage	1 pkg				1				-	1		
Dinner		36,798,75	1 2000		GREAT PROPERTY	est interview deprivation f	TENERS FOR NAME OF THE	11 F 1 1 2 F 2 F 3 F 3 F 3 F 3 F 3 F 3 F 3 F 3 F	SETT SERVICE TO A PA	rear general agreements			
	Turkey Tetrazzîni	8 oz											
	2 oz meat			L							1		- 1
							-	1		_	]		
	Mixed Vegetables	1/2 C						1.		<u> </u>	<b>i</b>		
	Hot Bread	1/60						ļ <u> </u>			]		
	Confetti Slaw	1/2 C						1					
	Margarine	1 TBP									í <u> </u>		
	Bread Pudding	1/2 C					<u></u>	i		<u> </u>	1 г	·	
	Fortified Punch	1 pkg											
	Time meal is started: Break	fast:		Lunch:	Dinnon	1	<u> </u>	1	L	<u> </u>	<b>'</b> ⊢		
		fast:		Lunch:	Dinner.			Food Service D					

				PRODUCTION SCH				
MENU DATE:	4/14/16 B L D		Oka	loosa County Cor				
Projected Inmate ACTUAL Inmate		_	INOCH IOUT ALL DE		Date:			BREAKFAST SERVING WELLS AND TRAY
		-	HIGHLIGHT ALL PR	EP (JEMS				
Projected Staff C		_			Week:	WEEK 3		
ACTUAL Staff C		_	V 417 BITLE		_			
Projected Bag Lu		_	X - ALL PULLS		Day:	SUNDAY	•	
ACTUAL Bag Lu	inches	_						
Work Assign.	Food Item	Portion	Recipe Yield	Raw Quantity	ITEMS	BEGIN ENDING		1
(Cook's Initials)	Food Rem	Size	Number	Required	SUBSTITUTED	TEMP TEMP	Costing	
Breakfast	<ul> <li>AMERICAN CONTRACTOR</li> </ul>		HT MORE SHOPED IS SOUND IN SEC	Andreas Andreas Andreas (Andreas Andre		表示可以可以使用自由 <b>这</b> 类等于	MENTERS OF MENTERS	
		<u> </u>						
	Oatmeal/margarine	10 oz		<u> </u>				
		-						
	Turkey Bologna	1 pz	<u> </u>	· -				
	Pancakes	2 EA		+	<del></del>			1
	l dilones	2 = 5	-	<del></del>				
	Syrup	1/4 C				<del></del>	- · - · · · · · · · · · · · · · · · · ·	LUNCH SERVING WELLS AND TRAY
	Margarine	1 TBP				<del></del>		EDNICH SERVING VIELES AND IRAI
	Marganite	1 1 DI		<del> </del>				1
	Calcium Fort Beverage	1 pkg	<del>                                     </del>					1
Lunch	1 10 10 10 10 10 10 10 10 10 10 10 10 10	1 1	Control Contro	THE PROPERTY OF THE	Santanasana ara masaranan baran erina baran da baran da baran da baran da baran da baran da baran da baran da b	anny apigambana ana ana ana ana ana ana ana ana ana	Decrea Break to a company of	1
	Sloppy Joe	4 02						1
	2 oz meat							1
		Į						
	Baked Beans Sliced Bread	1/2 C 2 SL		<del></del>				1 1 1
	Silced Bread	Z-SL	<del> </del>					1 1 1
	Potato Salad	1/2 C	<del>                                     </del>	<del>  -</del>	-		<u></u>	1
	T GIGIO GGIZG	1				•		
	Glazed Cake	1/60						
	Calcium Fort Beverage	1 pkg			·			<u> </u>
Dinner		100		campa eta 92.3 Hilysos.	SALE TO SERVICE STATE OF SERVICE STATE OF THE SALES	Control September 1985 September 2015	politika daka kelan	
	Chicken Fried Steak	3 oz						
								1     1   1
	gravy	3 oz					<u> </u>	
	Seasoned Rice	1/2 C						1   1   1
	Green Beans	1/2 C						1     1
	Enriched Bread	2 SL						4
	<u> </u>	<del> </del>	<del>                                     </del>					4
	Margarine	1 T8P	-					
	Brownie/glaze	1/60	+ +	1		<del></del>		1
	Fortified Punch	1 pkg	<del>  </del>	1				1
	i oranga i arion	, pag	<del>                                     </del>	1		<del></del>		
	1		<del>                                     </del>				<u> </u>	ı <u> </u>

Food Service Director:\_

Time meal is started:

Time meal is finished:

Form B-200 Rev. 3/04

Breakfast:\_

Breakfast:

Lunch:\_

Lunch:

Dinner:\_

MENU DATE: 4/14/16 B L D
Projected Inmate Count:

FOOD PRODUCTION SCHEDULE -	Unit
Okaloosa County Correctional Facility	

Lunch: Dinner:\_

Dinner:

Lunch:

t number

Projected Inma	nte Count	_		HIGHLIGHT ALL PE	SED ITEMS		Date:				BREAKFAST SE	RVING WELLS	AND TRAY	
Projected Staff ACTUAL Staff	Count	_		HIGHLIGHT ALL FI	CEP II EMIS		Week:	WEEK 3					ĺ	
Projected Bag I ACTUAL Bag L	Lunches	<u>-</u>		X - ALL PULLS			Day:	MONDAY						
Work Assign. (Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing	ı L			
Breakfast		3/20	Rumber	is and was the representation	Required		SOBSITIOIED	IEMP		egen Senti dugu s	ł			
	17 17 18 18 18 18 18 18 18 18 18 18 18 18 18								1 1 2 1 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	and the second of the second o	1			<del></del> 1
	Grits/margarine	10 oz	1	† · · · · · · · · · · · · · · · · · · ·				<u> </u>			1			
							<u> </u>	i			i			
	Grilled Potatoes	1/2 C									1		1	<del>-</del>
	Turkey Hem	1 oz				·							1	
	Oatmeal Breakfast Cake	1/60	-				<u> </u>				l		l <u></u>	
	Jelly	1 TBP	<del> </del>	<del>                                     </del>				<u></u>	<del></del> -					
	Margarine	1 TBP	+			-	<del>                                     </del>		<del>                                     </del>		LUNCH SERVIN	G WELLS AND	IRAY	
	wargarine	LIBP	<del> </del>	<u> </u>					-			1 1		
	Calcium Fort Beverage	1 pkg	<u> </u>				· -		-					
Lunch	Colorative	Ping	2.8 7.5	From College Polymer	NEW TOTAL P	1 Particular (170 (170 (170 (170	Table To Reserve to the State of the State o		o Marin and Survivo	Maring a service of particular transfer and particular transfer.				
	Turkey Ham & Beans	8 oz					10.47.00	2.2 (C. 9)(C. ) (10) ( C. ) (10) ( C.	F (2-24 MM) 200 (42)	A 4.15	ł I	1		
	2 oz meat / 1/2 C beans		<b>—</b>				<del></del>		1		1	i 1		
											<u> </u>		· · · · · · · · · · · · · · · · · · ·	
	Seasoned Rice	1/2 C								-	]			
	Green Beans	1/2 C	<u> </u>			ļ				<u> </u>		1		
	Cornbread	1/60	<del></del>											
		<del> </del>	-								l			
	Margarine	1 TBP	-	1						<del></del>	ł			
	Baked Cookies	2 EA	1							-				
	Calcium Fort Beverage	1 pkg		<del>                                     </del>				<del></del>	<del></del>		ł			
Dinner	The state of the s			**************************************	ugapananan ya	1 2 Chess 1 (94 C. 1 ) 297	PROTECT TO THE SECTION OF THE	or recognized a state of	7 88 NO 1/85 NO	maki mashini en risanin na ri	<b>{</b>			
	Beef Patty	3 oz	<del> </del>	<del> </del>			100000000000000000000000000000000000000	- Maria and Alice above and and	1 Jan 201 1 10 1 11 1		· -	T T		
		1		İ							1	1 1		
	gravy	3 oz	1								1			
	Seasoned Pasta	1/2 C									]	l i		
	Cabbage & Carrots	1/2 C	<u> </u>								<b>l</b>			1
	Biscuit 1/80	2 ea	·	<del> </del>			<b>L</b>		<b></b>					1
			+	<del>                                     </del>					-	<u></u>		1 1		
	Margarine	1 TBP	<del>                                     </del>	<del>                                     </del>					<del> </del>					
	Pudding	1/2 C	1	<del>                                     </del>	-	<del>                                     </del>	<del>                                     </del>	+	+	<del> </del>		- 1		
	Fortified Punch	1 pkg	1	i		1		1	1	· · · · · · · · · · · · · · · · · · ·				1
		1	1		Ì				1		1			1

Food Service Director:

Form B-200 Rev. 3/04

Time meal is started:

Time meal is finished:

Breakfast:\_

Breakfast:

MENU DATE:	4/14/16 B L D					Correctional	Facility							
Projected Inmat					_		Date:				BREAKFAST S	ERVING WELLS	S AND TRAY	
ACTUAL Inmate				HIGHLIGHT ALL PRI	EP ITEMS					_			7.200 1721	
Projected Staff	Count						Week:	WEEK 3					1 I	
ACTUAL Staff C	Count											/	i l	
Projected Bag L				X - ALL PULLS			Day:	TUESDAY					1 1	
ACTUAL Bag Li	unches							. 525274					1 I	
_													1 1	
SIT I A I			<del> </del>	1									1 1	
Work Assign. (Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS	BEGIN	ENDING	Costing				
Breakfast	The state of the s	Size	Number	numery automorphis	Keguirea		SUBSTITUTED	TEMP	TEMP					
Diedvidat		5 - 5 - 11 A A		A 1 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	3 S S S S S S S S S S S S S S S S S S S	All Markey St.		12-4000000000000000000000000000000000000	gat sects vesting	1 Parties and a section of the sec	l			
	Cornilakes	1 C	-	· · · · · · · · · · · · · · · · · · ·		<del></del>					l	1 /	ı	
	OGITHEROS		1							ļ	1	_   <i>'</i>	ı	
			1			<del></del>			<del></del>	+	ł		<del></del>	
	Potatoes & Eggs	1/2 C	1			<del>                                     </del>		-	<del> </del>	<del> </del> -	1	1		
		2 ea	1						i		l	- 1		
			l l			1								
	Jelly	1 TBP	1						T	-	LUNCH SERVI	NG WELLS AND	TRAY	
	Margarine	1 TBP					<u>"</u>	"				10 112227212		
	Sugar Packets	2 EA	t			-					i i		1 1	
	2 % Milk	1 ea	ì					1			i	_   <i>'</i>	1 1	
Lunch		77.77	Assistante y	The state of the s	The second second	1015 November 977	TO PROJECT OF SHEW WHEN PERSONS	999000250002500	0.048700,000°C	Telefologia washini na mata			1 1	
	Turkey Ham & Potatoes	8 oz											1 1	
	2 oz meat								†	j .			1 1	
			ļ											
			<u> </u>											
	Navy Beans Hot Bread	1/2 C	!					<u> </u>					1	
	Hot bread	1/60	-		-			_		į			ı	
	Colesiaw	1/2 C	┼──											
<b>—</b>		1 TBP	-			<del>-</del>		ļ	1	1				ł
		1/2 C		· ·		<del></del>			<del></del>	1				i
		1 pkg	i					<del>                                     </del>		i		L		
Dinner	Calculativ of Develage	pky		Cores de marie e e e e e e e e e e e e e e e e e e	101-101-200-200-1-1-1-1-1-1-1-1-1-1-1-1-	5, 1 for a 1 consens	THE OF THE END OF THE PERSON	1 Stores Constant	10	TSSSTATE VARIABLE COLUMN				
Pinner	Chili Mac	8 oz	1	The second secon	- 1 1 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1	V Charles Inc.	1 1	The Section of the Se	10 10 10 10 10 10 10 10 10 10 10 10 10 1	1290-2011 (2014-01 40)	l —			
<b>—</b>	2 oz meat	<u> </u>							<del> </del>				1 1	
	L de moe.							1	-	<del>                                     </del>		- 1 - 7	1	
			1					1	<del>                                     </del>	·		-   - /	i I	
								1	· -	i		1 1	i l	İ
	Cornbread	1/60								<u> </u>		1 1	i	
								Ī .	i	· -		1 1	i	
		1/2 C			•				)				t. I	
		1 TBP												
	Glazed Cake	1/60										T T	i —	
	Fortified Punch	1 pkg	-					ļ					ı	
				I.		l	<u> </u>	ļ	1	L				
	Time meal is started: Breakf	ast:		Lunch:	Dinner:							ı		
	Time meal is finished: Breakf			Lunch:	Dinner:			Food Service D	irector			l		
Form B-200 Rev								. coa cel vice b				1		

FOOD PRODUCTION SCHEDULE -

FOOD	PRODUCTION	SCHEDULE	

WEEK 3 WEDNESDAY BREAKFAST SERVING WELLS AND TRAY

MENU DATE: 4/14	/16 B	∟	ט	Okaloosa County Correctional Faci	ility
Projected Inmate Count:		Ì		·	Date:
ACTUAL Inmate Count		_1		HIGHLIGHT ALL PREPITEMS	
Projected Staff Count					Week:
ACTUAL Staff Count				•	
Projected Bag Lunches		1		X - ALL PULLS	Day:
ACTUAL Bag Lunches					•

fork Assigл. ook's Initlals)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing		<u> </u>	
Breakfast					0 23 CONT 18 1		Denient of the property of	(2) 中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国中国	ELSH BUT				
	Grits/margarine	10 oz			1			<del></del>					
	orize marganiza	10 02		-				<del></del> _					
	Turkey Bologna	1 oz			+			1					
	Pancakes	2 EA			-		† <del>'</del>	<del>                                     </del>					
						1	T	_					<del>'</del>
	Syrup	1/4 C								-	LUNCH SERVING	WELLS AND TRAY	
	Margarine	1 TBP										1	
			-					1			1	1 1	
	Calcium Fort Beverage	1 pkg						1					1 1
Lunch		7 A 15 5 5		Sand and Special Control	je šari protektora storici			Market Company		The state of the state of			1 }
	Turkey & Noodles	8 02											
	2 oz meat										i		<u> </u>
		_				<u> </u>		<u> </u>					
	Seasoned Carrots	1/2 C			_			ļ <u> </u>					
	Combread	1/60			+				ļ				
	Compress	1/60				-		+					
		-				<u> </u>		-					<del>,                                    </del>
	Margarine	1 TBP				<del>                                     </del>	<del></del>	-		-			1
	Glazed Cake	1/60			1								! !
	Calcium Fort Beverage	1 pkg						<del>                                     </del>					
Dinner	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Transfera	7 5 6 195 600	erika jerakanan ke	e may be a processing m	an that Juganapa ha		a escapación de la la la la la la la la la la la la la	gspiggar i tygrvegy	properties and and so a product for the			
	Chicken Patty	3 oz							And Annual Control of	a set With the Control County 1991		<del></del>	1
		1000			•	· · · · ·							1
	Cream Gravy	3 oz			<b>—</b>	1		<del>                                     </del>					
	Seasoned Rice	1/2 C						1					1 1
	Whole Kemal Com	1/2 C											[
	Biscuit 1/80	2 ea						T					1
													1
											L.		i
	Margarine	1 TBP						4	ļ <u>.</u>				
	Cinnamon Applesauce Fortified Punch	1/2 C 1 pkg			_								
	romined Punch	1 DKg			+	<del> </del>		+		·-·· ·· · · · ·			
	l	1			1		1		l .	L			1
		akfast:		Lunch:	Dinne		_						i l
	Time meal is finished: Bre	akfast:		Lunch:	Dinne	-		Food Service D	irostor			1	1 1

D	L	В	4/14/16	MENU DATE:
Ь_			_	Projected Inmate Count:
			_	ACTUAL Inmate Count
			_	Projected Staff Count
			_	ACTUAL Staff Count
			_	Projected Bag Lunches
			_	ACTUAL Bag Lunches

FOOD PRODUCTION SCHEDULE -
Okaloosa County Correctional Facility

BREAKFAST SERVING WELLS AND TRAY

HIGHLIGHT ALL PREP ITEMS	Date: _	
MONEGOTI AGG FALE ITEMO	Week:	WEEK 3
X - ALL PULLS	Day:	THURSDAY

Work Assign. Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing	]		
Breakfast			William Section 18	men to the company of the		1.71	Marine Service Services and Services			ta griding ngapingi penggupagan	f		
						L .					f		
	Oatmeal/margarine	10 oz									i		1
		ļ <u></u>											1
				ļ							I – –		
	Scrambled Eggs Crumb Cake	3 oz 1/60									<u> </u>	1	ì
	Jeruma Cake	1/00	_	<del>-</del>							∟		
	Jelly	1 TBP	1		-		-				LUNGUEERWING		
	Margarine	1 TBP		1				-			LUNCH SERVING WE	LLS AND TRAY	
	maigailic	IIIDF											
	Calcium Fort Beverage	1 pkg	<del></del>				-						
Lunch	- Caracan Grander	1 phg	212 20 YEAR	each arrester at	PERMIT	19 40 487 190 194 772		1971 gregor by tyru i 1986 and	Siden baken si	ANTER OFFICE OF MARKET STAR			
		1 oz					Ramonda and the control of the contr	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		<u> </u>	1		I
		1 SL						<u> </u>			1		
		1/2 C									1		
		1/2 C											
	Enriched Bread	2 SL											
		1											
		]										1	
	Glazed Cake	1/60											
Dinner	Calcium Fort Beverage	1 pkg	gyrwyr agar	Karaman Ngri ya	1 M. 10. M. 1. 0			C-0					
		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1.31.1.1.1	#.american 1.050 125	7,750,750,750	A Section of Companies	THE TOWNS AND A ST. ASSESSED.	200 to 1 100 ft 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	med break	Approximation of the second			
	Spaghetti Sauce 2 pz meat	4 oz											
	Z DZ Meat												
	Spachetti Noodles	1 C	<del> </del>								1 1		
		1/2 C									1		
		2 SL						-			1 1		
									·		1		
											1   1		
		ļ							,			•	
	Glazed Cake	1/60					·						
	Fortified Punch	1 pkg		ļ									
	L	Į	l					l			l		
	Time meal is started: Break	fast:		Lunch:	Dinner:						į.		
	Time meal is finished: Break			Lunch:	Dinner:			Food Service Di					

MENU DATE: Projected inmat ACTUAL inmate	Count	- -			-	SCHEDULE - Correctional	Date:			_	BREAKFAST SE	RVING WELLS AND T	RAY
Projected Staff of ACTUAL Staff C		-					Week:	WEEK 3					
Projected Bag L		-		X - ALL PULLS			Day:	FRIDAY					
ACTUAL Bag L		•					50).	HUDAI					
Work Assign.	<u> </u>	Portion	Recipe	Yield	Raw Quantity		ITEMS	BEGIN	ENDING		,	1 1	
(Cook's Initials)	Food Item	Size	Number		Required		SUBSTITUTED	TEMP	TEMP	Costing	L		<del></del>
Breakfast	- a to the second secon	2000	San Sand	The state of the s	**************************************	re i was no sy	The state of the s		F8.677 S. 1967	State of the state of the first			
	Comflakes	1.0				-				<u> </u>			
									<del> </del>		1		1
	Breakfast Gravy	1 C									]		
	Turkey Sausage	1 oz							<u> </u>		]		
	Biscuit 1/80	2 ea							1				
									1	· · · · · · · · · · · · · · · · · · ·	LUNCH SERVING	WELLS AND TRAY	
		1 TBP		·					ĺ	1		T	
		2 EA							)			1	
	2 % milk	1 ea						<u> </u>			]	1 1	
Lunch	2.00		1. 1	e a referencia de la composición de la composición de la composición de la composición de la composición de la	F 507'S ADM	Marine Control		A section of the second	GH 1 UT 10 T	Particle of Policy and the	1	1 !	
	Chill with Beans 2 oz meat / 1/2 C beans	8 oz						1	1		4	1	
	2 oz meat/ 1/2 C beans			<del></del>	<u> </u>	<del>                                     </del>	-	<del> </del>	-		┨ ┕━━		
	Seasoned Rice	1/2 C		<b>†</b>			-	1			1		
											1		
	Combread	1/80						<b>.</b>	1	ļ	4		
	Colesiaw	1/2 C				<del> </del>					1		$\overline{}$
		1 TBP					1	1		<del>                                     </del>	1		
		2 EA				1					1		
	Calcium Fort Beverage	1 pkg					i				1		
Dinner			25.247.2	ran Jarrin Francis	7.79.22.3	DESERVE VENEZO	DEPORTS TEMPS of Indicate appropriation	The Control of the Control	Project Supplementary	angan marapakan sarah	1		
	Chicken Fried Steak	3 oz									1	T	
	gravy	3 oz				<del>                                     </del>		1	<del></del>	<del> </del>	-	1	
		1/2 C			<del>                                     </del>			<del>- ·-</del>	<del> </del>		1		
		1/2 C							i e		1		
		2 ea					1		Į	<u> </u>	1	1 1	
					L	T .	1		1		1		
, in the second second													
	Margarine	1 TBP	ļ		-		1		<u> </u>		4		
4	Glazed Cake	1/60	1	1	I	1	1	1	1	I	1	1 1	

Food Service Director:\_

Dinner:\_

Dinner:\_

Lunch:\_

Lunch:\_

Fortified Punch

Form 8-200 Rev. Time meal is finished:

Time meal is started:

Breakfast:\_

Breakfast;\_

#### RESTRICTED DIET SPREADSHEET WEEK 3

Unit number

SATURDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT WEART WEAT THY LICH CIRCO RELIGIOUS NO CONCENTRATED DENTAL/MECHANICAL DIABETIC DIET PLAN 2200 2500 1800 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack /I ow Eat/Chal/Rait) (+28 ams) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorie Coloria Calorie BREAKFAST: VItamin C Fruit OR No Added Salt or Fat No Added Salt or Fat 'No Chewing" Foods No Meat Products No Added Salt or Est Juice Vit C Fruit or Juice 1/2C 1 Serving Plaîn-No Sugar Grits/margarine 10 oz oatmeal ¥ Plain - No Sugar 1/2C 1/2 c х Breakfast Gravy 1/4 C 2 OZ urkey Ham 107 x 2 OZ Turkey Sausage 1 oz Turkey ham Chopped cheese or peanut butter Biscuit 1/80 WW Bread Alemit 1 F 4 2 FA Niet Jeller Margarine 1 TBP 1TSP 1TSP 1TSP Margarine Sugar Sub Y Calcium Fort Beverage 1 pkg 2 c milk 2c milk RF Milk TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Meathalls 3 oz х х 3 EA х CHOPPED NO meatballs 2 EA 3 FA 3 EA 1 TB Gravy 1 TB 1 TB 3 oz 1 TBP gravy × ¥ по Seasoned Pasta 1/2 C х х LS LF pasta x x 10 1/3 c pintos 1/3 c 2/3 c Seasoned Pintos 1/2 C LS LF pintos х х 1 C 1.0 Y diet vegetables х х х Enriched Bread 2 SL ww bread ww bread ¥ ww bread 2 2 1 C vegetables Margarine 1 tsp × × Cookies 2 EA FRIT Х plain cookies FRUIT Fruit 1 serv х х 2 Calcium Fort Beverage Diet Beverage Diet Beverage  $\overline{\mathbf{x}}$ Х TOTAL DIETS SERVED DINNER: No Added Salt or Fat No Added Salt or Fat "No Chewing" Foods No Most Producte No Added Salt or Fat Turkey Tetrazzini 8 oz х CHOPPED х 6 oz NO turkey tetrazzini 3/4 C 3/4 C 1 C 2 oz meat 4 slices cheese Mixed Vegetables 1/2 C LS LF mix vegetables x х х 1 C x mixed vegetables 1/2 c X Х Y 1/60 Hot Bread х х ww bread ww bread x ww bread 2 s.l x 1 C Confetti Slaw 1/2 C salad/diet dressing shredded lettuce/drag salad/diet dressing salad/diet dressing /2 C Margarine 1 TBP х 1 TSP х Margarine 1 TSP х х х 1 TSP Bread Pudding 1/2 C Х FRUIT x Х х FRUIT Fruit 1 SERV 2 Fortified Punch Mills Diet Beverage 2% MILK 37.1人。**有数型对数数** 1875 BUILDING PROPERTY AND TOTAL DIETS SERVED HOUR OF SUFER LF (low fat) / LS (low DIET VEGETABLES ARE Mest OR Chases 2 OZ Meat OR Cheese 2 07 Meat and/or Cheese ΟZ sodium) -- cook with no CARROTS, CABBAGE. Bread 2.51 Bread 2.81 Bread 2 SL SNACK MENU 1 PKT Condiment 1 PKT added fat and no added GREEN BEANS, SQUASH, Mustard OR Catsup Condiment 1 PKT X х GREENS, TOMATOES Fresh Fruit 1 EA Fresh Fruit 1 EA Fresh Fruit EA х Reduced Fat Milk 1 C Reduced Fat Milk 1 C TOTAL SNACKS SERVED

#### RESTRICTED DIET SPREADSHEET WEEK 3

Unit number

SUNDAY

SERVING INSTRUC	TIONS; X=	SERVE SAME AS REC	NUTRITION SUPPORT	UEADT DEALTON					DIET INSTRUCTIONS: X=SEI				
MEAL - REGULA	R DIET	with H.S. Snack	with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTAL/MECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PL. Food Items	AN	1800 Calor <del>i</del> e	2200 Calorie	2500 Calor
REAKFAST:		Vitamin C Fruit OR	-	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	-			1
		Juice	1						Vit C Fruit or Juice	<del> </del>		т х	X
		1 Serving			i		-	†		+		<del>- ^-</del>	1 -
atmeal/margarine	10 oz	X	X	. х	oatmeal	Х	X	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	X
				<u>"</u>				<u> </u>	Pancake (4" DIAM)	2 ea	1 ea	X	- x
urkey Bologna	1 oz		X	turkey ham	) x	Chopped	cheese or peanut butter	X	Turkey Harn	10Z	X	2 oz	2 oz
âncakes	2 EA	X	Х	1 EA	Х	Х	X	Х					
угир	1/4 C		x	x	x	x	x	Diet Syrup	Diet Syrup PKT	1EA	x	×	X
largarine	1 TBP	X	X	1TSP	l X	x	X	1TSP	NO	<del></del>	_~	-	<u> </u>
						-			Sugar Sub	2EA	×	X	l x
alcium Fort Beverage	1 pkg	2 c milk	2c milk		X	Х	. X	X	RF Milk	1C	X	x	x
OTAL DIETS SERVED		-		<u> </u>			<u> </u>	<del>                                     </del>	<del></del>	<u> </u>			
UNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	-	<u> </u>	<del>                                     </del>	$\vdash$
N			<u> </u>										<u>L</u>
Sloppy Joe	4 oz	x	Х	2 OZ	x	CHOPPED	NO NO	х	sloppy joe		3 oz	4 oz	_ 4 oz
oz meat		·											
							1 C vegetables		baked beans	<del> </del>	1/3 c	1/3 c	2/3 6
aked Beans	1/2 C	×	х	LS LF baked beans	X	×	10	x	diet vegetables	1/2 C	×	×	х
liced Bread	2 SL	X	Х	ww bread	ww bread	x	X	Х	ww bread		1	2	2
			<u> </u>		L		l	1		1	_		1
otato Salad	1/2 C	X	X	salad/diet dressing	<u> </u>	X	10	salad/diet dressing	salad/diet dressing	1/2 C	х	X	10
								}	Margarine	1 tsp	х	х	х
Slazed Cake	1/60	x	X	FRUIT	x	x	×	FRUIT	Fruit	1 serv	X	X	2
Salcium Fort Beverage	1 pkg	X	X	Х	X	X	X	Diet Beverage	Diet Beverage	1C	X	X	X
OTAL DIETS SERVED			-		<del> </del> -		<u> </u>			1			<u> </u>
INNER:				No Added Salt or Fat	†·	"No Chawing" Foods	No Meat Products	11 411 1011 2	<del></del>	+			i
ZIANEK.				NO AUGBO Sait OF Fat		No Chawing Foods	No meat Products	No Added Salt or Fat	No Added Salt or Fat				ĺ
Chicken Fried Steak	3 oz	х	Х	beef patty 2oz	Х	CHOPPED	NO	X	beef patty		2 oz	2 oz	3 oz
							4 slices cheese		Gravy		1 TB	1 TB	1 TB
ravy	3 02		x	1 TBP	X	x	NO	x					1
easoned Rice	1/2 C	×	x	LS LF rice	X	x	10	х	rice		1/3 c	1/3 c	2/3 c
reen Beans	1/2 C	x	×	LS LF green beans	X	x	10	x	green beans	1 c	х	X	X
inriched Bread	2 SL	х	×	ww bread	ww bread	х х	x	x	ww bread	2 si	X	×	X
							1 C salad/dressing						1
Aargarine	1 TBP	х х	X	1 TSP		X	X	1 TSP	Margarine	1 TSP	×	×	×
Brownie/glaze	1/60	x	x	FRUIT	x	x	×	FRUIT	Fruit	1 SERV	1	2	2
artified Punch	1 pkg	Milk	X	X	x	. X	X_	Diet Baverage	2% MILK	10	×	x	x
The special of the Company	palente s grassico.			-						Constitution of the	100000 Name (A)	7 /me	salant cerri
					<u> </u>			E 18 20 20 20 20 20 20 20 20 20 20 20 20 20	· (中国) · (2015年   1938年   193	- 18 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	THE PERSON	L (\$1.01) (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	385 KT
OTAL DIETS SERVED								·					-
OTAL DIETS SERVED												ŀ	1
		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	х	х	×
OTAL DIETS SERVED		Meat OR Cheese 2 OZ Bread 2 SL	Meat OR Cheese 2 OZ Bread 2 SL	LF (low fat) / LS (low sodium) cook with no				DIET VEGETABLES ARE CARROTS, CABBAGE,	Meat and/or Cheese Bread	1 OZ 2 SL	x x	x x	
OTAL DIETS SERVED		Bread 2 SL Condiment 1 PKT					. –				х	x x x	X X X
OTAL DIETS SERVED		Bread 2 SL	Bread 2 SL	sodium) cook with no			. –	CARROTS, CABBAGE,	Bread	2 SL		x	x

#### RESTRICTED DIET SPREADSHEET WEEK 3

Unit number

MONDAY

		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTAL/MECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS; X=SER		1800	2200	250
MEAL - REGULA	AR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items	••	Calorie	Calorie	Calo
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat	1	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	Ť			1
		Juice							Vit C Fruit or Juice	1/2C	х	<u> </u>	ÿ
		1 Serving								· · · · ·			1
rits/margarine	10 oz	Х.	Х	X	oatmeal	x	X	Plain-No Sugar	Plain - No Sugar	1 C	1/2C	1/2 c	Х
** - I B	455.0			<u> </u>									1
rilled Potatoes	1/2 C	X	x	X	X	X	X	Х	Turkey Ham	102	х	2 OZ	20
urkey Ham atmeal Breakfast Cake	1 oz	X X	X	X	X	Chopped	cheese or peanut butter	X					
atmeat Breaktast Cake	1/60		X	WW Bread	WW Bread	Х	X	ww bread	Toast	2 EA	1 EA	Х	X
elly	1 TBP	X	×	x	×	X	х —			ļ			
argarine	1 TBP	X	- <del>x</del>	1TSP	- x	<del>x</del>	x	Diet Jally 1TSP	Diet Jelly Margarine	1EA 1TSP	X	X	<u> </u>
		**	<u>-</u> -	1102	_ ^	^	^-	1195	Sugar Sub	115P	X	X	X
alcium Fort Beverage	1 pkg	2 c milk	2c milk	X	х -	x	x	X	RF Milk	1C	- î	<del>-</del>	<del>                                     </del>
					<del>- ''</del>	~			IN HAIR	10	<del>  ^  </del>	-^-	<del> </del> ^
OTAL DIETS SERVED	1			ì						<del></del>			<del>-</del>
UNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del>1</del>			1
			l					No Hadda Galt of Tax	No ridded dalk of f ak	1			
urkey Ham & Beans	8 oz	x	×	6 oz	х	CHOPPED	NO	x	turkey ham & beans	<del>                                     </del>	3/4 C	3/4 C	10
oz meat / 1/2 C beans			Ť					<u>^</u>	CERTOY HEIT & BESTIS	+	3/40	3/4 0	<b>— · ·</b>
			i				1 C beans	<del>                                     </del>		1		-	<del></del>
easoned Rice	1/2 C	Х	×	1S LF rice	х	x	10	x		<del></del>			
reen Beans	1/2 C	×	×	LS LF green beans	x	x	10	×	green beans	1/2 G	х	х	×
ornbread	1/80	x	X	ww bread	ww bread	X	x	bread	ww bread	11120	1	2	2
					17.17 27.202			Dieau	WW DIESO	-			-
		· · · · · · · · · · · · · · · · · · ·							<del>-</del>				<del>                                     </del>
argarine	1 TBP	х х	x	1 TSP	х	x	х	1 TSP	Margarine	1 tsp	x	x	х
aked Cookies	2 EA	х	x	FRUIT	×	plaín cookies	x	FRUIT	Fruit	1 serv	x	X	2
alcium Fort Beverage	1 pkg	X	X	Х	x	X	x	Diet Beverage	Diet Beverage	1C	Ŷ	â	X
		-	-	1		<u>.</u>		Dict Beverage	Dict Develage	1.0		_^	<del>  ^</del>
OTAL DIETS SERVED													
INNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del>}</del>			<del>-</del>
								190 FROODS GERT OF FISE	NO Added dail of 1 at				
eef Patty	3 oz	X	x	2 OZ	Х	CHOPPED	NO	x	beef patty	1	2 oz	2 oz	3 0
									Gravy	1	1 TB	1 TB	17
ravy	3 oz	x	x	1 TBP	x	x	NO	x	1-1-1/	1			
easoned Pasta	1/2 C	X	x	LS LF pasta	x	x	10	x	pasta	+	1/3 c	1/3 c	2/3
abbage & Carrots	1/2 C	x	x	LS LF cabb & carrots	x	x	10	x	cabbage & carrots	1/2 c	X	X	X
scuit 1/80	2 ea	×	x	ww bread	ww bread	x	x	x	ww bread	2 s1	x	x	- ^
BOOK POO	2 60			WW Diedu	www.psead		4 slices cheese		ww pread	2 51		_ ^_	^
				+		<del></del>	4 Slices Cricese			<del> </del> -			
argarine	1 TBP	x	×	1 TSP	x	X	x	1 TSP	Margarine	1 TSP	x	×	x
udding	1/2 C	x	X	FRUIT	x	x	x	FRUIT	Fruit	1 SERV	1		
ortified Punch	1 pkg	Milk	x	X	x		X	Diet Beverage	2% MILK	1 SERV	x	2 X	2 X
oranical i dilbili	, pky	MILLER.	<del>1 ^</del>	1 ^		^	^	Diet beverage	Z70 III.ALIN	110	<del>- ^ </del>	_ ^	<del>  ×</del>
<b>失変である(Waiのより</b>	t Blavo Eboto		1	<del>                                     </del>	· · · -		·	BROWSE CHEST OF BUILDING	TOTAL BUSINESS OF THE PARTY	a Barriogia (199	stration (25)	MESSENS.	p0.537
OTAL DIETS SERVED			i					The real of the contract of th	State Entrance of the state	alkana panga panga	esta e applicación	on other trades	6-19-1-19-06-1-1
	1			1			L		1	<del>\                                    </del>			<del>                                     </del>
HOUR OF SLEEP	l,	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	1	( l		1	DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	x	x	×
		Bread 2 SL	Bread 2 SL	LF (low fat) / LS (low				CARROTS, CABBAGE,	Bread	2 SL		â	x
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	sodium) - cook with no				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	Î	â	x
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	added fat and no added	!			GREENS, TOMATOES	Fresh Fruit	1 EA	ÎÎ	â	ı x
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	salt			I		p	1			. ^

# RESTRICTED DIET SPREADSHEET WEEK 3

TUESDAY
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

Unit number

SERVING INSTRU		PREGNANCY							DIET INSTRUCTIONS: X=SE			110	
MEAL - REGUL	AR DIET	with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTALMECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PL. Food Items	AN	1800 Calorie	2200 Calorie	250 Čalo
REAKFAST:		Vitamin C Fruit OR	1	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat		- OBIONIE	Calonic	T
		Juice				"" ""	No mode i roduozo	NO Added Cont of 1 at	Vit C Fruit or Juice	1/2C	X	×	<del>  x</del>
		1 Serving							THE OTHER STREET	11/20	^		<del>^</del>
ornflakes	10	X	Х	Х	bran flakes	Х	X	Plain-No Sugar	Plain - No Sugar	1C	1/2C	1/2C	<u> </u>
					<del>.</del>	<u> </u>		<del> </del>	Hard Boiled Egg	1EA	х	2 EA	2E
otatoes & Eggs	1/2 C		х	X	X	X	X	X	Title Parion Cale		_^_		<del></del>
scuit 1/80	2 ea	х	х	WW Bread	WW Bread	x	X	ww bread	Biscuit	1EA	х	2EA	2E
elly	1 TBP		X	X	х	х	Х	Diet Jelly	Diet Jelly	1PKT	X	×	۲,
largarine	1 TBP		x	1TSP	Х.	X	X	1TSP	NO	11.15.			<del>                                     </del>
ugar Packets	2 EA		X	X	Х	х	X	Sugar Sub 2EA	Sugar Sub 2EA		X	Х	<u> </u>
% Milk	1 ea	2 c milk	2c milk	Х	Х	Х	х	X	RF Milk	1C	X	Х	1 ×
OTAL DIETS SERVE	D					T "-		<del> </del>	-	<del></del>			┾┯
UNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				†
Furkey Ham & Potatoes	8 oz	х	×	6 oz	x	CHOPPED	NO	x	turkey ham & potatoes	+ -	3/4 C	3/4 C	1 10
oz meat												51.4.5	<u> </u>
				<del>-</del>		<del> </del>	1 C vegetables						<u> </u>
avy Beans	1/2 C	x	x	LS LF navy beans	x	x	1 C	x	dlet vegetables	1/2 C	х	х	+ 3
ot Bread	1/60	x	x	ww bread	ww bread	×	X		ww bread	1026	1	2	1
							····		Ten Dicud				<del> </del>
oleslaw	1/2 C		X	DIET DRESSING	X	shredded lettuce/drsg	16	DIET DRESSING	salad/diet dressing	1/2 C	Х	х	1 1
largarine	1 TBP		x	1 TSP	Х	x	х	1 TSP	Margarine	1 tsp	х	х	×
Rice Pudding	1/2 C		х х	FRUIT	χ	x	x	FRUIT	Fruit	1 serv	X	Х	2
Calcium Fort Beverage	1 pkg	Х	x	x	Х	x	х	Diet Beverage	Diet Beverage	10	X	Х	
OTAL DIETS SERVED	D			<del>                                     </del>				-					़—
INNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	_			<del> </del>
Chili Mac	8 oz	x	x	6 oz	X	CHOPPED	NO	- x	chili mac		3/4 C	3/4 C	1 11
oz meat			1	1	·			<del></del>	Cint mac		3/4 C	3/4 C	<del> </del>
				. 1			1 C vegetables			<del>                                     </del>			<del>                                     </del>
							1 C chili beans			T			
	1					<u> </u>			diet vegetables	1/2 c	Х.	Х	X
ombread	1/60	X	x	ww bread	ww bread	X	X	bread	ww bread	2 sl	х	Х	ļ x
onfetti Slaw	1/2 C	χ	X	salad/diet dressing	X	shredded lettuce/drsg	1 C	salad/diet dressing	salad/diet dressing	1/2 C	х	x -	<del>  x</del>
largarine	1 TBP		X	1 TSP	X	х	x	1 TSP	Margarine	1 TSP	X	x	X
Slazed Cake	1/60	х	x	FRUIT	x	X	х	FRUIT	Fruit	1 SERV	1	2	2
ortified Punch	1 pkg	Milk	Х	X	X	x	X	Diet Beverage	2% Milk	1C	X	Х	×
rangg, rang yan ges	w 1 (35.1. 45)			·		-		SERVICE SERVICES SERVICES	n centralabase passon:	. 1945-1946	90796 3 6990	Messa ages	W/161 (20)
OTAL DIETS SERVED	0							The second state of the second		407 250 505	A.C. A.C. A.C. B.C. C.	ger at 1995 s. North Con-	1.0.7.3.000
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	х	х	x
		Bread 2 SL	Bread 2 SL	sodium) cook with no		1		CARROTS, CABBAGE,	Bread	2 SL	x	х	x
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	added fat and no added				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	х	х	x
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	х	х	x
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	i l		1		1	t	1			Į

HEART HEALTHY

NUTRITION SUPPORT

PREGNANCY

#### RESTRICTED DIET SPREADSHEET WEEK 3

Unit number HIGH FIBER

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (+28 ams) (Low Fat/Chol/Satt) (Chewing Problems) (Ovo-Lacto Vegetarian) SIMEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OP No Added Salt or Eat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice х 1 Serving Grits/margarine 10 nz v oatmeal Plain-No Sugar Plain-No Sugar 1/2C 1/2C х Pancake (4" DIAM) 2 ea 1OZ 1 ea x x Turkey Bologna Pancakes Turkey ham 1 EA 1 oz 2 EA Chopped cheese or peanut butter Turkey Ham X 2 oz 2 oz 1/4 C Syrup Diet Syrup Diet Syrup PKT 1EA х Margarine 1TSP Sugar Sub 2EA 1C Calcium Fort Beverage 2 c milk 2c milk 1 pkg х TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Turkey & Noodles 8 07 CHOPPED x ¥ 6 oz NO х turkey & noodles 3/4 C 3/4 C 1 C 2 oz meat 1 C noodles 1/2 C beans 1 C beans 1/2 C Seasoned Carrots LS LF carrots 1 C 1 C х х х carrote Cornbread ww bread ww bread Х bread ww bread 1 2 2 Margarine Glazed Cake 1 TBP 1 TSP х 1 TSP Margarine 1 tsp 1/60 FRUIT x x FRUIT Fruit 1 serv х х 2 Calcium Fort Beverage 1 pkg Diet Beverage Diet Beverage TOTAL DIETS SERVED DINNER: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Chicken Patty 3 oz х Х beef patty 2 oz х CHOPPED NO х beef patty 2 oz 2 oz 3 oz 4 slices cheese Gravy 178 | 1TB 1 TB Cream Gravy 3 oz Х 1 TRP NO 1/2 C 15 LF rice

DENTAL/MECHANICAL

RELIGIOUS

NO CONCENTRATED

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

2200

2500

DIABETIC DIET PLAN

Cream Gravy	3 oz	X	x	1 TBP	X	х х	NO	X				T	
Seasoned Rice	1/2 C	X	i x	1S LF rice	X	х	10	x	corn		1/3 c	1/3 c	2/3 c
Whole Kernal Corn	1/2 C	X	×	LS LF com	X	x	10	x	diet vegetables	1 C	X	X	х
Biscuit 1/80	2 ea	х	l x	ww bread	ww bread	х	x	bread	ww bread	2 sl	X	х	×
							1 C vegetables						
Maraasina	1 TBP			1 TSP				4 750	ļ.,	4	<del> </del>	1.	<del></del>
Margarine	_	^	^		^	^	X	1 TSP	Margarine	1 TSP	X	_ X	X
Cinnamon Applesauce	1/2 C	X	X	FRUIT	X	х х	х	FRUIT	Fruit	1 SERV	1	2	2
Fortified Punch	1 pkg	Milk	X	X	<u> </u>	Х	х	Diet Beverage	2% MILK	1C	X	х	Х
	garage and the second							· · · · · · · · · · · · · · · · · · ·		き 数をで見なる	27天治疗等3	\$20050000000000000000000000000000000000	\$7 Personal (1)
TOTAL DIETS SERVED													
HOUR OF SLEEP		Meat OR Cheese 2 OZ Bread 2 SL	Meat OR Cheese 2 OZ Bread 2 SL	LF (low fat) / LS (low				DIET VEGETABLES ARE CARROTS, CABBAGE,	Meat and/or Cheese Bread	1 OZ 2 SL	×	x	X
SNACK MENU		Condiment 1 PKT Fresh Fruit 1 EA Reduced Fat Milk 1 C	Condiment 1 PKT Fresh Fruit 1 EA Reduced Fat Milk 1 C	sodium) — cook with no added fat and no added salt				GREEN BEANS, SQUASH, GREENS, TOMATOES	Mustard OR Catsup Fresh Fruit	1 PKT 1 EA	x	x x	x x

#### RESTRICTED DIET SPREADSHEET WEEK 3

THURSDAY
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

Unit number

SERVING INSTRUC	TIONS: X=S	SERVE SAME AS REG							DIET INSTRUCTIONS: X=SE	RVE SAM	E AS DIABE	TIC	
MEAL - REGULA	AR DIET	PREGNANCY with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Salt)	HIGH FIBER (+28 gms)	DENTAL/MECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PLA Food Items	AN .	1800 Calorie	2200 Calorie	2500 Calorie
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	T		i	$\overline{}$
		Juice	<u> </u>						Vit C Fruit or Juice	<b>1</b>	X	X	×
		1 Serving											
atmeal/margarine	10 oz	X	X	X	oatmeal	X	X	Plain-No Sugar	Plain-No Sugar Cereal	1C	1/2C	1/2C	X
			· · · · · · · · · · · · · · · · · · ·		· ·				Scrambled Egg	3 oz	1/4 c	X	<del>  x</del>
crambled Eggs	3 oz		X	1/4 C	Х	Chopped	cheese or peanut butter	X					
rumb Cake	1/60	X	χ	WW Bread	WW Bread	Х	Х	ww bread	ww bread	1EA	X	2 EA	2EA
elly	1 TBP	x	х	- x	x	x	x	Diet Jelly	Diet Jelly	1EA	<u> </u>	x	<del>  x</del>
fargarine	1 TBP		×	1T\$P	x	- x	-	1TSP	Margarine	1 TSP		<del>  ^</del>	
				1.7			^	- 1135	Sugar Sub	2EA	x	<del>  v</del>	<del>  x</del>
alcium Fort Beverage	1 pkg	2 c milk	2c milk	Х	х	Х	X	X	RF Milk	1C	x	x	X
OTAL DIETS SERVED	<u> </u>	1	1	-1					1	<u> </u>			—
UNCH;				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	+			₩
				No Added Galt Gr Fat		NO CHEWING FOODS	NO MEST PRODUCTS	No Added Salt of Fat	NO Added Salt of Pat				
urkey Bologna	1 oz	X	x	turkey ham 2oz	х	CHOPPED	NO	x	turkey ham		2 02	2 oz	2 oz
heese	1 SL	X	X	NO	Х	X	Х	×		<del>                                     </del>			
				1						j			
ome Fries	1/2 C		X	baked home fries	х	X	10	×	pinto beans		1/3 c	1/3 c	2/3 c
into Beans	1/2 C		×	LS LF pinto beans	X	х	1 C	x	diet vegetables	1 C	Х	X	X
nriched Bread	2 SL	Х	x	ww bread	ww bread	×	x	×	ww bread		1	2	2
			<u> </u>				1 C vegetables					L .	
			<del></del>										
	<del></del>		-						Margarine	1 tsp	X	X	х
Slazed Cake	1/60	X	х	FRUIT	X	×	Х	FRUIT	Fruit	1 serv	Х	X	2
Calcium Fort Beverage	1 pkg	X	X	Х	X	x	X	Diet Beverage	Diet Beverage	10	X	х	X
OTAL DIETS SERVED	)		<del>                                     </del>							<del>†</del>			<del></del>
INNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat		İ.		
Spaghetti Sauce	4 oz	x	x	2 OZ	х	CHOPPED	NO	x	spaghetti sauce	+	3 oz	4 oz	4 oz
oz meat		, , , , , , , , , , , , , , , , , , , ,	†	1		unon co		<del>^                                    </del>	i spugnetti succe	1	302	402	702
			i			-	4 slices cheese			1			-
paghetti Noodles	1 C	X	x	×	х	×	1 C / tomato sauce	x	spaghetti noodles	1	2/3 C	2/3 C	1 1/3
reen Beans	1/2 C	X	x	LS LF green beans	х	X	10	x	green beans	1 C	х	х	×
arlic Bread	2 SL	Х	x	ww bread	ww bread	X	×	bread	ww bread	1 sl	X	X	X
							1 C salad/dressing						
					1			<del>                                     </del>	Margarine	1 TSP	×	×	x
Blazed Cake	1/60	x	x	FRUIT	х	x	×	FRUET	Fruit	1 SERV	î	2	2
ortified Punch	1 pkg		X	X	x	x	x -	Diet Beverage	2% MILK	1C	×	X	1 x
										1			<u> </u>
The state of the s			<u> </u>					(表現成在天皇末島) - T.L.S. A.C. N. N. N. M.	學是關於自身的一門的學學是對於	THE CO	<b>受养物化 (2)</b> -3	的社会基本	22.00
OTAL DIETS SERVED	,		1		1				<u> </u>	1		<u> </u>	┼─
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	x	l x	l x
		Bread 2SL	Bread 2 SL	sodium) - cook with no			1	CARROTS, CABBAGE,	Bread	2 SL	â	l ŝ	î
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	added fat and no added			1	GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	x		l x
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	salt				GREENS, TOMATOES	Fresh Fruit	1 EA	x	x	ļх
		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	1			l	ì	1	1	ı		ŧ

#### RESTRICTED DIET SPREADSHEET WEEK 3

Hoit number

FRIDAY

HOUR OF SLEEP

SNACK MENU

Meat OR Cheese 2 OZ

Reduced Fat Milk 1 C

2 SL

1 EA

Bread

Condiment

resh Fruit

Meat OR Cheese 2 OZ

Reduced Fat Milk 1 C

2 SL

1 PKT

1 EA

Bread

Condiment

Fresh Fruit

LF (low fat) / LS (low

sodium) -- cook with no

added fat and no added

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HEART HEALTHY HIGH FIBER DENTAL/MECHANICAL RELIGIOUS NO CONCENTRATED DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET (Ovo-Lacto Vegetarian) with H.S. Snack with H.S. Snack (Low Fat/Chol/Salt) (+28 ams) (Chewing Problems) SWEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Fat No Chewing Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice 1/2C 1 Servino Cornflakes 1 C bran flakes X Plain-No Sugar Plain - No Sugar 1/2C 1/2 c х Breakfast Gravy 1/4 C Turkey Ham 10Z 2 OZ 2 OZ Turkey Sausage 1 oz Turkey ham Chopped cheese or peanut butter Biscuit 1/80 WW Bread WW Bread Biscuit 1 EA 2 EA Diet Jelly 1EA Margarine 1TSP 2 EA Sugar Packets v ¥ Sugar Sub 2EA Sugar Sub 2 % milk 2 c milk 2c milk x TOTAL DIETS SERVED LUNCH No Added Salt or Fat "No Chewing" Foods No Added Salt or Fat No Meat Products No Added Salt or Est Chili with Beans 8 oz х CHOPPED δaz ¥ NO х chill with beans 3/4 C 3/4 C 1 C 2 oz meat / 1/2 C beans 1 C chili beans 1/2 C Seasoned Rice ¥ х LS LF rice 1 C dlet vegetables 1/2 C Cornbread 1/60 ww bread ww bread х bread www hread 1 2 2 1/2 C Coleslaw salad/diet dressing shredded lettuce/drsg 1 C salad/diet dressing salad/dlet dressing 1 C 1 TRP Margarine X х 1 TSP х x 1 TSP Margarine 1 tsp x Cookies 2 EA Х FRUIT plain cookies х Fruit ERIST 1 serv × X 2 Calcium Fort Beverage 1 pkg Diet Beverage Diet Beverage ¥ x х TOTAL DIETS SERVED DINNER! No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Chicken Fried Steak 3 oz x beef patty 2oz х CHOPPED Νń Х beef patty 207 2 oz 3 oz gravy 3 07 x х 1 TRP X x NO x Mashed Potatoes 1/2 C х LS LF potatoes 10 1/2 C 1/2 C Y potatoes 1 C Seasoned Cabbage 1/2 C Х × LS LF cabbage × ¥ 1 C cabbage х Biscuit 1/80 2 ea х х ww bread ww bread х 2 el х х х bread ww bread 4 slices cheese Margarine 1 TBP х х 1 TSP Х 1 TSP Margarine 1 TSP 1/60 FRUIT Glazed Cake FRUIT Fruit 1 SERV 2 1 2 Fortified Punch Milk Diet Beverage 2% MJLK union that are draine all facilities of **解决的原则的是证明中的证明的**是否是否是否是不够能力。2008年200月的中心,可以多少的证明 TOTAL DIETS SERVED

DIET VEGETABLES ARE

GREEN BEANS, SQUASH,

CARROTS, CABBAGE,

GREENS, TOMATOES

Meat and/or Cheese

Mustard OR Catsup

Bread

Fresh Fruit

1 OZ

2 SL

1 PKT

1 EA

X X X

X X X

х

X

MENU DATE: 4/14/16 B L D
Projected Inmate Count:
ACTUAL Inmate Count
Projected Staff Count
ACTUAL Staff Count
Projected Bag Lunches
ACTUAL Bag Lunches

FOOD PRODUCTION SCHEDULE -
Olesta and County County State of Ex-

Unit number

Week:

Day:

Okaloosa County Correctional	Facility
	Date:
HIGHLIGHT ALL PREPITEMS	

WEEK 4

BREAKFAST SERVING WELLS AND TRAY

X - ALL PULLS

SATURDAY

York Assign. ock's initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing		
Breakfast		ugh the relation	****	wednes and waster	Addition that we have	As the second of the second		Same and well and reducine	AND PARENT AND PROPERTY.	Service Service Services		
	Grits/margarine	10 oz						· · ·		-		
-									1			
	Turkey Bologna	1 oz				**						
		2 EA										
	<u> </u>								L.			
		1/4 C							1		LUNCH SERVING WELLS AND	TRAY
	Margarine	1 TBP								_		
	Calcium Fort Beverage	1 pkg				-						
Lunch		11.11	7579.857 K		Part Production		en er er bedjan Madenard stady	GREET STATE OF A	15. Physical 1	Sirearia non el terro		
		3 oz									1 1	
		1 TBP										
		1 TBP									<u> </u>	
	Home Fries	1/2 C										
	Enriched Bread	2 SL							<del></del>			
	Enriched Bread	2 SL,						-	-			
	Colesiaw	1/2 C							<u> </u>		<u> </u>	
	COISSIEN	1/2 0										
	Cookies	2 EA							+			
		1 pkg						<del></del>			<u> </u>	
Dinner	Obligation   Oct Develope	i pag	the of the Salah	9 31 VIII - 19 33	87874 B1 41 1 1 H	ny ny haganagaya tusu.		Carrent Company of the Company	1500000000 FE/7	34.34.77.4348.6546.1 1.34.34		
	Turkey Ham & Beans	8 oz	,	1 46 May 4 25 25 2	to all a salling from the co		Language Great Report to the Committee Committ	\$500 CONTACT FOR A 1 PST	and the state of the state of	*** / * D = \$ 2.22		
	2 pz meat	y 04 <u>.</u>						<del>                                     </del>			}	
									<del></del>			
	Seasoned Rice	1/2 C										
		1/2 C										
	Combread	1/60						1				
									ļ			
	Margarine	1 TBP						-	<u> </u>		ļ <u> </u>	
	Glazed Cake Fortified Punch	1/60 1 pkg									· · ·	
	rontinea Functi	I µky							<del> </del>			
			L				L	<u> </u>	<u> </u>		·	
	Time meal is started; Breakt			Lunch:	Dinner:_							
	Time meal is finished: Breakt	ast.		Lunch:	Dînner:			Food Service D	irentor		I	1 1

					PRODUCTION		Unit number				
MENU DATE:	4/14/16 B L D			Oka	loosa County	Correctional					
Projected Inmate	Count						Date:				BREAKFAST SERVING WELLS AND TRAY
ACTUAL Inmate		<del></del>		HIGHLIGHT ALL PR	EP ITEMS						
Projected Staff C							Week:	WEEK 4			
ACTUAL Staff C		_		V			_				
Projected Bag Li				X - ALL PULLS			Day:	SUNDAY			
ACTUAL Bag Lu	inches	_									
Work Assign.	Food Item	Portion	Recipe	Yield	Raw Quantity		ITEMS	BEGIN	ENDING		1
(Cook's Initials)	rood item	Size	Number		Required		SUBSTITUTED	TEMP	TEMP	Costing	
Breakfast	B. H. Carlotte and Artifaction (2014)		The state of		Contract Contract	100円が開催し				STREETS OF THE PARTY	
•	Cornflakes	1 C			Ĺ			1	i		
	Potatoes & Eggs	1/2 C	1								1
	Oatmeal Breakfast Cake	1/60				ļ					
		+			-		ļ				
			<del></del>			ļ	<u> </u>	_			LUNCH SERVING WELLS AND TRAY
	Margarine	1 TBP	1								
	Sugar Packets	2 EA	1								<u>i</u>
	2 % Milk	1 pkg									<i>i</i>
Lunch				San San Assau	Street Street	100000000000000000000000000000000000000		rand day of London	Boxses ser		4
	Turkey & Noodles	8 oz	ļ	<u> </u>						_	<u> </u>
	2 oz meat					<del></del>					
		_	1		<del></del>		<del></del>				
	Green Beans	1/2 C	ì					+			l
	Combread	1/60	i			<del></del>	<del>                                     </del>			-	
		1					<u> </u>				1   1
	Colesiaw	1/2 C		1			1				i
	Margarine	1 TBP				l '-	1	<del></del>			1
	Baked Cookies	2 EA									1 1 1
	Calcium Fort Beverage	1 pkg					<u> </u>	1			
Dinner	The program of Total States and the	a elektrica	1, 17 50	Lister Committee Committee	ere in group agreed	5.25% J. 35.55	1950, 2000 (1980-1980) - 1980, <sub>1</sub> 980, 1980, 1980, 1980,	OF MANAGEMENT AND A STATE	11 H1968, 15116	net active town to have	(
	Meaticaf	3 az			3		The state of the s				
								1			(
	gravy	3 oz							<b>i</b>		i i l l l
	Mashed Potatoes	1/2 C									(
	Seasoned Pintos	1/2 C									
	Hot Bread	1/80					<u> </u>			·	1
				1							<b>(                                    </b>
			ļ	1							
	Margarine	1 TBP	<u> </u>	<b> </b>	1	ļ		<b>_</b>			
	Pudding	1/2 C	1	]	-	<del> </del>	<u>-</u>		<del></del>		(
	Fortified Punch	1 pkg	<b>.</b>								1 1 1

Food Service Director:\_

Dinner:

Lunch:

Time meal is finished:

Form B-200 Rev. 3/04

Breakfast:\_

4/14/16 B L D MENU DATE:

FOOD PRODUCTION SCHEDULE -Okaloosa County Correctional Facility

Unit number

ojected Inmate XTUAL Inmate	e Count:	-		HIGHLIGHT ALL P	DED ITEMS		Date:			_	BREAKFAST SEF	VING WELLS AND TR	AY
ojected Staff C TUAL Staff C	Count	<u>-</u>		nionlight ALL P	VCL IIEMS		Week:	WEEK 4					
i OAL Starr Cr jected Bag Lu FUAL Bag Lu	unches	- -		X - ALL PULLS			Day:	MONDAY					
ork Assign.		Portion	Recipe	Yield	Raw Quantity		ITEMS	BEGIN	ENDING		,		
ok's initials)	Food Item	Size	Number		Required		SUBSTITUTED	TEMP	TEMP	Costing	<u> </u>	<u> </u>	
Breakfast			1007-035		American Control		TOTAL CONTRACTOR HUMANA CLAR	47 医自动性病病	ा अभूति अस्तित्व	PERSONAL PROPERTY AND A STREET	1		
	Oatmeal/margarine	10 oz			ļ .	<del> </del>	<del>                                     </del>		1	<del> </del> _			
-	Odundalmarganise	10 02	<del> </del>		<del>                                     </del>			<del></del>	+	<del> </del>	-		
						1	<u> </u>			-	1		Υ
	Turkey Sausage	1 oz	ļ										
	Wafiles	2 EA	-	<del> </del>	<del></del> -	<del>                                     </del>	<del> </del>		+		ł		L
	Syrup	1/4 C		<del> </del>	<u> </u>	<del>                                     </del>	1	<del></del>	+	<del> </del>	LUNCH SEDVING	WELLS AND TRAY	
	Margarine	1 TBP			<del></del>		<u> </u>		+		LONGHOERVING	WELLS AND TRAT	1
	ma garma	1									i I		
	Calcium Fort Beverage	1 pkg				j				i	1	1	
Lunch		11 12 1 16	1 8:77	F14 ( 254 5 1 1 1 2	15 15 15 15 E	DOMESTIC TO A SEC	3. 电影响电影响 医加克里氏病 电影响 8.				]		
	Chicken Patty	3 02									]		
	gravy	3 oz	1		-	1			+		-{		
	Mashed Potatoes	1/2 C				<del> </del>					1		
	Blackeyed Peas	1/2 C							Ĭ		1		
	Biscuit 1/80	2 ea	1								]		
		<del> </del>	1					_			4		
	Margarine	1 TBP	1			1					1		
		2 EA				<del>                                     </del>					1		
	Calcium Fort Beverage	1 pkg									1		
Dinner			13777	TOO SEE AND LOOK		Dec 2011		変形 物声量と 17年AG	A BENEVICE TO	Material Control of the	1		
	Spaghetti Sauce	4 oz										ł	
	2 oz meat	<u> </u>	<u> </u>								1		
	Spaghetti Noodles	1 C	<del> </del>	<del> </del>	<del> </del>	-	-		+		4	1	1
		1/2 C	+	<del> </del>	1	<del>                                     </del>	E				1 1		
	Garlic Bread	2 SL	1	1		<del> </del>			·		1 1		1
		<u> </u>			i						1		
											1 L	<u> </u>	
		L	1						1		1		
	Glazed Cake	1/60	-			-					4		
	Fortified Punch	1 pkg				1	-	- I		J	1	I I	i

Food Service Director:

Form B-200 Rev. 3/04

Time meal is finished:

Lunch:

MENU DATE:	4/14/16 B L D			Oka	aloosa County	Correctional	Facility									
Projected Inmate							Date:			_	BREAKE	AST SERV	ING WELLS	AND TRAY	· .	
ACTUAL Inmate				HIGHLIGHT ALL PR	REP ITEMS										1	
Projected Staff C							Week:	WEEK 4								
ACTUAL Staff Co Projected Bag La				v			_									
				X - ALL PULLS			Day:	TUESDAY							1	
ACTUAL Bag Lu	inches														1	
															i	
Work Assign.	Food Item	Portion	Recipe	Yield	Raw Quantity		ITEMS	BEGIN	ENDING	Costing	l L					
(Cook's Initials) Breakfast		Size	Number	** ***********************************	Required		SUBSTITUTED	TEMP	TEMP	_	l					
Dreaklast	A Comment of the Comm			TO A SECTION OF A	4 30 W 20 9 H2	The San San San San San San San San San San	Control of the Control of The Control	or payment to the first	Lost Managers	Logistics of the control of the control	l				_	
	Comflakes	1 C								<del> </del>	ł				1	
											l				1	
	Grilled Potatoes	1/2 Č							1		l				——	
		1 oz							1	<del>                                     </del>	i				- 1	
	Biscuit 1/80	2 ea									1				j	
									1		l					
		1 TBP			ļ				Į		LUNCH S	ERVING	WELLS AND	TRAY		
		1 TBP							<u> </u>		! !			i	1	
		2 EA			<u> </u>		<b>_</b>									
Lunch	2 % Milk	1 pkg		recent and a second control of		TOTAL TO ST		75 1100 000 000 000							İ	
Lunca		2 02	1		100	1.35.44.14	Her est water in a symplement of a fight	NORTH POST STO	Printer and Printers	Residence Contraction					F	
		1 SL	1					-	<del>                                     </del>		1				}	
		1 TBP			· ·		<del> </del> -	1	+		l –	-				
							1				i					
	Carrifruit Salad	1/2 C									1					
	Enriched Bread	2 SL									l					
	Macaroni Salad	100									l					
	Macaroni Salad	1/2 C					-		-		ł					
	Pudding	1/2 C						+	<del>                                     </del>		ł					
		1 pkg	1				-	+	<del>                                     </del>		ł					
Dinner	The state of the s	huð	king year	Party Profit Profits	best 1979	PROPERTY AND THE PROPERTY OF THE PROPERTY OF THE PROPERTY OF THE PROPERTY OF THE PROPERTY OF THE PROPERTY OF T	(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)	o company series	(c)	F(1)5, 790, 186, 184, 155, 15	ł					
	Meat Stew	8 oz					Charles and the plant Stands and Control Stands	3847	Caraltana a special	And the second of the second o	i –			-	Г	
	2 oz meat / 1/2 C veg							1	1		i			.		
			T				1				i l		ļ	.		
		1/2 C							ł		1					
		1/2 C					1			ļ <u>.</u>						
	Biscuit 1/80	2 ea							ļ							
					<del> </del>		+	<del> </del>	<del> </del>							
	Margarine	1 TBP					<del>                                     </del>	1	1		I └					
	Glazed Cake	1/60					1	1	1							
	Fortified Punch	1 pkg	L								l					
					1						1					
	Time meal is started: Breakf	ant:		Lunch:	Dinner:						•					
	Time meal is finished: Breakt		-	Lunch:	Dinner:_			Food Service D	imatar.							
Form B-200 Rev		ast:		Lunen:	Dinner:			roog Service D	rector:							

FOOD PRODUCTION SCHEDULE -

Unit number MENU DATE: 4/14/16 B Okaloosa County Correctional Facility Projected Inmate Count: BREAKFAST SERVING WELLS AND TRAY HIGHLIGHT ALL PREPITEMS ACTUAL Inmate Count Projected Staff Count Week: WEEK 4 ACTUAL Staff Count Projected Bag Lunches X - ALL PULLS Day: WEDNESDAY ACTUAL Bag Luriches Work Assign. (Cook's Initials) Portion Recipe Size Number Raw Quantity Regulred ITEMS ENDING TEMP BEGIN Costing SUBSTITUTED TEMP Breakfast Grits/margarine 10 oz Scrambled Eggs Crumb Cake 3 oz 1/60 LUNCH SERVING WELLS AND TRAY 1 TBP Margarine Calcium Fort Beverage 1 pkg Lunch Charbroiled Beef Patty 3 oz 3 oz Seasoned Rice Seasoned Com 1/2 C 1 TBP Margarine 2 EA Cookies Calcium Fort Beverage 1 pkg Dinner Turkey a la King 6 oz 2 oz meat Seasoned Pasta 1/2 C Cornbread 1/60 Confetti Slaw 1/2 C Margarine 1 TBP 1/2 C Applesauce

Food Service Director:

FOOD PRODUCTION SCHEDULE -

Fortified Punch

Form 8-200 Rev. 3/04

Time meal is started:

Time meal is finished:

1 pkg Breakfast:

Breakfast:

Lunch:

Lunch:

Dinner:

Dinner:

FOOD PRODUCTION SCHEDULE -Okaloosa County Correctional Facility

Unit number

MENU DATE:	4/14/16	В	L	D
Projected Inmate Count:				
ACTUAL Inmate Count				
Projected Staff Count				
ACTUAL Staff Count				
Projected Bag Lunches				
ACTUAL Bag Lunches				

Date:

HIGHLIGHT ALL PREP ITEMS

Week:

WEEK 4

BREAKFAST SERVING WELLS AND TRAY

X - ALL PULLS

Day:

THURSDAY

Vork Assign. ook's Initials)		Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing			
Breakfast	many that is the spile first of the first		. a minan kind	The second sets to A	el a la grande de la constante de la constante de la constante de la constante de la constante de la constante		· 中国的主义的 (1997) (1997) (1997) (1997)	<b>建筑的东西</b>	100 100 100 100 100 100 100 100 100 100		_		
	Oatmeal/margarine	10 oz					· · · · · ·	<del>                                     </del>	-				
	-	1											
	Turkey Ham	1 oz			<u> </u>		<u> </u>	ļ <del></del>				-	
	Pancakes	2 EA									L		
-	Syrup	1/4 C									LUNCH SERVING W	ELL & AND TRAV	
	Margarine	1 TBP									LONCH SERVING VI	ELLO AND TRAT	
						<u> </u>							
Lunch	Calcium Fort Beverage	1 pkg	****; ****	l Processor in Name (September 1988)		নুত্ৰ পৰা কৰিব নিৰ্মাণ কৰি		and felial people for agree of	7150 turne8654 1148	georgia, ag elegar tytgjallet, i Palityte			
	Spanish Rice/meat	8 oz				Samuel Marie Co.	and the second second second second second second	2004 1 3 4 4 4 4 5 5 5 5 6 6 6 6 6 6 6 6 6 6 6 6	and programmes.	and the second of the second			
	2 oz meat												
		1							-				
	Green beans	1/2 c								***	Г		$\neg$
	Combread	1/60						_					
		<del> </del>									F		$\dashv$
	Margarine	1 TBP						-					
	Fresh Fruit Calcium Fort Beverage	1 ÉA 1 pkg									L		
Dinner	Caldum Fort Develage	Prig		700 July 10 Ju	Private Commencer	SIMPLE BUILDING	Control Self-Language Self-Hills at Facilities at 2017 and	See request year of an	reflection of	क्षेत्र राज्यस्यस्य स्थतः स्त			
	Turkey sausage	2 oz											$\neg$
		-					<del> </del>						
	Seasoned rice	1/2 c											
	Seasoned Pintos	1/2 C											
	Hot Bread	1/6D		-					<del>                                     </del>				
	Margarine Glazed Cake	1 TBP 1/60									_		_
	Fortified Punch	1 pkg											
	Time meal is started: Break	fast:		Lunch;	Dinner:								
	Time meal is finished: Break	fast:		Lunch:	Dinner:			Food Service Di	rector:				

MENU DATE:	4/14/16 B L D				ioosa County	/ Correctional								
Projected Inmat		_					Date:			_	BREAKFAST S	SERVING WELLS	AND TRAY	
ACTUAL Inmate Projected Staff ( ACTUAL Staff (	Count	-		HIGHLIGHT ALL PR	EP ITEMS		Week:	WEEK 4						
Projected Bag L ACTUAL Bag L	unches	•		X - ALL PUILS			Day:	FRIDAY						
Work Assign. (Cook's Initials)	Food Item	Portion Size	Recipe Number	Yield	Raw Quantity Required		ITEMS SUBSTITUTED	BEGIN TEMP	ENDING TEMP	Costing				
Breakfast	e e e e e e e e e e e e e e e e e e e	CARCO	The section (	Committee of the second second	Trigation ( p. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	3 375 January 11 15 33.	The state was the page of the state of the s			CANAGA PER PER SE				
			1							11.00 4 1 24(1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				
	Grits/margarine	10 oz				"								
	2 16 18		ļ	ļ										
	Breakfast Gravy Turkey Sausage	1 C	-			<u> </u>		+						
	Biscuit 1/80	2 ea	+			<del> </del>	-	+	<del>-</del>					
•		1			i			†-						
					1	ĺ					LUNCH SERV	ING WELLS AND	TRAY	
	Margarine	1 TBP												
				_										
	Calcium Fort Beverage	1 pkg				]								
Lunch		Zee in grant of		CALLED TO PROPERTY.	Abreak bera 100		the state of a transfer to		Control of the second second	Magama, Perlanggan Jah				
	Chicken Fried Steak	3 oz				ļ		1						
	Cream gravy	3 oz			<u> </u>	1		+			L			<u> </u>
	Mashed Potatoes	1/2 C				<u> </u>								
										-				
	Biscuit 1/80	2 ea												
		1.00			ļ									
	Colesiaw Margarine	1/2 C 1 TBP	-			<u> </u>								
	Glazed Cake	1/60				1								
	Calcium Fort Beverage	1 pkg	1			<u> </u>								
Dinner	Calciant of Develage	) Ping	P. C. A. S. C.	The state of the s	An Constitution of the	120000000000000000000000000000000000000	Correction and the contract of	Christian Programmer	CZCTALIS (TOLTOTE COZ	PEGNOLOPES NAVALANCIA DE LA				
	Chill Mac	8 oz	<del>                                     </del>				Not all the Control of the Control o	1 1027 300 300 75 1	100 100 100	The state of the s				1
	2 oz meat	1				i	1	-						
	J		`\											
	O	4100	-	1	-	ļ		+	<b> </b>					
	Combread	1/60	-	}		<del></del>		-						
	Potato Salad	1/2 C		1	1	<del>                                     </del>	1	1						1
	Margarine	1 TBP		<b>†</b>		1	1	i						
	Rice Pudding	1/2 C								L				
	Fortified Punch	1 pkg												
	Break	fast:		Lunch:	Dinner:									
	Time meal is started: Break			Lunch:	Dinner.			Food Service D	iroctor					
E P.000 E-	Time meal is finished:	1000		COLOUR,	5////061			1 000 Del Vice D						
FOITH B-200 KeV	. Time meal is imistied.											ı		1

FOOD PRODUCTION SCHEDULE -

#### RESTRICTED DIET SPREADSHEET WEEK 4

Unit number

SATURDAY

SERVING INSTRUCT	IONS: X=SEF	RVE SAME AS REGULA							DIET INSTRUCTIONS: X=SER	EVE SAME	AS DIABETIC	3	
MEAL - REGULA	R DIET	PREGNANCY with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Sait)	HIGH FIBER (+28 gms)	DENTAL/MECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIABETIC DIET PLA Food Items	N.	1800 Calorie	2200 Calorie	2500 Calorie
BREAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	I			
		Juice 1 Serving	<del></del>		<del>                                     </del>				Vit C Fruit or Juice		X	X	l x
Grits/margarine	10 oz	X	X	X	oatmeal	X	X	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	х
			<del>                                     </del>	1	· · · · · ·		-	-	Pancake (4" DIAM)	2 ea	1 ea	l x	X
Turkey Bologna	1 az		x	Turkey ham	Х	Chopped	cheese or peanut butter	x	Turkey Ham	10Z	X	2 oz	2 oz
Pancakes	2 EA	X	X	1 EA	Χ	Х	Х	х	· · · · · · · · · · · · · · · · · · ·				
Syrup	1/4 C	X	x	X	x	х	x	Diet Syrup	Diet Syrup PKT	1EA	x	x	×
Margarine	1 TBP	Х	X	1TSP	X	X	X	1TSP	NO NO	1	<u> </u>	<del>  ^</del>	<del>  ^-</del>
									Sugar Sub	2EA	X	X	х
Calcium Fort Beverage	1 pkg	2 c milk	2c milk	×	X	х	X	х -	RF Milk	1C	X	X	x_
TOTAL DIETS SERVED											1	)	
LUNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Meatballs	3 oz		х	2.02	Х	CHOPPED	NÓ	х	meatballs		2 oz	2 oz	2 oz
Catsup	1 TBP		х	<u> </u>	Х	X	X	х	catsup		1 TB	1 TB	1 TB
Mild BBQ Sauce	1 TBP		х	X	X	Х	х	×	BBQ sauce		1 TB	1 TB	1 TB
Home Fries	1/2 C	X	<u> </u>	baked home fries	X	X	1C	x	home fries		1/2 C	1/2 C	1 C
Enriched Bread	2 SL	x	x	ww bread	ww bread	x	4 slices cheese X	x	diet vegetables ww bread	1/2 C	X	<u> </u>	X
Elitorica Di cac		^	<del>^</del>	WW Dread	ww bleau	^ -	1 C vegetables	*	ww bread	1	1	2	2
Colesiaw	1/2 C	Х	1 x	salad/dist dressing	X	shredded lettuca/drsg	1 C	salad/diet dressing	salad/diet dressing	1/2 C	x	х	1 C
			.]			_		1	Margarine	1 tsp	x	х	х
Cookies	2 EA	X	x	FRUIT	X	plain cookies	х	FRUIT	Fruit	1 serv	X	x	2
Calcium Fort Beverage	1 pkg	Х	X	X	Х	Х	Х	Diet Beverage	Diet Beverage	1C	X	Х	Х
TOTAL DIETS SERVED			<del> </del>					<del>                                     </del>					<del></del>
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				
Turkey Ham & Beans	8 oz	x	х	6 oz	×	CHOPPED	NO	x	turkey ham & beans		3/4 C	3/4 C	10
2 oz meat							1 C beans						
Seasoned Rice	1/2 C	x	x	LS LF rice	×	X	1 C Daans	×	•		<del>                                     </del>		<del></del>
Mixed Greens	1/2 C		x	LS LF mixed greens	×	x x	10	x	mixed greens	1 C	x	х	x
Cornbread	1/60		x	ww bread	ww bread	x	x	bread	ww bread	2 sl	x	×	x
													<u> </u>
Margarine	1 TBP	x	X	1 TSP	×	x	x	1 TSP	Margarine	1 TSP	×	x	×
Glazed Cake	1/60	x	x	FRUIT	×	X	x	FRUIT	Fruit	1 SERV	1	2	2
Fortified Punch	1 pkg		Х	Х	X	X	х	Diet Beverage	2% MILK	1C	X	x	x
a resident observations.					<u> </u>			2012/10/12/2006 CATT	Programme and the second	N SCHOREGIA	an vessa	STATES.	200477709
TOTAL DIETS SERVED											1		
HOUR OF SLEEP		Meat OR Cheese 2 OZ Bread 2 SL Condiment 1 PKT Fresh Fruit 1 SA	Meat OR Cheese 2 OZ Bread 2 SL Condiment 1 PKT Frash Fruit 1 EA	LF (low fat) / LS (low sodium) — cook with no added fat and no added salt				DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES	Meat and/or Cheese Bread Mustard OR Catsup Fresh Fruit	1 OZ 2 SL 1 PKT 1 EA	X X X X	X X X	X X X
TOTAL SNACKS SERVED		Reduced Fat Milk 1 C	Reduced Fat Milk 1 C		<del> </del>					<del> </del>			Ь—
DIAL SNACKS SERVEL	U.		<u> </u>					<u> </u>	L	1		i	í

#### RESTRICTED DIET SPREADSHEET WEEK 4

Unit number

SUNDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HIGH FIBER MEADY MEAT THY RELIGIOUS NO CONCENTRATED DENTAL/MECHANICAL DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (Low Fat/Chol/Saft) (+28 ams) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice 1/20 1 Serving Comflakes bran flakes Plain-No Sugar Plain - No Sugar 1/2C 1/2C Hard Boiled Egg 1EA 2 EA 2EA Potatoes & Eggs 1/2 Č Oatmeal Breakfast Cake 1/60 WW Bread WW Bread ww bread ww bread 1FA Diet Jelly Diet Jelly Margarine 1TSP 1 TSP 1700 margarine Sugar Packets Sugar Sub 2EA Sugar Sub 2EA 2 % Milk 1 pkg 2 c milk 2c milk RF Milk TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Turkey & Noodles 8 oz х х 6 oz CHOPPED NO х turkey & noodles 3/4 C 3/4 C 10 2 oz meat 4 slices cheese 1 C noodles Green Beans 1/2 C LS LF green beans × 1.0 v green beans 1/2 C х Combread 1/60 х х ww bread ww bread х bread ww bread 2 2 Colesiaw 1/2 ( DIET DRESSING shredded lettuce/drsg 1 C DIET DRESSING salad/diet dressing ¥ 1 C 1/2 C 1 TBF Margarine 1TSP х 1 TSP Margarine х I tsp х х х 2 EA ¥ Raked Cookies FRUIT Х plain cookies FRUIT 1 serv Calcium Fort Beverage Diet Beverage Diet Beverage × 10 Х TOTAL DIETS SERVED DINNER: No Added Salt or Est No Meat Products "No Chewing" Foods No Added Salt or Fat No Added Salt or Fat Meatloaf 3 02 х 2 OZ х CHOPPED NO meatloaf 2 oz 2 oz 3.02 1 TB 1 TB 1 TB Gravv 3 oz 1 TBP х gravy NO × 1/2 C Mashed Potatoes х x LS LF potatoes х х 1 Ç 1/3 c 1/3 c pintos 2/3 c 1/2 C Seasoned Pintos LS LF pintos х 10 x diet vegetables 110 Y х х Hot Bread 1/60 ww bread ww bread 2 sl ww bread х 1 C vegetables Margarine 1 TBF 1 TSP 1 TSP 1 TSP х x Margarine х 1/2 C Pudding FRUIT Х х FRUIT Fruit 1 SERV 2 Fortified Punch Diet Beverage 2% MILK TOTAL DIETS SERVED HOUR OF SLEEP DIET VEGETARI ES ARE Meat OR Cheese 2 OZ Most OR Chases 2 OZ LF (low fat) / LS (low Meat and/or Cheese 1 OZ CARROTS, CABBAGE, sodium) - cook with no Breed 2 51 Read 251 Bread 2 SL SNACK MENU added fat and no added GREEN BEANS, SQUASH, Mustard OR Catson 1 PKT X Condiment 1 PXT Condiment 1 PKT Х х GREENS, TOMATOES 1 EA Fresh Fruit 1 EA Fresh Fruit X Fresh Fruit 1 EA х Х Reduced Fat Milk 1 C Reduced Fat Milk 1 C TOTAL SNACKS SERVED

# RESTRICTED DIET SPREADSHEET WEEK 4

Unit number

MONDAY

		PREGNANCY	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTALMECHANICAL	RELIGIGUS	NO CONCENTRATED	DIABETIC DIET PL	AN	1800	2200	2500
MEAL - REGUL	LAR DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 gms)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items		Calorie	Calorie	Calor
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat			1	
		Juice				_			Vit C Fruit or Juice	T	х	X	x
		1 Serving										<u> </u>	<del></del>
atmeal/margarine	10 oz	X	X	X	oatmeal	Х	×	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	X
													1
									Waffles	2 ea	1 ea	X	X
urkey Sausage	1 oz		X	Turkey ham	X	Chopped	cheese or peanut butter	X	Turkey Ham	10Z	Х	2 oz	2 oz
/affles	2 EA	х	Х	1 EA	X	Х	<u> </u>	X					
Зутир	1/4 C	Х	<del>                                     </del>		J			ļ <u>.</u>					<u> </u>
Margarine	1 TBP	x	<del>X</del>	X 1TSP	X	X	X	Diet Syrup	Diet Syrup PKT	1EA	Х	. х	X
an garne	1100	<del></del> -^	^	1186	_^_	^	X	1TSP	NO	105.0	ļ,		<u> </u>
alcium Fort Beverage	1 pkg	2 c milk	2c milk	Х	х	×	x	X	Sugar Sub RF Milk	2EA 1C	X	<u>x</u>   x	X
Angelois - are personage	, I ping		LC UIIIK	<del></del>	<del></del>	^	^		RF WILK	10	<del>  ^</del>	<del>                                     </del>	X
OTAL DIETS SERVE	D		i	1	<del>                                     </del>					+	<del> </del>	<del></del>	-
UNCH:	-			No Added Salt or Fat	<del>   </del>	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del>+</del>		<u> </u>	<del></del>
						onurang 1 cous	No meat 1 soughts	.40 Added Call of Fall	NO Added Salt Of Fat	1			l
Chicken Patty	3 pz	Х	x	beef patty 2 oz	х	CHOPPED	NO	x	beef patty	+	2 oz	2 oz	2 oz
				Deci parti 2 da		CHOTTED		<u> </u>	Gravy	+	1 TB	1 TB	1 TE
ravy	3 02	Х	×	1 TBP	х	x	no	×	Giaty	+	!'-	1.15	116
Ashed Potatoes	1/2 C	X	x	LS LF potatoes	x	x	10	x	blackeyed peas	+	1/3 c	1/3 c	2/3 c
Blackeyed Peas	1/2 C	x	- X	LS LF blackeyed peas	x	X	10	- x					_
Siscuit 1/80	2 ea	×	x	ww bread	ww bread	X	X	bread	diet vegetables	10	Х	X	X
DISCUIT 1700	jz <del>d</del> a	^	<u> </u>	ww bread	ww bread	X		bread	ww bread	-	1	2	2
			-	<del>- </del>	-		1 C vegetables	<del>}</del>		+			—
/argarine	1 TBP	х	x	1 TSP	х	х	х	1 TSP	Margarine	1 tsp	х	х	×
Cookies	2 EA	x	x	FRUIT	X	plain cookies	x	FRUIT	Fruit				_
Salcium Fort Beverage		<del>x</del>		X	x	ріан соокіез	<del>x</del>			1 serv	X	Х	2
Daloium Full Dovolage	, 1 pag		<u> </u>	^	_ ^	^	·····	Diet Beverage	Diet Beverage	1C	х	X	X
OTAL DIETS SERVE	in in		<del></del>	· · · · · · · · · · · · · · · · · · ·						+			
JINNER:				No Added Salt or Fat	1	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	<del></del>			_
ANTICE CONTRACTOR				No Added Sait of 1 at		No chewing 1 oods	NO MEAL PROJUCTS	No Added Sait of Pat	No Auded Salt or Fat	1			
paghetti Sauce	4 oz	х	×	2 OZ	х	CHOPPED	NO	x	spaghetti sauce	+	3 oz	4 oz	4 oz
oz meat			<u> </u>		- "				Spagnetti sauce	+	3 02	402	+ 02
DE MODE							4 slices chease	1		+			<del> </del>
paghetti Noodles	1 C	х	x	x	х	X	1 C / tomato sauce	x	spaghetti noodles	1	2/3 C	2/3 C	1 1/3
Freen Beans	1/2 C	х	x	1S LF green beans	x	X	10	x	green beans	1 C	x	X	X
Sarlic Bread	2 SL	×	X	ww bread	ww bread	×	x	bread	ww bread	1 sl	x	x	x
2010	1202		*	III Micau	***************************************		1 C salad/dressing	Dread	WW Dieau	1,31	_^	_^_	<b>├</b> ^
							1 D Smith Art Country	1	· · · · · · · · · · · · · · · · · · ·	+			
								1	Margarine	1 TSP	х	х	×
Slazed Cake	1/60	Х	x	FRUIT	х	Х Х	x	FRUIT	Fruit	1 SERV	1	2	2
ortified Punch	1 pkg	Milk	x	x	х	X	x	Diet Beverage	2% MILK	1C	х	x	×
											T		<u> </u>
医自动性神经性病 化氯化	新世界 整整点 建铁矿							· 整理水平线测量等例即等的设	<b>有可能的数据数别的对象</b> 对。	# 17 / 18 PART	No Williams	無難用整體	型 相続
OTAL DIETS SERVE	D								1				T
										1			ľ
HOUR OF SLEEP	•   <sub> </sub>	Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ					DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	x	х	×
	Į.	Bread 2 SL	Bread 2 SL	LF (low fat) / LS (low				CARROTS, CABBAGE,	Bread	2 SL	×	x	x
SNACK MENU		Condiment 1 PKT	Condiment 1 PKT	sodium) cook with no				GREEN BEANS, SQUASH,	Mustard OR Catsup	1 PKT	X	х	l x
		Fresh Fruit 1 EA	Fresh Fruit 1 EA	added fat and no added				GREENS, TOMATOES	Fresh Fruit	1 EA	X	х	X
	1	Reduced Fat Milk 1 C	Reduced Fat Milk 1 C	salt	1		!	1	1		1		ı

#### RESTRICTED DIET SPREADSHEET WEEK 4

Unit number

MEAL - REGULA	AR DIET	PREGNANCY with H.S. Snack	NUTRITION SUPPORT with H.S. Snack	HEART HEALTHY (Low Fat/Chol/Sait)	HIGH FIBER (+28 gms)	DENTALMECHANICAL (Chewing Problems)	RELIGIOUS (Ovo-Lacto Vegetarian)	NO CONCENTRATED SWEETS	DIET INSTRUCTIONS: X=SEI DIABETIC DIET PLA Food Items		1800 Calorie	2200 Calorie	250 Calo
REAKFAST:		Vitamin C Fruit QR	1	No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	Т	0210110	- GEIGHE	
		Juice						THE PRODUCT OF I WE	Vit C Fruit or Juice	1/2C	<del>- х</del>	x	,
		1 Serving	<u></u>			"-"				1020	_^_	<del></del>	<u> </u>
Comflakes	10	X	X	X	bran flakes	X	Х	Plain-No Sugar	Plain - No Sugar	1 C	1/2C	1/2 c	,
irilled Potatoes	1/2 C	Х	x	- x	x	x	<u> </u>	X	Turkey Ham	10Z	x	202	2
urkey Bologna	1 oz	x	x	Turkey ham	×	Chopped	cheese or peanut butter	<del>                                     </del>	Turkey Ham	102	-	202	<u> </u>
iscuit 1/80	2 ea	Х	X	WW Bread	WW Bread	X	X	x.	Biscuit	2 EA.	1 EA	×	,
elly	1 TBP	x	x	- x	X	x		Diet Jelly	Dist Jelly	1EA	X		-
/argarine	1 TBP	X	X	1TSP	X		- x	1TSP	Disk Jelly	TEA	<u> </u>	x	<del></del>
Sugar Packets	2 EA	X	i x	x	X .	- x	x	Sugar Sub 2EA	Sugar Sub	<del>-</del>	x	x	<del>                                     </del>
% Milk	1 pkg	2 c mlik	2c milk	X	x	х	X	X		1C	x	x	- 3
OTAL DIETS SERVED			<u> </u>			<u> </u>				!	<u> </u>		$\equiv$
UNCH:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat			<u> </u>	Г
Turkey Bologna	2 oz	X	x	turkey ham 2oz	х	CHOPPED	NO	X	turkey ham		2 oz	2 oz	2
Cheese	1 SL	Х	х х	NO	X	T X	4 slices cheese	X	mustard		1 TB	1 TB	1
Musterd	1 T8P	Х	Х	x	Х	x	х	X					一
						<u> </u>			potatoes		1/2 C	1/2 C	1
Carrifruit Salad	1/2 C	X	x	LS LF carrifruit salad	X	shredded lettuce/drsg	1¢	×	carrifruit salad	1/2 C	X	Х	
Enriched Bread	2 SL	X	X	ww bread	ww bread	X	x	x	ww bread		1	2	-
			<u> </u>				1 C salad/dressing						$\overline{}$
Macaroni Salad	1/2 C	Х	X	salad/diet dressing	X	X	10	salad/diet dressing	salad/diet dressing	1/2 C	Х	Х	1
									Margarine	1 tsp	Х	Х	<b>)</b>
Pudding	1/2 C	X	Х Х	FRUIT	х	X	Х	FRUIT	Fruit	1 serv	X	х	1 2
Calcium Fort Beverage	1 pkg	X	X	X	хх	Х	Х	Diet Beverage	Diet Beverage	1C	Х	. х	)
TOTAL DIETS SERVED						-	<del></del>			<del>                                     </del>	<u> </u>		$\overline{}$
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				_
Meat Stew	8 oz	Х	X	6 oz	х	CHOPPED	NO		meat stew	1	3/4 C	3/4 C	1
2 oz meat / 1/2 C veg									<u> </u>				-
					1/2 C beans		1 C beans						
Seasoned Rice	1/2 C	X	x	LS LF rice	Х	X	1 C	х	rice		1/3 c	1/3 c	2/3
Seasoned Cabbage	1/2 C	X	x	LS LF cabbage	Х	X	1 C	x	cabbage	1 C	) x	X	
Biscuit 1/80	2 ca	<u> </u>	X	ww bread	ww bread	X	X	bread	ww bread	2 sl	X	Х	<b>\</b>
													_
Margarine	1 TBP	х	х	1 TSP	x	х	х	1 TSP	Margarine	1 TSP	X	х	٠,
Glazed Cake	1/60	х	Х	FRUIT	х	x	х	FRUIT	Fruit	1 SERV	1	2	- 2
ortified Punch	1 pkg	Milk	X	х	X	Х	X	Diet Beverage	2% MILK	1C	х	х	
A VALUE EN SE DE L'ANTE	ere tha recognism		ļ	+		1		of recent a state of employees to designed or an other school	Dec. addies to with Editor that the day that the	Security of the control of	n der er balende	Cathorne a manual	1000000
OTAL DIETS SERVED		<u> </u>						內容的提供的影響的新術館的資本的概念的	與 <b>利用的复数形式</b> 化氯化物 (1956年1977)	1789975	<b>在時間光開時</b> 間	pagagarana 	おのな数
				ĺ						i			
HOUR OF SLEEP		Meat OR Cheese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 OZ	x	x	:
		Bread 2 \$L	Bread 2 SL	sodium) cook with no				CARROTS, CABBAGE,	Bread	2 SL	x	х	:
SNACK MENU		Condiment 1 PKT Fresh Fruit 1 EA	Condiment 1 PKT Fresh Fruit 1 EA	added fat and no added sait				GREEN BEANS, SQUASH, GREENS, TOMATOES	Mustard OR Catsup	1 PKT 1 EA	x	X	۰ ا
									Fresh Fruit		l x	X	Ι.

# RESTRICTED DIET SPREADSHEET WEEK 4

WEEK 4

Unit number WEDNESDAY SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HEART HEALTHY HIGH FIRER RELIGIOUS DENTAL MECHANICAL NO CONCENTRATED DIABETIC DIET PLAN 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (Low Est/Chol/Salf) (+28 ams) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorie Calorie Caloria BREAKFAST: Vitamin C Fruit OR No Added Sait or Est "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice 1 Servina Grits/margarine 10 oz oatmeal Plain-No Sugar Plain-No Sugar Cereal 1/2C 1/2C Y Scrambled Egg 1/4 c 3 02 Scrambled Eggs 3 02 1/4 C Crumb Cake 1/60 WW Bread WW Bread ww bread ww bread 1FA 2 EA 2EA Diet Jelly 1 TBP 1TSP Margarine Y 1TSP 1 TSP X margarine Y Sugar Sub 2EA Calcium Fort Beverage 1 pkg 2 c milk 2c milk RF Milk x TOTAL DIETS SERVED LUNCH: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Charbroiled Beef Patty 3 oz × х 2 02 x CHOPPED NO beef patty 207 207 2 07 4 slices cheese Gravy 1 TB 1 TB 1 TB gravy 3 oz 1 TBP х กด Seasoned Rice 1/2 C х Y IS IE rice х х 1 C 1/3 c 3/3 c 2/3 c com Seasoned Com 1/2 C LS LF com 10 х diet vegetables 1 C X х х Hot Bread 1/60 ww bread ww bread ¥ х ww bread 1 2 2 1 C vegetables 1 TBP Margarine х 1 TSP 1 TSP Margarine х ¥ 1 tsp Cookies 2 EA FRUIT plain cookies х x FRUIT Fruit 1 serv 2 Calcium Fort Beverage 1 pkg Diet Beverage Diet Beverage TOTAL DIETS SERVED DINNER: No Added Salt or Fat "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Turkey a la King 6 oz x х ¥ CHOPPED 4 02 NO turkey a la king 3/4 C 3/4 C 1 C 2 oz mest 1/2 C beans 1 C beans Seasoned Pasta 1/2 C х х LS LF pasta х 1 C pasta 1/3 c 1/3 c 2/3 c diet vegetables 1/2 c Х. Y Combread 1/60 x ww bread www.hread ¥ x bread ww bread 2 si x x Confetti Slaw 1/2 C salad/diet dressing shredded lettuce/drsg 1 C salad/diet dressing salad/diet dressing Margarine 1 TBP х х 1 TSP 1 TSP 1 TSP x x Margarine x 1/2 C FRIIIT Applesauce ¥ x FRUIT Fruit 1 SERV 1 2 2 Fortified Punch Milk 1 pkg Diet Beverage 2% MILK OCEAN COME CONTRACTOR OF THE PROPERTY OF THE P TOTAL DIETS SERVED HOUR OF SLEEP Meat OR Cheese 2 OZ Meat OR Cheese 2 OZ DIET VEGETABLES ARE Meat and/or Cheese 1 OZ Bread 2 SL Bread 2 SL LF (low fat) / LS (low CARROTS, CABBAGE. 2 SL X X X X X X X X Bread SNACK MENU Condiment 1 PKT Condiment 1 PKT sodium) -- cook with no GREEN BEANS, SQUASH, Mustard OR Catsup 1 PKT 1 EA Fresh Fruit 1 EA Fresh Fruit 1 EA added fat and no added GREENS, TOMATOES Fresh Fruit Reduced Fat Milk 1 C Reduced Fat Milk 1 C

#### RESTRICTED DIET SPREADSHEET WEEK 4

THURSDAY
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

Unit number

		ERVE SAME AS REG	NUTRITION SUPPORT	HEART HEALTHY	HIGH FIBER	DENTALMECHANICAL	RELIGIOUS	NO CONCENTRATED	DIET INSTRUCTIONS: X=SE		1800	2200	2500
MEAL - REGULAI	R DIET	with H.S. Snack	with H.S. Snack	(Low Fat/Chol/Salt)	(+28 ams)	(Chewing Problems)	(Ovo-Lacto Vegetarian)	SWEETS	Food Items	774	Calorie	Calorle	Calor
REAKFAST:		Vitamin C Fruit OR		No Added Salt or Fat	\ Ze g.mej	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	T	Calotte	Catorie	المحال
		Juice					110 310417 ( 04400)	IND PAGEG GAR SI I SI	Vit C Fruit or Juice	+	X	х	×
		1 Serving	<u> </u>						711.011.11.01.01.10.0	1	<u> </u>	_^_	<del>  ^</del>
latmeal/margarine	10 oz	X	X	Х	X	X	x	Plain-No Sugar	Plain-No Sugar	1C	1/2C	1/2C	X
								<u> </u>		1 "-			
									Pancake (4" DIAM)	2 ea	1 ea	Х	X
Furkey Ham	1 oz		X	X	X	Chopped	cheese or peanut butter	X	Turkey Ham	10Z	X	2 oz	20
ancakes	2 EA	х	X	1 EA	X	х	X	X	ļ				
Зулир	1/4 C	X	X	X	x	Х	Х	Dist Comm	Distance Distance	1000			
Margarine	1 TBP			1TSP	- x	X	X	Diet Syrup 1TSP	Diet Syrup PKT	1EA	Х	X	. х
				1101	^			715F	Sugar Sub	2EA	х	х	x
Calcium Fort Beverage	1 pkg	2 c milk	2c milk	Х Х	x	×	x	×	RF Milk	1C	- î	- x	÷
	-				<u> </u>				- CO RAILO	+**			
OTAL DIETS SERVED						<del>"</del>			· · · · · · · · · · · · · · · · · · ·	<del>†</del>			
UNCH:				No Added Salt or Fat	1	"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat				_
				_1 _					,				
Spanish Rice/meat	8 uz	Х	х	6 oz	x	CHOPPED	NO	x	Soanish rice/meat		3/4 C	3/4 C	10
2 oz meat					1					_	5.1.5		
			]				1 c rice/sauce	1	T-				
							4 sl cheese	X					
Green beans	1/2 c	Х	х	LS LF green beans	X	х	10	x	Green beans	1 C		х	×
Combread	1/60	Х	x	ww bread	ww bread	x	x	bread	ww bread	+	1	2	2
							1 c diet veg			1			_
					1				***				
Margarine	1 TBP	Х	x	1 TSP	х	х	X	1 TSP	Margarine	1 tsp	х	х	×
resin Fruit	1 EA	Х	x	FRUIT	х	canned fruit 1/2 C	×	FRUIT	Fruit	1 serv	X	X	2
Calcium Fort Beverage	1 pkg	X	X	X	X	Х	X	Diet Beverage	Diet Beverage	1C	X	×	x
				· ·						1.0	_^_		
TOTAL DIETS SERVED			1	1				i		<del>1</del>			
DINNER:				No Added Salt or Fat		"No Chewing" Foods	No Meat Products	No Added Salt or Fat	No Added Salt or Fat	T .			
			l .					1		1			
Turkey sausage	2 02	X	x	2 OZ	Х	CHOPPED	NO	x	Turkey sausage	1	2 gz	2 oz	3 02
								1					
							1 C vegetables		1	1			
Seasoned rice	1/2 c	χ	x	LS LF rice	х	х	10	X	pintos	1	1/3 c	1/3 c	2/3 (
Seasoned Pintos	1/2 C	Х	×	LS LF pintos	x	x	10	) x	diet vegetables	1 C	X	х	х
Hot Bread	1/60	X	x	ww bread	ww bread	x	×	x	ww bread	2 sJ	х	X	X
								1	1				
										1			
Viargarine	1 TBP	X	x	1 TSP	X	Х	x	1 TSP	Margarine	1 TSP	X	х	х
Slazed Cake	1/60	Х	X	FRUIT	х	Х	х	FRUIT	Fruit	1 SERV	1	2	2
	1 pkg	Milk	Х	Х	х	Х	х х	Diet Beverage	2% MILK	1C	Х	X	X
ortified Punch													
ortified Punch								。 中國語彙學是不完全的學術。 中國語彙學	<b>可可以通用的现在分词的现在分词</b>	4 報酬等機	英国国际严重	伊耳 心理物	7 7 7
Fortified Punch	80 1830 - 17 SECT		<u> </u>										
ortified Punch	alan wais			<u></u>									
ortified Punch				<u>. L</u>	ľ					-			
Fortified Punch		Meat OR Chaese 2 OZ	Meat OR Cheese 2 OZ	LF (low fat) / LS (low				DIET VEGETABLES ARE	Meat and/or Cheese	1 02	х	х	
Fortified Punch FOTAL DIETS SERVED HOUR OF SLEEP		Bread 2 Sí	Bread 2 SL	sodium) — cook with no				CARROTS, CABBAGE,	Bread	2 SL	x	X	X X
ortified Punch													

# RESTRICTED DIET SPREADSHEET WEEK 4

Linit number

FRIDAY

SERVING INSTRUCTIONS; X=SERVE SAME AS REGULAR MENU IDIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC PREGNANCY NUTRITION SUPPORT HEART HEALTHY HIGH FIBER DENTAL/MECHANICAL RELIGIOUS NO CONCENTRATED DIABETIC DIET PLAN 1800 2200 2500 MEAL - REGULAR DIET with H.S. Snack with H.S. Snack (Low Fat/Chol/Salt) (+28 gms) (Chewing Problems) (Ovo-Lacto Vegetarian) SWEETS Food Items Calorie Calorie Calorie BREAKFAST: Vitamin C Fruit OR No Added Salt or Est "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Juice Vit C Fruit or Juice X 1 Serving Grits/margarine 10 oz v oatmeal Plain-No Sugar Plain - No Sugar 1/2C 1/2 c 1 C Breakfast Gravy 10 1/4 C Turkey Ham 207 2.07 107 Turkey Sausage 1 02 Turkey ham Chopped cheese or peanut butter Biscuit 1/80 2 ea × WW Bread WW Bread Biscuit 1 EA X Diet Jelly X 1 TBP Margarine Y 1TSP 1TSP Sugar Sub Calcium Fort Beverage 1 pkg 2 c milk 2c milk RF Milk TOTAL DIETS SERVED LUNCH: "No Chewing" Foods No Added Salt or Fat No Meat Products No Added Salt or Fat No Added Salt or Fat Chicken Fried Steak 3 02 Y beef patty 2oz х CHOPPED NO X beef patty 2 oz 2 oz 2 oz 4 slices cheese G<u>ravy</u> 1 TB 1 TB Cream gravy 3 oz x 1 TBP х nο Mashed Potatoes 1/2 C LS LF potatoes х 10 potatoes 1/2 C 1/2 C 1 C vegetables diet vegetables Riscuit 1/80 2 ea х х ww bread ww bread x х bread ww bread 2 2 1 Colesiaw 1/2 C DIET DRESSING shredded lettuce/drsg DIET DRESSING 1 C salad/diet dressing 1/2 C 1 C Margarine 1 TBP х 1 TSP ¥ 1 7KP Margarine 1 tsp х x х Glazed Cake 1/6/1 х FRUIT FRUIT Fruit 2 1 sesv x Calcium Fort Beverage 1 pkg Diet Beverage Diet Beverage х х Y TOTAL DIETS SERVED DINNER: No Added Salt or Est "No Chewing" Foods No Meat Products No Added Salt or Fat No Added Salt or Fat Chili Mac 8 oz х х 6 oz х CHOPPED NO chili mac 3/4 C 3/4 C 1 C 2 oz meat 1 C chilí beans 1 C vegetables diet vegetables 1/2 c Cornbread 1/60 X ww bread ww bread x x bread ww bread 2 s[ х х х salad/diet dressing Poteto Salad 1/2 C Y 1 C salad/diet dressing salad/diet dressing 1/2 C Margarine 1 TBP 1 TSP х Х Margarine T\$P х x x Rice Pudding 1/2 C FRUIT × ¥ ¥ ERIUT Fruit 1 SERV 1 2 2 Milk Fortified Punch Diet Beverage 1 pkc 2% MJLK 沙德 高行 医假节肠管 医下腺病 TOTAL DIETS SERVED HOUR OF SLEEP Meat OR Cheese 2 OZ Mest OR Cheese 2 OZ LF (low fat) / LS (low DIET VEGETABLES ARE х х х Meat and/or Cheese ı oz 2.5L sodium) -- cook with no CARROTS, CABBAGE. Bread 2 SL Bread Bread 2 SL X X X X X X SNACK MENU Condiment 1 PKT Condiment 1 PKT added fat and no added GREEN BEANS, SQUASH, Mustard OR Catsup 1 PKT Fresh Fruit 1 EA Fresh Fruit 1 EA GREENS TOMATOES Fresh Emit 1EA Reduced Fat Milk 1C Reduced Fat Milk 1 C

	<b></b>	TTT			П		T	<u></u>	<u> </u>	×	П	]	П	П	T	[,	T		П	Τ	П	T			***************************************
	Calorie X	╂┼┼	28.Z	×	××			3	++	╅		×	~ ×			10		× ×		**	2	×	errentanten	1	××××
	70. 22300 ×	22	X Z 04	×	××			\$ 50	1	×°		* *	* *			Sec.		××	ľ	*	3	1		1	****
	AS DIAB	ķ	\$ ×	×	××			7 05	1	×		××	××			2 M		××	Ц	×	Ц	×	14 14 14 14 15 E	ļ	××××
	W. S.L.	9	102	磊	2EA					275 C		125	1 887					472 c	ļ	24	SERV	¥		-	äąķā
	DIET INSTRUCTIONE: X-SERVE SLAWE AS DABBETIC DIABETIC DIET PLAN Total Sam of Fel No Autous Sam of Fel NR C Filis of Autous	Plain-No Guger	Pastake (4" DIAIQ Turkey Nam	Det Syne PKT	Sugar Sub RF Milk		Ho Added Sak of Pat	turkey ham	(hears	of the persones		Seed det gressing Mugikring	Fruit Diet Bennage		No Added Sak or Fal	turkey totrazzini		that went direct		Water Con Comment	当に上	Sylvent K	aneralenderoganisanistikki sakanisanisanisanisanisanisanisanisanisanis		Inhad under Chreso Breed Masterd OR Catsup Fresh Puff.
	NO CONCENTRATED SMEETS No Added Sat of Fix	Plan-No Sugar	××	Oles Syne	Sagar Sub 254		No Added Sell of Par	×		Trans.		5000000 0000000 1 TTP	Saca Barbarage		No Abbed Set or Fac	ж		r bread		3.159	FRUE	Oka Stracework			overvalerare Carrots, Caesage Creens, Squash, Creens, Torators
	No ham Products	X	Cheese of Dears bulber	××	X		No Meas Products	28	1 C Seans	×		×	××		the steek Products	ow.	1 C wegatables	1¢ ×	***************************************	*	ж	X			
у. Овнеет	"No Chewing" Foods	X	Chopped	X	××		Wa Cheeding Foods	CHOMED		H		X	××		"No Cheving" Foods	0342043		мж		A Managarata	ж	×			
,"  by Correctional Facility REBIRICTED DIRT SPREJUBHET UNK NUMBER 2 UNK NUMBER 2	HGM FBER (+28 grass)	tyras (takes	××	××	××			*		beset beset		×	××			×		Wet Driesed		×	×	×			*******************
, Okatorse County Correctional Fackity RESTRICTED DIRT SPREAD WEBK 2 Unit number	No Acced Bell or For	×	×	X X X	××		No Added Sart of Fed	beans 1/2 C		War breeze		175	FREST		No Added Salt or Fat	20 9		15.1F navy beans		ATT.	FR4.28.T	×			prif (fow fast / L.S (tew Fosters) — Cost with no Folded fot tent no added Fost
	NUTRITION SUPPORT	*	××	××	X x sodik			¥		*	,	* ×	××			×		××		×	×	×		Name and Associations of	Ment Of Cheese 2 D2 Shreet 2 SS. Cantificant 1 Ph. Fresh Fresh 1 SA Freshered Fee Filth 9 C
	ERVE SAME AS REGU PREGNANCY WINHES STAN WINNIN C RVE OR JASCE	i Servane X	××	××	X X			*		×		×	××			×		××		*		26238		CHARLES CONTROL CONTRO	Marion Charas 2 Oz Sress Cangaron 1 Phi Frankful 1 Ek Radusef en Mik 1 C
\$ 1.65% of 0	SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU THE MALL REGULARDET WITH THE SERVING TO THE SERVING	D 1	Ham. 12 EA. 1 422	7.4 C		DTALDETE SERVED		George & Frenkr. 502		150		400 12 TEP	Beverage			Willey Televatrice Base General		160 Z 84 12.C		1 1389	Classed Case	d Parech		OTAL DIETS SERVED	MOUR OF SLEEP
A PER CONTRACTOR AND THE ACTION AND	SERV	Correlates	Fuctory Ham	Secure Management	S 54	TOTAL		Contract of		Combines		Margardie	Calcum Calife			Turkey Tr		Pusery Bestma Biscus 1/80		- Commissions	O S	Fortion		TO JAL	ž »